

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 20 MENS 35-39 100m Run**FINALS****RESULTS OF FINALS**

1	SOHAN SINGH, 35078	35078	05/10/86	HARYANA (HR)	12.36
2	YASHWANT NEGI, 35183	35183	26/01/88	DELHI (DL)	12.43
3	KULWANT, 35065	35065	17/04/86	HARYANA (HR)	12.47
4	SINGAM SIBO, 35026	35026	10/05/86	ANDHRA PRADESH (AP)	12.75
5	RAVISH BOHRE, 35114	35114	14/10/84	MADHYA PRADESH (MP)	13.43
6	SATYAWAN, 35077	35077	10/08/84	HARYANA (HR)	13.65
7	ROCKET, 35076	35076	18/08/84	HARYANA (HR)	13.83
8	ANU KRISHNA, 35109	35109	09/08/83	KERALA (KL)	13.88
9	B. KUVURU, 35002	35002	10/07/85	ANDHRA PRADESH (AP)	13.88
10	SUNIL KUMAR, 35082	35082	10/11/85	HARYANA (HR)	14.02
11	TULSI RAM, 35096	35096	11/03/85	HIMACHAL PRADESH (HP)	14.06
12	GURWINDER SINGH, 351	35133	24/04/86	PUNJAB (PB)	14.06
13	HARPAL SINGH, 35134	35134	13/02/85	PUNJAB (PB)	14.22
14	CHAUHAN KIRANSINH I	35039	27/09/86	GUJARAT (GJ)	14.35
15	D. KIRAN KUMAR, 35004	35004	04/01/87	ANDHRA PRADESH (AP)	14.44
16	K. RAMI REDDY, 35011	35011	10/06/87	ANDHRA PRADESH (AP)	15.19

Event # 21 MENS 35-39 200m Run**FINALS****RESULTS OF FINALS**

1	KULWANT, 35065	35065	17/04/86	HARYANA (HR)	24.74
2	YASHWANT NEGI, 35183	35183	26/01/88	DELHI (DL)	24.76
3	AMARJEET, 35057	35057	08/11/84	HARYANA (HR)	24.92
4	SOHAN SINGH, 35078	35078	05/10/86	HARYANA (HR)	24.94
5	P. DORA BABU, 35021	35021	08/06/87	ANDHRA PRADESH (AP)	27.44
6	AMANDEEP SINGH, 3512	35128	02/12/87	PUNJAB (PB)	28.37
7	J. POLI RAJU, 35005	35005	15/05/87	ANDHRA PRADESH (AP)	28.57
8	HARPAL SINGH, 35134	35134	13/02/85	PUNJAB (PB)	29.45
9	B. KUVURU, 35002	35002	10/07/85	ANDHRA PRADESH (AP)	29.62
10	K. KANNA RAO, 35007	35007	08/04/87	ANDHRA PRADESH (AP)	29.94
11	ANKUR BASOTRA, 35097	35097	25/02/84	JAMMU & KASHMIR (JK)	31.40

Event # 22 MENS 35-39 400m Run**FINALS****RESULTS OF FINALS**

1	AMARJEET, 35057	35057	08/11/84	HARYANA (HR)	56.89
2	MAHENDRA SINGH BISE	35178	10/01/85	UTTARAKHAND (UK)	59.74
3	AMANDEEP SINGH, 3512	35128	02/12/87	PUNJAB (PB)	1:00:05.00
4	SATNAM SINGH, 35139	35139	29/11/83	PUNJAB (PB)	1:00.63
5	BAMBHANIYA ASHVINK	35036	19/04/86	GUJARAT (GJ)	1:01:28.00
6	V RAMA RAO, 35160	35160	08/10/86	TELANGANA (TS)	1:02:55.00
7	RAM DEV, 35075	35075	05/05/84	HARYANA (HR)	1:03:00.00
8	MANIK KUMAR SHARM.	35070	02/04/87	HARYANA (HR)	1:07:32.00
9	M. MUKTESWARA RAO, .	35016	06/06/87	ANDHRA PRADESH (AP)	1:10.68
10	GURWINDER SINGH, 351	35133	24/04/86	PUNJAB (PB)	1:13:27.00
11	PREDEEP G, 35110	35110	27/02/86	KERALA (KL)	1:15:59.00
12	GURBINDER SINGH (ROI	35029	21/05/83	CHANDIGARH (CH)	1:19:10.00
13	SANDEEP KUMAR, 35185	35185	08/04/84	HARYANA (HR)	1:21:10.00

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 23 MENS 35-39 800m Run**FINALS****RESULTS OF FINALS**

1	RAKESH KUMAR, 35074	35074	03/03/87	HARYANA (HR)	2:08.92
2	KUSH CHAUDHARY, 35068	35068	07/01/84	HARYANA (HR)	2:11:37.00
3	NAYAB SINGH, 35072	35072	16/02/84	HARYANA (HR)	2:13:54.00
4	BAMBHANIYA ASHVINK	35036	19/04/86	GUJARAT (GJ)	2:27:33.00
5	S. SANJEEVA RAO, 35025	35025	04/01/87	ANDHRA PRADESH (AP)	2:33:33.00
6	P. JAYA RAO, 35022	35022	03/06/87	ANDHRA PRADESH (AP)	2:53:14.00
7	ABDHUL HAMEED MP, 35108	35108	15/04/85	KERALA (KL)	2:53.87
8	GURBINDER SINGH (ROH)	35029	21/05/83	CHANDIGARH (CH)	2:54:14.00
9	SHANKER MAHATO, 35103	35103	01/01/86	JHARKHAND	2:56:28.00

Event # 24 MENS 35-39 1500m Run**FINALS****RESULTS OF FINALS**

1	RAKESH KUMAR, 35074	35074	03/03/87	HARYANA (HR)	4:32.67
2	NAYAB SINGH, 35072	35072	16/02/84	HARYANA (HR)	4:44:44.00
3	A BHUJANGA RAO, 35001	35001	07/06/87	ANDHRA PRADESH (AP)	4:55.68
4	AMIT MAAN, 35058	35058	10/10/86	HARYANA (HR)	5:03.98
5	MAHENDRA SINGH BISE	35178	10/01/85	UTTARAKHAND (UK)	5:10:17.00
6	SUBHASH, 35079	35079	03/01/87	HARYANA (HR)	5:10:55.00
7	BAMBHANIYA ASHVINK	35036	19/04/86	GUJARAT (GJ)	5:18:10.00
8	RAM DEV, 35075	35075	05/05/84	HARYANA (HR)	5:19:55.00
9	VIRENDRA PRAJAPATI, 35174	35174	25/05/87	UTTAR PRADESH (UP)	5:19.60
10	V RAMA RAO, 35160	35160	08/10/86	TELANGANA (TS)	5:29:05.00
11	RAJESH THAKUR, 35095	35095	12/03/87	HIMACHAL PRADESH (HP)	5:38.66
12	JAI BHAGWAN, 35062	35062	25/04/83	HARYANA (HR)	5:43:19.00
13	PARVEEN MANHAS, 35098	35098	15/01/87	JAMMU & KASHMIR (JK)	5:53:21.00
14	GURBINDER SINGH (ROH)	35029	21/05/83	CHANDIGARH (CH)	5:58:49.00
15	P. JAYA RAO, 35022	35022	03/06/87	ANDHRA PRADESH (AP)	6:08.79
16	CH. NARASINGA RAO, 35003	35003	01/07/87	ANDHRA PRADESH (AP)	6:12.91
17	VASANI ASHISH D., 35049	35049	15/09/84	GUJARAT (GJ)	6:55:02.00

Event # 25 MENS 35-39 5000m Run**FINALS****RESULTS OF FINALS**

1	MANIK KUMAR SHARMA	35070	02/04/87	HARYANA (HR)	17:51.78
2	AMIT MAAN, 35058	35058	10/10/86	HARYANA (HR)	18:42:56.00
3	R RAMDAS, 35159	35159	01/08/86	TELANGANA (TS)	19:08.78
4	V RAMA RAO, 35160	35160	08/10/86	TELANGANA (TS)	20:11.72
5	VIRENDRA PRAJAPATI, 35174	35174	25/05/87	UTTAR PRADESH (UP)	20:27.88
6	CH. NARASINGA RAO, 35003	35003	01/07/87	ANDHRA PRADESH (AP)	21:42:18.00
7	SUBHASH, 35079	35079	03/01/87	HARYANA (HR)	21:42:36.00
8	RAJESH THAKUR, 35095	35095	12/03/87	HIMACHAL PRADESH (HP)	22:14:46.00
9	RAJARAM YADAV, 35113	35113	12/08/85	MADHYA PRADESH (MP)	22:34:27.00
10	PARVEEN MANHAS, 35098	35098	15/01/87	JAMMU & KASHMIR (JK)	22:34.90
11	ANKUR BASOTRA, 35097	35097	25/02/84	JAMMU & KASHMIR (JK)	23:18:29.00
12	PARMAR HEMANTKUMAR	35044	29/12/85	GUJARAT (GJ)	23:40:26.00

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 26 MENS 35-39 1000m Run**FINALS****RESULTS OF FINALS**

1	MANOJ KUMAR SINGH, :	35071	21/12/87	HARYANA (HR)	35:14.85
2	MANIK KUMAR SHARMA,	35070	02/04/87	HARYANA (HR)	39:15.73
3	AMIT MAAN, 35058	35058	10/10/86	HARYANA (HR)	39:36.00
4	VIRENDRA PRAJAPATI, 3	35174	25/05/87	UTTAR PRADESH (UP)	41:19.80
5	R RAMDAS, 35159	35159	01/08/86	TELANGANA (TS)	42:24.99
6	RAJESH THAKUR, 35095	35095	12/03/87	HIMACHAL PRADESH (HP)	48:34.68
7	RAJARAM YADAV, 35113	35113	12/08/85	MADHYA PRADESH (MP)	48:55.51
8	DR NAVNEET SHARMA, :	35094	20/03/85	HIMACHAL PRADESH (HP)	1:02:26.97

Event # 27 MENS 35-39 110m Hurdles**FINALS****RESULTS OF FINALS**

1	SINGAM SIBO, 35026	35026	10/05/86	ANDHRA PRADESH (AP)	19.67
2	AMARJEET, 35057	35057	08/11/84	HARYANA (HR)	20.18
3	P. DORA BABU, 35021	35021	08/06/87	ANDHRA PRADESH (AP)	20.58
4	SUNIL KUMAR, 35082	35082	10/11/85	HARYANA (HR)	20.81
5	KAMALPREET SINGH, 35	35136	27/09/84	PUNJAB (PB)	21.08
6	M. SRIRAMULU, 35019	35019	01/07/87	ANDHRA PRADESH (AP)	27.04
7	KOKNI KAMLESHBHAI F	35042	16/02/83	GUJARAT (GJ)	27.77

Event # 28 MENS 35-39 400m Hurdles**FINALS****RESULTS OF FINALS**

1	AMARJEET, 35057	35057	08/11/84	HARYANA (HR)	1:08:35.00
2	RAJESH BERWAL, 35073	35073	04/10/85	HARYANA (HR)	1:11:46.00
3	SUKHBIR, 35080	35080	02/01/84	HARYANA (HR)	1:13.97
4	RAM DEV, 35075	35075	05/05/84	HARYANA (HR)	1:20:36.00
5	M. MUKTESWARA RAO, :	35016	06/06/87	ANDHRA PRADESH (AP)	1:23:39.00
6	P. JAYA RAO, 35022	35022	03/06/87	ANDHRA PRADESH (AP)	1:42:34.00

Event # 30 MENS 35-39 High Jump**FINALS****RESULTS OF FINALS**

1	P. DORA BABU, 35021	35021	08/06/87	ANDHRA PRADESH (AP)	1.50m
2	RAJESH BERWAL, 35073	35073	04/10/85	HARYANA (HR)	1.43m
3	SUNIL KUMAR, 35082	35082	10/11/85	HARYANA (HR)	1.40m
4	D. KIRAN KUMAR, 35004	35004	04/01/87	ANDHRA PRADESH (AP)	1.35m

Event # 31 MENS 35-39 Pole Vault**FINALS****RESULTS OF FINALS**

1	RAJESH BERWAL, 35073	35073	04/10/85	HARYANA (HR)	2.40m
2	MAHENDRA SINGH BISH	35178	10/01/85	UTTARAKHAND (UK)	2.40m
3	KARAVADRA BHURABH.	35040	25/07/87	GUJARAT (GJ)	2.40m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 33 MENS 35-39 Triple Jump

FINALS

RESULTS OF FINALS

1	KUMARDEEP SINGH, 35066	35066	23/06/84	HARYANA (HR)	11.17m
2	S. SANJEEVA RAO, 35025	35025	04/01/87	ANDHRA PRADESH (AP)	10.78m
3	SUKHBIR, 35080	35080	02/01/84	HARYANA (HR)	10.69m
4	K. SOMANATH, 35013	35013	10/06/86	ANDHRA PRADESH (AP)	8.37m

Event # 35 MENS 35-39 Hammer Throw

FINALS

RESULTS OF FINALS

1	DEVENDRA SINGH, 35060	35060	08/04/83	HARYANA (HR)	34.17m
2	SURAJ BHANU SINGH, 35048	35048	01/08/84	GUJARAT (GJ)	14.57m
3	K. MOHANA RAO, 35009	35009	01/08/87	ANDHRA PRADESH (AP)	13.32m
4	SINGAM SIBO, 35026	35026	10/05/86	ANDHRA PRADESH (AP)	12.39m
5	VIJAY KUMAR, 35085	35085	02/04/83	HARYANA (HR)	11.11m

Event # 36 MENS 35-39 Javelin Throw

FINALS

RESULTS OF FINALS

1	KUNAR AHLAWAT, 35067	35067	07/07/84	HARYANA (HR)	48.19m
2	LAXMI NARAYAN, 35069	35069	05/10/87	HARYANA (HR)	43.95m
3	A BHUJANGA RAO, 35001	35001	07/06/87	ANDHRA PRADESH (AP)	37.60m
4	K. MOHANA RAO, 35009	35009	01/08/87	ANDHRA PRADESH (AP)	32.88m
5	SURENDER SINGH, 35083	35083	04/01/87	HARYANA (HR)	32.33m
6	G. SUJEETH REDDY, 35152	35152	15/04/87	TELANGANA (TS)	31.57m
7	SURAJ BHANU SINGH, 35048	35048	01/08/84	GUJARAT (GJ)	30.78m
8	SATYAWAN, 35077	35077	10/08/84	HARYANA (HR)	29.05m

Event # 37 MENS 35-39 Shot Put

FINALS

RESULTS OF FINALS

1	PREETPAL SANDHU, 35138	35138	09/09/83	PUNJAB (PB)	11.12m
2	DEVENDRA SINGH, 35060	35060	08/04/83	HARYANA (HR)	10.54m
3	VARINDER SINGH, 35084	35084	23/06/84	HARYANA (HR)	10.30m
4	KAMAL SHARMA, 35064	35064	26/02/86	HARYANA (HR)	9.26m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 38 MENS 35-39 5000m Race Walk**FINALS****RESULTS OF FINALS**

1	R RAMDAS, 35159	35159	01/08/86	TELANGANA (TS)	30:42.43
2	SURENDER SINGH, 35083	35083	04/01/87	HARYANA (HR)	33:15.43
3	RAJARAM YADAV, 35113	35113	12/08/85	MADHYA PRADESH (MP)	33:22.12
4	MANVEER SINGH SANDHU, 35137	35137	12/11/86	PUNJAB (PB)	34:23.02
5	CH. NARASINGA RAO, 35003	35003	01/07/87	ANDHRA PRADESH (AP)	36:14.28
6	K. KANNA RAO, 35007	35007	08/04/87	ANDHRA PRADESH (AP)	36:56.89
7	VASANI ASHISH D., 35049	35049	15/09/84	GUJARAT (GJ)	36:58.29
8	K. RAM PRASAD, 35010	35010	05/07/87	ANDHRA PRADESH (AP)	39:14.48
9	M. BHIMA RAO, 35015	35015	01/03/87	ANDHRA PRADESH (AP)	39:48.50
10	BAKSHSHINDERJEET SINGH, 35130	35130	24/08/83	PUNJAB (PB)	40:18.94
11	PARMAR HEMANTKUMAR, 35044	35044	29/12/85	GUJARAT (GJ)	40:36.13
12	K. SANTHOSH KUMAR, 35012	35012	06/05/87	ANDHRA PRADESH (AP)	41:46.43

Event # 39 MENS 40-44 100m Run**FINALS****RESULTS OF FINALS**

1	PARWINDER SINGH, 40120	40120	23/03/79	PUNJAB (PB)	12.50
2	RAJPUT VIJAYSINH P., 40025	40025	25/01/83	GUJARAT (GJ)	12.59
3	SATISH KUMAR, 40062	40062	01/04/80	HARYANA (HR)	12.97
4	NAVNEET SINGH SANDHU, 40172	40172	26/02/81	UTTARAKHAND (UK)	13.23
5	ATUL KUMAR PANDA, 40131	40131	17/11/82	RAJASTHAN (RJ)	13.53
6	PATEL SHIRISHBHAI M., 40023	40023	03/06/81	GUJARAT (GJ)	13.90
7	SIDHU SURENDRAPALSI, 40026	40026	17/06/79	GUJARAT (GJ)	14.06
8	HIDAYAT KHAN, 40043	40043	20/10/82	HARYANA (HR)	14.06
9	P. JAGADEESH, 40002	40002	01/06/81	ANDHRA PRADESH (AP)	14.40
10	RINISH K, 40094	40094	08/05/80	KERALA (KL)	14.82
11	SANTOSH KUMAR, 40166	40166	08/07/79	UTTAR PRADESH (UP)	15.34
12	CHARAN SINGH, 40132	40132	20/03/79	RAJASTHAN (RJ)	15.89
13	MANE SADASHIV SHANU, 40093	40093	25/09/78	KERALA (KL)	17.41
14	MASHRU KAPIL G., 40022	40022	01/01/80	GUJARAT (GJ)	17.76

Event # 40 MENS 40-44 200m Run**FINALS****RESULTS OF FINALS**

1	RAJPUT VIJAYSINH P., 40025	40025	25/01/83	GUJARAT (GJ)	25.54
2	VAZEER SINGH, 40125	40125	11/03/81	PUNJAB (PB)	26.96
3	SATISH KUMAR, 40062	40062	01/04/80	HARYANA (HR)	27.70
4	V LAXMAN, 40149	40149	10/03/81	TELANGANA (TS)	28.60
5	SHAILENDRA SHAKRAW, 40097	40097	17/08/82	MADHYA PRADESH (MP)	28.61
6	P. JAGADEESH, 40002	40002	01/06/81	ANDHRA PRADESH (AP)	28.98
7	KULDEEP KUMAR, 40045	40045	26/12/78	HARYANA (HR)	29.06
8	HIMMAT SINGH, 40133	40133	22/11/79	RAJASTHAN (RJ)	29.12
9	PATEL SHIRISHBHAI M., 40023	40023	03/06/81	GUJARAT (GJ)	29.17
10	BALRAJ SINGH, 40109	40109	12/06/82	PUNJAB (PB)	30.95
11	SANTOSH KUMAR, 40166	40166	08/07/79	UTTAR PRADESH (UP)	35.68
12	MANE SADASHIV SHANU, 40093	40093	25/09/78	KERALA (KL)	35.95
13	CHARAN SINGH, 40132	40132	20/03/79	RAJASTHAN (RJ)	36.25

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 41 MENS 40-44 400m Run**FINALS****RESULTS OF FINALS**

1	MANJEET SINGH, 40046	40046	03/08/78	HARYANA (HR)	1:02:12.00
2	KULDEEP KUMAR, 40045	40045	26/12/78	HARYANA (HR)	1:02:13.00
3	RAJINDER KUMAR, 4002	40024	30/09/82	GUJARAT (GJ)	1:02.82
4	RAM LAL, 40010	40010	05/12/81	CHANDIGARH (CH)	1:04.74
5	SHACHINDAR SINGH WA	40173	17/05/78	UTTARAKHAND (UK)	1:05.83
6	B SURENDER, 40141	40141	07/06/80	TELANGANA (TS)	1:08:24.00

Event # 42 MENS 40-44 800m Run**FINALS****RESULTS OF FINALS**

1	BHOLA RAM, 40041	40041	25/02/79	HARYANA (HR)	2:19:43.00
2	RAM LAL, 40010	40010	05/12/81	CHANDIGARH (CH)	2:23:28.00
3	GURDARSHAN SINGH, 4	40111	22/06/79	PUNJAB (PB)	2:25:27.00
4	BHIM SINGH, 40039	40039	20/11/79	HARYANA (HR)	2:26:22.00
5	MANJEET SINGH, 40046	40046	03/08/78	HARYANA (HR)	2:28:54.00
6	SHAILENDRA SHAKRAW	40097	17/08/82	MADHYA PRADESH (MP)	2:39:34.00
7	P MALLESHAM, 40148	40148	05/07/78	TELANGANA (TS)	2:55.96

Event # 43 MENS 40-44 1500m Run**FINALS****RESULTS OF FINALS**

1	RAM LAL, 40010	40010	05/12/81	CHANDIGARH (CH)	4:55.70
2	MANGAT SINGH, 40085	40085	07/12/80	JAMMU & KASHMIR (JK)	4:59:10.00
3	ANAND DALAL, 40038	40038	01/01/81	HARYANA (HR)	5:04.76
4	BHOLA RAM, 40041	40041	25/02/79	HARYANA (HR)	5:07:51.00
5	BHIM SINGH, 40039	40039	20/11/79	HARYANA (HR)	5:15:54.00
6	PAWAN KUMAR, 40054	40054	04/04/81	HARYANA (HR)	5:22:43.00
7	SUKH RAM, 40081	40081	11/01/81	HIMACHAL PRADESH (HP)	5:31:02.00
8	SUMIT SHAH, 40174	40174	11/08/81	UTTARAKHAND (UK)	5:33.65
9	VJINDER KUMAR, 40126	40126	01/01/81	PUNJAB (PB)	5:37.64
10	KULDIP SINGH, 40115	40115	15/02/78	PUNJAB (PB)	6:02:02.00
11	B SURENDER, 40141	40141	07/06/80	TELANGANA (TS)	6:19:46.00
12	P MALLESHAM, 40148	40148	05/07/78	TELANGANA (TS)	6:20.75
13	LIMESH M, 40092	40092	10/02/81	KERALA (KL)	6:59:07.00

Event # 44 MENS 40-44 5000m Run**FINALS****RESULTS OF FINALS**

1	MANGAT SINGH, 40085	40085	07/12/80	JAMMU & KASHMIR (JK)	18:40:55.00
2	ANAND DALAL, 40038	40038	01/01/81	HARYANA (HR)	18:40.69
3	DEVINDER SINGH MANT	40042	21/07/81	HARYANA (HR)	18:47.82
4	MANJINDER SINGH, 4011	40117	28/07/81	PUNJAB (PB)	19:25:37.00
5	VJINDER KUMAR, 40126	40126	01/01/81	PUNJAB (PB)	19:57.98
6	SUKH RAM, 40081	40081	11/01/81	HIMACHAL PRADESH (HP)	20:11.96
7	SUMIT SHAH, 40174	40174	11/08/81	UTTARAKHAND (UK)	20:29.64
8	KULDIP SINGH, 40115	40115	15/02/78	PUNJAB (PB)	20:35:18.00

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 45 MENS 40-44 1000m Run

FINALS

RESULTS OF FINALS

1	MANGAT SINGH, 40085	40085	07/12/80	JAMMU & KASHMIR (JK)	39:18.49
2	ANAND DALAL, 40038	40038	01/01/81	HARYANA (HR)	39:36.70
3	SUNDER DASS, 40139	40139	27/06/78	RAJASTHAN (RJ)	42:02.63
4	DEVINDER SINGH MANT	40042	21/07/81	HARYANA (HR)	43:54.40
5	SUMIT SHAH, 40174	40174	11/08/81	UTTARAKHAND (UK)	45:06.79
6	SUKH RAM, 40081	40081	11/01/81	HIMACHAL PRADESH (HP)	46:21.85
7	VJINDER KUMAR, 40126	40126	01/01/81	PUNJAB (PB)	49:27.35
8	MANJINDER SINGH GRE	40118	16/10/80	PUNJAB (PB)	49:40.17
9	KULDIP SINGH, 40115	40115	15/02/78	PUNJAB (PB)	50:01.69
10	MANISH KUMAR BHOLA	40008	01/02/80	CHANDIGARH (CH)	54:14.71

Event # 46 MENS 40-44 110m Hurdles

FINALS

RESULTS OF FINALS

1	SARBJEET SINGH, 40122	40122	24/01/82	PUNJAB (PB)	20.39
2	SHACHINDAR SINGH WA	40173	17/05/78	UTTARAKHAND (UK)	21.86
3	RAJINDER KUMAR, 4002	40024	30/09/82	GUJARAT (GJ)	24.50
4	RINISH K, 40094	40094	08/05/80	KERALA (KL)	25.79

Event # 47 MENS 40-44 400m Hurdles

FINALS

RESULTS OF FINALS

1	SARBJEET SINGH, 40122	40122	24/01/82	PUNJAB (PB)	1:13:02.00
2	RAJINDER KUMAR, 4002	40024	30/09/82	GUJARAT (GJ)	1:15:23.00
3	RAMANJIT SINGH, 40057	40057	27/07/81	HARYANA (HR)	1:20.93
4	SHACHINDAR SINGH WA	40173	17/05/78	UTTARAKHAND (UK)	1:22:53.00
5	V LAXMAN, 40149	40149	10/03/81	TELANGANA (TS)	1:26:51.00
6	HIMMAT SINGH, 40133	40133	22/11/79	RAJASTHAN (RJ)	1:27.69
7	RINISH K, 40094	40094	08/05/80	KERALA (KL)	1:33.89

Event # 49 MENS 40-44 High Jump

FINALS

RESULTS OF FINALS

1	RAMINDER SINGH GHUJ	40011	16/01/81	CHANDIGARH (CH)	1.51m
2	HARDEEP SINGH, 40112	40112	11/11/80	PUNJAB (PB)	1.48m
3	B SURENDER, 40141	40141	07/06/80	TELANGANA (TS)	1.40m
3	ASHOK KUMAR, 40182	40182	07/08/81	HARYANA (HR)	1.40m
5	ROHIT DAHIYA, 40058	40058	15/06/82	HARYANA (HR)	1.30m
6	MANJEET SINGH, 40046	40046	03/08/78	HARYANA (HR)	1.25m

Event # 50 MENS 40-44 Pole Vault

FINALS

RESULTS OF FINALS

1	VAZEER SINGH, 40125	40125	11/03/81	PUNJAB (PB)	2.50m
2	PARMOD KUMAR, 40053	40053	01/01/81	HARYANA (HR)	2.20m
3	AMIT KUMAR, 40037	40037	01/12/80	HARYANA (HR)	2.00m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 52 MENS 40-44 Triple Jump

FINALS

RESULTS OF FINALS

1	JIJI KA, 40091	40091	15/03/80	KERALA (KL)	10.89m
2	MUKESH KUMAR, 40048	40048	20/06/82	HARYANA (HR)	10.41m
3	VIRENDER KUMAR, 40067	40067	04/01/82	HARYANA (HR)	9.22m
4	BALRAJ SINGH, 40109	40109	12/06/82	PUNJAB (PB)	8.16m

Event # 53 MENS 40-44 Discus Throw

FINALS

RESULTS OF FINALS

1	SANDEEP KUMAR, 40059	40059	30/12/79	HARYANA (HR)	40.90m
2	BALWINDER SINGH, 40006	40006	25/08/79	CHANDIGARH (CH)	28.59m
3	SATPAL SINGH, 40063	40063	15/08/80	HARYANA (HR)	26.94m
4	PRADIP KUMAR MAZUM	40177	03/06/78	WEST BENGAL (WB)	25.96m
5	SIDHU SURENDRAPALSI	40026	17/06/79	GUJARAT (GJ)	20.73m
6	SHUKJIVANDER SINGH,	40138	18/06/79	RAJASTHAN (RJ)	15.67m
7	SANDEEP MALIK, 40060	40060	04/08/81	HARYANA (HR)	14.26m
8	SURENDER SINGH, 40014	40014	09/04/78	CHANDIGARH (CH)	13.24m

Event # 54 MENS 40-44 Hammer Throw

FINALS

RESULTS OF FINALS

1	NIRMAL SINGH, 40119	40119	12/04/81	PUNJAB (PB)	26.44m
2	BHIM SINGH, 40040	40040	12/08/81	HARYANA (HR)	23.40m
3	SATPAL SINGH, 40063	40063	15/08/80	HARYANA (HR)	18.07m
4	SANDEEP MALIK, 40060	40060	04/08/81	HARYANA (HR)	16.01m
5	KULDEEP KUMAR, 40045	40045	26/12/78	HARYANA (HR)	14.69m
6	RAGVEER SINGH, 40055	40055	15/04/80	HARYANA (HR)	11.01m

Event # 55 MENS 40-44 Javelin Throw

FINALS

RESULTS OF FINALS

1	VIRENDER SINGH, 40068	40068	05/07/82	HARYANA (HR)	48.95m
2	VIJAY PAL SINGH, 40066	40066	06/01/80	HARYANA (HR)	41.83m
3	SONI LAL, 40012	40012	30/04/80	CHANDIGARH (CH)	40.93m
4	PRADIP KUMAR MAZUM	40177	03/06/78	WEST BENGAL (WB)	38.94m
5	ANIL GEORGE, 40090	40090	15/05/82	KERALA (KL)	37.30m
6	ATUL KUMAR PANDA, 40131	40131	17/11/82	RAJASTHAN (RJ)	36.58m
7	V LAXMAN, 40149	40149	10/03/81	TELANGANA (TS)	30.90m
8	NARINDER, 40051	40051	24/08/79	HARYANA (HR)	29.48m
9	SHUKJIVANDER SINGH,	40138	18/06/79	RAJASTHAN (RJ)	21.50m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 56 MENS 40-44 Shot Put

FINALS

RESULTS OF FINALS

1	SANDEEP KUMAR, 40059	40059	30/12/79	HARYANA (HR)	12.19m
2	BALWINDER SINGH, 40006	40006	25/08/79	CHANDIGARH (CH)	9.92m
3	ANIL GEORGE, 40090	40090	15/05/82	KERALA (KL)	9.83m
4	SATPAL SINGH, 40063	40063	15/08/80	HARYANA (HR)	8.61m
5	ATUL KUMAR PANDA, 40131	40131	17/11/82	RAJASTHAN (RJ)	8.48m
6	SURENDER SINGH, 40014	40014	09/04/78	CHANDIGARH (CH)	6.99m
7	BISHNU ORAON, 40087	40087	14/04/83	JHARKHAND	6.65m
8	SHAMSHER SINGH, 40064	40064	01/02/81	HARYANA (HR)	6.07m
9	DR. RAHUL BARKODIA, 40007	40007	17/10/79	CHANDIGARH (CH)	6.04m
10	RAGVEER SINGH, 40055	40055	15/04/80	HARYANA (HR)	5.07m

Event # 57 MENS 40-44 5000m Race Walk

FINALS

RESULTS OF FINALS

1	JOGINDER PAL SINGH, 40114	40114	15/12/78	PUNJAB (PB)	26:38.68
2	M VENKATESHWARLU, 40145	40145	25/09/81	TELANGANA (TS)	30:13.00
3	SUKHWINDER SINGH, 40013	40013	02/09/79	CHANDIGARH (CH)	31:14.29
4	PARDEEP SINGH, 40052	40052	01/01/81	HARYANA (HR)	33:42.20
5	SHUBHANSHU MAHATO, 40088	40088	14/04/83	JHARKHAND	37:35.86
6	MASHRU KAPIL G., 40022	40022	01/01/80	GUJARAT (GJ)	39:33.47

Event # 58 MENS 45-49 100m Run

FINALS

RESULTS OF FINALS

1	JASHANVIR SINGH SIDH, 45113	45113	12/12/76	PUNJAB (PB)	13.02
2	SANJAY KUMAR, 45056	45056	04/05/75	HARYANA (HR)	13.33
3	RAMESH CHANDER, 45053	45053	01/02/74	HARYANA (HR)	13.48
4	SANJAY KUMAR, 45055	45055	26/10/76	HARYANA (HR)	13.57
5	SHAMSHER SINGH DHUJ, 45059	45059	18/12/75	HARYANA (HR)	13.76
6	LEKH RAJ, 45044	45044	18/05/73	HARYANA (HR)	13.85
7	A RAVIPRATAP, 45001	45001	15/08/74	ANDHRA PRADESH (AP)	13.89
8	HARDEEP SINGH, 45110	45110	01/09/75	PUNJAB (PB)	13.94
9	YOGENDER SINGH, 4513	45136	13/05/74	RAJASTHAN (RJ)	13.99
10	SURAJ BHAN, 45060	45060	01/01/76	HARYANA (HR)	14.26
11	HEMANT KUMAR CHOU, 45130	45130	11/02/78	RAJASTHAN (RJ)	14.44
12	RAJENDRA KUMAR, 45133	45133	29/01/77	RAJASTHAN (RJ)	14.52
13	RAJBIR, 45050	45050	08/01/74	HARYANA (HR)	14.63
14	VAGHELA NARESHKUM, 45030	45030	20/11/74	GUJARAT (GJ)	15.32
15	KARTAR CHAND, 45075	45075	08/03/75	HIMACHAL PRADESH (HP)	16.08
16	U.M. SHARMA, 45164	45164	07/07/77	UTTAR PRADESH (UP)	16.30

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 59 MENS 45-49 200m Run**FINALS****RESULTS OF FINALS**

1	JASHANVIR SINGH SIDH	45113	12/12/76	PUNJAB (PB)	26.12
2	RAMESH CHANDER, 450	45053	01/02/74	HARYANA (HR)	27.17
3	SANJAY KUMAR, 45056	45056	04/05/75	HARYANA (HR)	27.28
4	HEERA LAL, 45111	45111	16/01/74	PUNJAB (PB)	27.28
5	BALESH YADAV, 45088	45088	09/02/76	MADHYA PRADESH (MP)	28.98
6	VIJAYPAL, 45174	45174	20/06/74	UTTARAKHAND (UK)	31.34

Event # 60 MENS 45-49 400m Run**FINALS****RESULTS OF FINALS**

1	SANJAY KUMAR, 45056	45056	04/05/75	HARYANA (HR)	1:00.71
2	JASHANVIR SINGH SIDH	45113	12/12/76	PUNJAB (PB)	1:01:14.00
2	RAJBIR, 45050	45050	08/01/74	HARYANA (HR)	1:05.90
3	VIJAYPAL, 45174	45174	20/06/74	UTTARAKHAND (UK)	1:10:12.00
5	PANDYA DILIPKUMAR N	45024	13/01/75	GUJARAT (GJ)	1:14.83

Event # 61 MENS 45-49 800m Run**FINALS****RESULTS OF FINALS**

1	RAJ KUMAR, 45048	45048	04/03/74	HARYANA (HR)	2:18:13.00
2	JOGINDER SINGH, 45041	45041	15/04/77	HARYANA (HR)	2:20:57.00
3	HEERA LAL, 45111	45111	16/01/74	PUNJAB (PB)	2:23.70
4	SATISH KUMAR, 45057	45057	05/04/73	HARYANA (HR)	2:25.77
5	BISWAJIT BANIK, 45107	45107	13/03/76	PUNJAB (PB)	2:39:00.00
6	GURJIT SINGH, 45109	45109	18/04/75	PUNJAB (PB)	2:39.70
7	BAL KRISHAN, 45073	45073	03/01/77	HIMACHAL PRADESH (HP)	3:00.82
8	BALJEET GROVER, 45106	45106	25/02/77	PUNJAB (PB)	3:05.80

Event # 62 MENS 45-49 1500m Run**FINALS****RESULTS OF FINALS**

1	RAJ KUMAR, 45048	45048	04/03/74	HARYANA (HR)	4:51:20.00
2	JOGINDER SINGH, 45041	45041	15/04/77	HARYANA (HR)	4:54.61
3	RAM RAJ, 45079	45079	05/08/74	JAMMU & KASHMIR (JK)	4:57:02.00
4	SATISH KUMAR, 45057	45057	05/04/73	HARYANA (HR)	5:00:29.00
5	ABDHUL BASHEER, 4508	45083	01/12/75	KERALA (KL)	5:24.88
6	SATYENDRA SHARMA, 4	45090	03/11/76	MADHYA PRADESH (MP)	5:34:36.00
7	ASHOK KUMAR GUPTA,	45159	05/06/73	UTTAR PRADESH (UP)	5:42.91
8	K. RAJA RAO, 45003	45003	02/05/75	ANDHRA PRADESH (AP)	5:55:01.00
9	PH. SHYAMKANHAI MEE	45094	01/03/76	MANIPUR (MN)	6:01.64
10	OM PRAKASH, 45077	45077	20/03/73	HIMACHAL PRADESH (HP)	6:25.81
11	AMRIT PAL SINGH, 45179	45179	23/03/76	PUNJAB (PB)	6:26:00.00
12	RAJENDRA KUMAR, 451	45133	29/01/77	RAJASTHAN (RJ)	7:25:58.00

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 63 MENS 45-49 5000m Run**FINALS****RESULTS OF FINALS**

1	ASWINI ACHARYA, 45139	45139	07/07/77	TELANGANA (TS)	18:45:18.00
2	RAM RAJ, 45079	45079	05/08/74	JAMMU & KASHMIR (JK)	18:56:33.00
3	SATISH KUMAR, 45057	45057	05/04/73	HARYANA (HR)	19:28.79
4	SATYENDRA SHARMA, 4	45090	03/11/76	MADHYA PRADESH (MP)	19:30.83
5	GURJIT SINGH, 45109	45109	18/04/75	PUNJAB (PB)	19:30.94
6	K. RAJA RAO, 45003	45003	02/05/75	ANDHRA PRADESH (AP)	20:31.78
7	OM PRAKASH, 45077	45077	20/03/73	HIMACHAL PRADESH (HP)	22:10:36.00
8	SALIM AHMED, 45054	45054	10/10/73	HARYANA (HR)	23:05:03.00
9	B VENKATESHAM, 45141	45141	10/03/77	TELANGANA (TS)	23:44.72

Event # 64 MENS 45-49 10000m Run**FINALS****RESULTS OF FINALS**

1	JOGA SINGH, 45040	45040	25/11/77	HARYANA (HR)	38:20.42
2	RAM RAJ, 45079	45079	05/08/74	JAMMU & KASHMIR (JK)	39:09.07
3	ASWINI ACHARYA, 45139	45139	07/07/77	TELANGANA (TS)	39:35.84
4	SATYENDRA SHARMA, 4	45090	03/11/76	MADHYA PRADESH (MP)	41:48.38
5	K. RAJA RAO, 45003	45003	02/05/75	ANDHRA PRADESH (AP)	42:36.17
6	ASHOK KUMAR GUPTA,	45159	05/06/73	UTTAR PRADESH (UP)	45:42.10
7	PH. SHYAMKANHAI MEE	45094	01/03/76	MANIPUR (MN)	47:47.51
8	OM PRAKASH, 45077	45077	20/03/73	HIMACHAL PRADESH (HP)	47:52.21
9	B VENKATESHAM, 45141	45141	10/03/77	TELANGANA (TS)	48:01.78
10	SALIM AHMED, 45054	45054	10/10/73	HARYANA (HR)	51:00.66
11	BALESH YADAV, 45088	45088	09/02/76	MADHYA PRADESH (MP)	51:16.64

Event # 65 MENS 45-49 110m Hurdles**FINALS****RESULTS OF FINALS**

1	DEEPAK NEGI, 45170	45170	01/05/76	UTTARAKHAND (UK)	19.53
2	B SRIHARI, 45140	45140	10/07/73	TELANGANA (TS)	20.70
3	ASHOK KUMAR, 45034	45034	28/06/78	HARYANA (HR)	25.55
4	PARMINDER SINGH, 4511	45115	08/12/75	PUNJAB (PB)	27.47
5	PANDYA DILIPKUMAR N	45024	13/01/75	GUJARAT (GJ)	33.30

Event # 66 MENS 45-49 400m Hurdles**FINALS****RESULTS OF FINALS**

1	B SRIHARI, 45140	45140	10/07/73	TELANGANA (TS)	1:24:03.00
2	BALESH YADAV, 45088	45088	09/02/76	MADHYA PRADESH (MP)	1:50:04.00

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 68 MENS 45-49 High Jump

FINALS

RESULTS OF FINALS

1	ARUN KUMAR, 45033	45033	01/08/74	HARYANA (HR)	1.35m
2	A RAVIPRATAP, 45001	45001	15/08/74	ANDHRA PRADESH (AP)	1.35m
3	RAJ KUMAR, 45049	45049	18/02/73	HARYANA (HR)	1.30m
4	SHASHIKANT ASOPA, 45135	45135	15/06/73	RAJASTHAN (RJ)	1.25m
5	VAGHELA NARESHKUM.	45030	20/11/74	GUJARAT (GJ)	1.20m

Event # 69 MENS 45-49 Pole Vault

FINALS

RESULTS OF FINALS

3	BUTA SINGH, 45180	45180	01/05/75	PUNJAB (PB)	2.20m
4	ARUN KUMAR, 45033	45033	01/08/74	HARYANA (HR)	2.40m
5	RAJ KUMAR, 45049	45049	18/02/73	HARYANA (HR)	2.50m

Event # 70 MENS 45-49 Long Jump

FINALS

RESULTS OF FINALS

1	DEEPAK NEGI, 45170	45170	01/05/76	UTTARAKHAND (UK)	5.62m
2	HARDEEP SINGH, 45110	45110	01/09/75	PUNJAB (PB)	4.94m
3	LEKH RAJ, 45044	45044	18/05/73	HARYANA (HR)	4.81m
4	SHAMSHER SINGH DHUJ	45059	18/12/75	HARYANA (HR)	4.77m
5	RAJENDRA KUMAR, 45133	45133	29/01/77	RAJASTHAN (RJ)	4.54m
6	A RAVIPRATAP, 45001	45001	15/08/74	ANDHRA PRADESH (AP)	4.48m
7	SANJAY KUMAR, 45055	45055	26/10/76	HARYANA (HR)	4.31m
8	ASHOK KUMAR, 45034	45034	28/06/78	HARYANA (HR)	4.28m
9	RAJBIR, 45050	45050	08/01/74	HARYANA (HR)	4.22m
10	GIREESH KUMAR, 45085	45085	18/05/75	KERALA (KL)	3.86m
11	ARSHAD USMANI, 45087	45087	04/01/77	MADHYA PRADESH (MP)	3.81m
12	BALJEET GROVER, 45106	45106	25/02/77	PUNJAB (PB)	3.01m

Event # 71 MENS 45-49 Triple Jump

FINALS

RESULTS OF FINALS

1	DEEPAK NEGI, 45170	45170	01/05/76	UTTARAKHAND (UK)	11.28m
2	RAJESH KUMAR, 45051	45051	09/04/74	HARYANA (HR)	9.56m
3	SUDARSHAN KUMAR, 45121	45121	15/08/77	PUNJAB (PB)	9.41m
4	L. SOMESHWAR RAO, 45145	45145	28/07/76	TELANGANA (TS)	8.85m

Event # 73 MENS 45-49 Hammer Throw

FINALS

RESULTS OF FINALS

1	BALWINDER SINGH, 45010	45010	21/01/78	CHANDIGARH (CH)	32.96m
2	MAHANDER KUMAR, 45131	45131	25/01/77	RAJASTHAN (RJ)	19.05m
3	SUNIL KUMAR ROY, 45091	45091	04/10/76	MADHYA PRADESH (MP)	15.34m
4	SWAMI TUSHARGIRI H., 45028	45028	23/08/74	GUJARAT (GJ)	14.83m
5	DAVID RAJU, 45142	45142	15/06/75	TELANGANA (TS)	14.47m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 74 MENS 45-49 Javelin Throw**FINALS****RESULTS OF FINALS**

1	SHASHIKANT ASOPA, 45	45135	15/06/73	RAJASTHAN (RJ)	38.84m
2	SHETHIYA HITESH V., 45	45027	31/12/73	GUJARAT (GJ)	33.74m
3	SHIBU KUNJU MATHAI, 4	45178	27/10/74	DELHI (DL)	30.00m
4	MAHANDER KUMAR, 45	45131	25/01/77	RAJASTHAN (RJ)	29.45m
5	BAL KRISHAN, 45073	45073	03/01/77	HIMACHAL PRADESH (HP)	27.41m
6	NEHRU SINGH, 45046	45046	01/05/75	HARYANA (HR)	24.10m

Event # 75 MENS 45-49 Shot Put**FINALS****RESULTS OF FINALS**

1	YOGENDER, 45063	45063	19/06/77	HARYANA (HR)	13.06m
2	GURDEV SINGH TOOR, 4	45108	18/02/74	PUNJAB (PB)	12.41m
3	GURLABH SINGH, 45038	45038	19/12/75	HARYANA (HR)	10.39m
4	BALWINDER SINGH, 450	45010	21/01/78	CHANDIGARH (CH)	9.18m
5	RAVI KUMAR, 45117	45117	21/09/77	PUNJAB (PB)	9.07m
6	DAVID RAJU, 45142	45142	15/06/75	TELANGANA (TS)	8.97m
7	KASHMIR SINGH, 45042	45042	04/04/74	HARYANA (HR)	8.95m
8	NEHRU SINGH, 45046	45046	01/05/75	HARYANA (HR)	8.53m
9	R.K. BOBEE, 45095	45095	01/02/74	MANIPUR (MN)	8.29m
10	SURESH, 45061	45061	17/12/73	HARYANA (HR)	7.76m
11	SHETHIYA HITESH V., 45	45027	31/12/73	GUJARAT (GJ)	7.54m
12	DHIRENDER SINGH, 450	45036	15/12/74	HARYANA (HR)	7.05m
13	PANCHOLI DARSHAK M.	45023	26/09/77	GUJARAT (GJ)	6.32m
14	SUNIL KUMAR ROY, 450	45091	04/10/76	MADHYA PRADESH (MP)	5.66m

Event # 76 MENS 45-49 5000m Race Walk**FINALS****RESULTS OF FINALS**

1	GURMAIL SINGH BSE, 45	45011	03/05/74	CHANDIGARH (CH)	27:55.58
2	SATYAPAL SINGH, 45058	45058	01/06/74	HARYANA (HR)	29:40.65
3	GAJENDER SINGH, 45037	45037	07/11/76	HARYANA (HR)	30:08.37
4	JAGTARANJIT SINGH, 45	45013	07/12/77	CHANDIGARH (CH)	31:02.54
5	KULDEEP SINGH, 45043	45043	24/04/76	HARYANA (HR)	31:38.49
6	SATINDER SINGH, 45118	45118	26/10/73	PUNJAB (PB)	32:38.30
7	M. SAI PRASAD, 45146	45146	05/03/76	TELANGANA (TS)	36:12.95
8	GENESHAN, 45084	45084	25/05/74	KERALA (KL)	36:31.19
9	B. RAMA RAO, 45002	45002	29/04/73	ANDHRA PRADESH (AP)	38:00.45
10	B VENKATESHAM, 45141	45141	10/03/77	TELANGANA (TS)	38:01.52
11	SATNAM SINGH, 45119	45119	10/10/73	PUNJAB (PB)	38:17.16
12	T THOMAS VINOD RAO,	45149	10/05/74	TELANGANA (TS)	39:27.96

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 77 MENS 50-54 100m Run**FINALS****RESULTS OF FINALS**

1	MUKESH KUMAR, 50053	50053	02/05/72	HARYANA (HR)	13.32
2	VAGHELA HARPALSINH	50029	20/08/68	GUJARAT (GJ)	13.37
3	CHAUHAN VISHNU, 5002	50022	04/06/70	GUJARAT (GJ)	13.42
4	RAJESH BORA, 50058	50058	15/01/70	HARYANA (HR)	13.60
5	PRABHAKAR SINGH RA	50197	01/07/72	UTTARAKHAND (UK)	13.82
6	RAJESH KUMAR KHANN	50061	04/10/71	HARYANA (HR)	14.04
7	PREM PRAKASH PUROH	50199	15/05/69	UTTARAKHAND (UK)	14.19
8	P KRISHNA, 50174	50174	09/10/69	TELANGANA (TS)	14.45
9	DHAKECHA MUKESHBH	50023	16/01/71	GUJARAT (GJ)	14.82
10	JAGDISH CHANDER, 500	50046	01/04/72	HARYANA (HR)	14.83
11	RAJKUMAR, 50162	50162	27/06/71	RAJASTHAN (RJ)	14.86
12	JITENDER SINGH, 50160	50160	05/10/68	RAJASTHAN (RJ)	14.88
13	VED PARKASH, 50076	50076	30/07/68	HARYANA (HR)	14.97
14	ISHWAR, 50044	50044	25/04/71	HARYANA (HR)	15.09
15	SHAKEEL KHAN, 50109	50109	01/08/72	MADHYA PRADESH (MP)	15.11
16	HARISH KUMAR, 50159	50159	15/03/70	RAJASTHAN (RJ)	15.30
17	PRABIR SARKAR, 50203	50203	12/05/72	WEST BENGAL (WB)	15.37
18	PATEL CHANDRAKANT S	50027	24/04/68	GUJARAT (GJ)	15.40
19	PRATAP SINGH NEGI, 501	50198	02/10/69	UTTARAKHAND (UK)	15.50
20	NARESH DALLA, 50011	50011	08/12/71	CHANDIGARH (CH)	15.56
21	RAVI KUMAR, 50065	50065	02/01/71	HARYANA (HR)	16.71
22	SUBE SINGH, 50071	50071	19/03/68	HARYANA (HR)	17.20
23	RAM SIROMANI, 50191	50191	10/01/70	UTTAR PRADESH (UP)	19.20
24	J.S. GANGWAR, 50107	50107	01/01/69	MADHYA PRADESH (MP)	21.80

Event # 78 MENS 50-54 200m Run**FINALS****RESULTS OF FINALS**

1	VAGHELA HARPALSINH	50029	20/08/68	GUJARAT (GJ)	26.85
2	MUKESH KUMAR, 50053	50053	02/05/72	HARYANA (HR)	26.91
3	CHAUHAN VISHNU, 5002	50022	04/06/70	GUJARAT (GJ)	28.35
4	BALDEV SINGH, 50037	50037	10/05/69	HARYANA (HR)	28.36
5	RAJESH KUMAR KHANN	50061	04/10/71	HARYANA (HR)	28.64
6	PRABHAKAR SINGH RA	50197	01/07/72	UTTARAKHAND (UK)	28.67
7	P KRISHNA, 50174	50174	09/10/69	TELANGANA (TS)	29.62
8	JITENDER SINGH, 50160	50160	05/10/68	RAJASTHAN (RJ)	30.70
9	MADHU SUDAN SANTR	50202	01/01/72	WEST BENGAL (WB)	30.97
10	AMRITPAL SINGH, 50125	50125	24/03/71	PUNJAB (PB)	34.19
11	RAVI KUMAR, 50065	50065	02/01/71	HARYANA (HR)	34.43
12	L SRIDHAR REDDY, 5017	50170	07/01/72	TELANGANA (TS)	35.39
13	J.S. GANGWAR, 50107	50107	01/01/69	MADHYA PRADESH (MP)	46.49

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 79 MENS 50-54 400m Run**FINALS****RESULTS OF FINALS**

1	MUKESH KUMAR, 50053	50053	02/05/72	HARYANA (HR)	59.27
2	RAKESH KUMAR, 50097	50097	02/01/70	JAMMU & KASHMIR (JK)	1:03:31.00
3	RAJESH KUMAR KHANN	50061	04/10/71	HARYANA (HR)	1:05:24.00
4	NAHAR SINGH, 50140	50140	24/10/69	PUNJAB (PB)	1:05:38.00
5	MADHU SUDAN SANTR	50202	01/01/72	WEST BENGAL (WB)	1:11.98
6	MD. HESHAMUDDIN, 501	50113	12/02/69	MANIPUR (MN)	1:12.70
7	SK. IMAM, 50005	50005	01/01/73	ANDHRA PRADESH (AP)	1:16.73
8	ABDUSSALAM M, 50099	50099	09/05/70	KERALA (KL)	1:37:45.00
9	J.S. GANGWAR, 50107	50107	01/01/69	MADHYA PRADESH (MP)	2:02.74

Event # 80 MENS 50-54 800m Run**FINALS****RESULTS OF FINALS**

1	RAJESH KUMAR, 50060	50060	14/04/70	HARYANA (HR)	2:22.98
2	JAI SINGH, 50048	50048	05/01/73	HARYANA (HR)	2:27.60
3	RAKESH KUMAR, 50097	50097	02/01/70	JAMMU & KASHMIR (JK)	2:27.97
4	GURBHAJAN SINGH, 501	50133	24/05/69	PUNJAB (PB)	2:28.98
5	HARISH KUMAR, 50159	50159	15/03/70	RAJASTHAN (RJ)	2:36.86
6	RAM SINGH, 50062	50062	01/01/71	HARYANA (HR)	2:39.76
7	UPENDER KUMAR, 5009	50094	01/01/70	HIMACHAL PRADESH (HP)	2:39.80
8	JASWANT RAI, 50137	50137	18/01/68	PUNJAB (PB)	2:44.85
9	MANJEET SINGH, 50010	50010	04/05/72	CHANDIGARH (CH)	2:47:05.00
10	P.K. SATHYAN, 50175	50175	15/05/69	TELANGANA (TS)	2:51:52.00
11	BANNA SINGH RAWAT, 5	50156	02/04/72	RAJASTHAN (RJ)	2:52:45.00
12	RAMESH KUMAR, 50142	50142	01/01/72	PUNJAB (PB)	2:56:16.00
13	RAJ PAL SHARMA, 50057	50057	05/05/71	HARYANA (HR)	2:59.95
14	JAGDISH CHANDER, 500	50046	01/04/72	HARYANA (HR)	3:02:54.00
15	JAI DEV SINGH GARG, 50	50090	01/02/70	HIMACHAL PRADESH (HP)	3:17:04.00
16	SK. IMAM, 50005	50005	01/01/73	ANDHRA PRADESH (AP)	3:19.99

Event # 81 MENS 50-54 1500m Run**FINALS****RESULTS OF FINALS**

1	RAJESH KUMAR, 50060	50060	14/04/70	HARYANA (HR)	5:21:33.00
2	JAI SINGH, 50048	50048	05/01/73	HARYANA (HR)	5:23:12.00
3	JAGVIR MALIK, 50047	50047	15/11/72	HARYANA (HR)	5:27.80
4	RAM SINGH, 50062	50062	01/01/71	HARYANA (HR)	5:29.67
5	UPENDER KUMAR, 5009	50094	01/01/70	HIMACHAL PRADESH (HP)	5:36:44.00
6	NARESH DAHIYA, 50054	50054	01/04/70	HARYANA (HR)	5:37:46.00
7	MANJEET SINGH, 50010	50010	04/05/72	CHANDIGARH (CH)	5:42:08.00
8	NAZEEMUDEEN A, 50101	50101	30/05/69	KERALA (KL)	5:54:54.00
9	BANNA SINGH RAWAT, 5	50156	02/04/72	RAJASTHAN (RJ)	5:58:11.00
10	AMAR SINGH, 50087	50087	28/04/68	HIMACHAL PRADESH (HP)	5:58.74
11	CHANDER DEV, 50089	50089	10/06/69	HIMACHAL PRADESH (HP)	6:01:37.00
12	HARISH KUMAR, 50159	50159	15/03/70	RAJASTHAN (RJ)	6:10:48.00
13	RAJ PAL SHARMA, 50057	50057	05/05/71	HARYANA (HR)	6:27:29.00
14	SUBE SINGH, 50071	50071	19/03/68	HARYANA (HR)	6:32.62
15	JAGJIVAN LAL PATWA, 50	50189	01/07/70	UTTAR PRADESH (UP)	6:33.66

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 82 MENS 50-54 5000m Run

FINALS

RESULTS OF FINALS

1	CHANDER DEV, 50089	50089	10/06/69	HIMACHAL PRADESH (HP)	19:44.96
2	AMAR SINGH, 50087	50087	28/04/68	HIMACHAL PRADESH (HP)	19:45:02.00
3	NAZEEMUDEEN A, 50101	50101	30/05/69	KERALA (KL)	21:02:41.00
4	MANJEET SINGH, 50010	50010	04/05/72	CHANDIGARH (CH)	21:05:20.00
5	NARESH DAHIYA, 50054	50054	01/04/70	HARYANA (HR)	21:23:14.00
6	BANNA SINGH RAWAT, 5	50156	02/04/72	RAJASTHAN (RJ)	22:31.63

Event # 83 MENS 50-54 10000m Run

FINALS

RESULTS OF FINALS

1	CHANDER DEV, 50089	50089	10/06/69	HIMACHAL PRADESH (HP)	45:58.35
2	NARESH DAHIYA, 50054	50054	01/04/70	HARYANA (HR)	45:59.17
3	AMAR SINGH, 50087	50087	28/04/68	HIMACHAL PRADESH (HP)	46:49.68
4	RAMESH KUMAR, 50142	50142	01/01/72	PUNJAB (PB)	47:41.92
5	JAGJIVAN LAL PATWA, 50	50189	01/07/70	UTTAR PRADESH (UP)	53:32.77
6	ADARSH PANDOH, 50096	50096	25/07/76	JAMMU & KASHMIR (JK)	57:23.50

Event # 84 MENS 50-54 100m Hurdles

FINALS

RESULTS OF FINALS

1	MAHER YOGESHKUMAR, 50024	50024	25/02/72	GUJARAT (GJ)	22.69
2	NARESH DALLA, 50011	50011	08/12/71	CHANDIGARH (CH)	26.43
3	SHAKEEL KHAN, 50109	50109	01/08/72	MADHYA PRADESH (MP)	26.79
4	RAVI KUMAR, 50065	50065	02/01/71	HARYANA (HR)	39.89

Event # 85 MENS 50-54 400m Hurdles

FINALS

RESULTS OF FINALS

1	RAKESH KUMAR, 50097	50097	02/01/70	JAMMU & KASHMIR (JK)	1:15.86
2	GURMINDER SINGH, 501	50135	26/01/72	PUNJAB (PB)	1:22:44.00
3	MAHER YOGESHKUMAR, 50024	50024	25/02/72	GUJARAT (GJ)	1:26:27.00
4	K. BABURAO, 50168	50168	10/01/72	TELANGANA (TS)	1:31:44.00
5	SURJIT SINGH, 50075	50075	04/03/68	HARYANA (HR)	1:35:38.00
8	N. LOKESWARA RAO, 500	50003	15/04/69	ANDHRA PRADESH (AP)	2:00.65

Event # 87 MENS 50-54 High Jump

FINALS

RESULTS OF FINALS

1	GULJINDER SINGH, 5013	50132	10/02/71	PUNJAB (PB)	1.45m
2	LAXMAN SINGH, 50052	50052	01/03/72	HARYANA (HR)	1.40m
3	SANDEEP DESWAL, 5006	50067	05/12/72	HARYANA (HR)	1.35m
4	KARMIJIT SINGH, 50138	50138	04/04/68	PUNJAB (PB)	1.25m
5	S. JEEBAN SINGH, 50115	50115	01/03/71	MANIPUR (MN)	1.20m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 89 MENS 50-54 Long Jump

FINALS

RESULTS OF FINALS

1	GULJINDER SINGH, 5013	50132	10/02/71	PUNJAB (PB)	5.27m
2	GURMUKH SINGH, 50136	50136	04/05/72	PUNJAB (PB)	5.05m
3	DARA SINGH, 50040	50040	05/11/72	HARYANA (HR)	4.88m
4	RAJESH BORA, 50058	50058	15/01/70	HARYANA (HR)	4.64m
5	P KRISHNA, 50174	50174	09/10/69	TELANGANA (TS)	4.51m
6	PREM PRAKASH PUROH	50199	15/05/69	UTTARAKHAND (UK)	4.48m
7	NARESH DALLA, 50011	50011	08/12/71	CHANDIGARH (CH)	4.28m
8	MADHU SUDAN SANTRA	50202	01/01/72	WEST BENGAL (WB)	4.23m
9	SUNIL KUMAR KS, 50103	50103	21/09/72	KERALA (KL)	4.21m
10	MAHER YOGESHKUMAR	50024	25/02/72	GUJARAT (GJ)	3.88m
11	ISHWAR, 50044	50044	25/04/71	HARYANA (HR)	3.38m
12	PATEL CHANDRAKANT S	50027	24/04/68	GUJARAT (GJ)	3.02m
13	VED PARKASH, 50076	50076	30/07/68	HARYANA (HR)	3.01m
14	RANJAN KUMAR SHARM	50064	27/12/68	HARYANA (HR)	2.83m
15	JARNAIL SINGH, 50091	50091	20/04/68	HIMACHAL PRADESH (HP)	2.59m

Event # 90 MENS 50-54 Triple Jump

FINALS

RESULTS OF FINALS

1	GULJINDER SINGH, 5013	50132	10/02/71	PUNJAB (PB)	10.68m
2	RAJESH BORA, 50058	50058	15/01/70	HARYANA (HR)	10.39m
3	PRABIR SARKAR, 50203	50203	12/05/72	WEST BENGAL (WB)	9.18m
4	SURJIT SINGH, 50075	50075	04/03/68	HARYANA (HR)	9.13m
5	PATEL CHANDRAKANT S	50027	24/04/68	GUJARAT (GJ)	9.11m
6	SHAKEEL KHAN, 50109	50109	01/08/72	MADHYA PRADESH (MP)	8.67m

Event # 91 MENS 50-54 Discus Throw

FINALS

RESULTS OF FINALS

1	SURESHKUMAR R, 50104	50104	12/07/72	KERALA (KL)	31.75m
2	KARAN SINGH, 50050	50050	10/01/73	HARYANA (HR)	31.70m
3	BHUPINDER SINGH, 5012	50128	06/03/69	PUNJAB (PB)	29.83m
4	AJIT SINGH, 50036	50036	13/05/68	HARYANA (HR)	27.84m
5	TARSEM SINGH, 50146	50146	08/12/72	PUNJAB (PB)	27.57m
6	SANDEEP DESWAL, 5006	50067	05/12/72	HARYANA (HR)	27.34m
7	SATISH KUMAR, 50068	50068	08/10/72	HARYANA (HR)	26.54m
8	SANTOSH YADAV, 50020	50020	12/01/71	CHHATTISGARH (CG)	25.80m
9	DATA RAM BHATT, 50194	50194	24/07/69	UTTARAKHAND (UK)	20.22m
10	MEHTA NITIN C., 50026	50026	08/11/70	GUJARAT (GJ)	17.44m
11	DEVENDER SINGH, 5004	50041	05/08/72	HARYANA (HR)	15.79m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 92 MENS 50-54 Hammer Throw

FINALS

RESULTS OF FINALS

1	SHIV KUMAR, 50069	50069	21/03/71	HARYANA (HR)	32.96m
2	PAWAN KUMAR, 50056	50056	19/10/69	HARYANA (HR)	31.18m
3	AJIT SINGH, 50036	50036	13/05/68	HARYANA (HR)	24.79m
4	SANTOSH YADAV, 50020	50020	12/01/71	CHHATTISGARH (CG)	22.78m
5	BALKARAN SINGH, 5012	50127	20/03/71	PUNJAB (PB)	17.46m
6	PARAMJIT SINGH SANDI	50141	01/05/68	PUNJAB (PB)	17.08m

Event # 93 MENS 50-54 Javelin Throw

FINALS

RESULTS OF FINALS

15	MEHTA NITIN C., 50026	50026	08/11/70	GUJARAT (GJ)	14.91m
16	DEVENDER SINGH, 5004	50041	05/08/72	HARYANA (HR)	22.60m
17	N. RATANKUMAR, 50114	50114	01/03/72	MANIPUR (MN)	26.70m
18	BIRPAL SINGH, 50129	50129	25/02/70	PUNJAB (PB)	27.90m
19	JARNAIL SINGH, 50091	50091	20/04/68	HIMACHAL PRADESH (HP)	28.04m
20	SURENDER KUMAR, 500	50073	01/07/68	HARYANA (HR)	32.02m
21	TARSEM SINGH, 50146	50146	08/12/72	PUNJAB (PB)	36.13m
22	SATISH KUMAR, 50068	50068	08/10/72	HARYANA (HR)	38.86m
23	KARAN SINGH, 50050	50050	10/01/73	HARYANA (HR)	45.24m

Event # 94 MENS 50-54 Shot Put

FINALS

RESULTS OF FINALS

1	SURESHKUMAR R, 50104	50104	12/07/72	KERALA (KL)	11.29m
2	SATISH KUMAR, 50068	50068	08/10/72	HARYANA (HR)	10.05m
3	TARSEM SINGH, 50146	50146	08/12/72	PUNJAB (PB)	9.56m
4	SANTOSH YADAV, 50020	50020	12/01/71	CHHATTISGARH (CG)	9.16m
5	BHUPINDER SINGH, 5012	50128	06/03/69	PUNJAB (PB)	9.12m
6	SOHAN SINGH, 50070	50070	05/03/72	HARYANA (HR)	9.01m
7	AJIT SINGH, 50036	50036	13/05/68	HARYANA (HR)	8.89m
8	BHUPESH KUMAR TYAG	50106	29/06/69	MADHYA PRADESH (MP)	8.64m
9	DATA RAM BHATT, 50194	50194	24/07/69	UTTARAKHAND (UK)	7.89m
10	HARI SINGH BISHT, 5019	50195	07/06/70	UTTARAKHAND (UK)	7.50m
11	N. RATANKUMAR, 50114	50114	01/03/72	MANIPUR (MN)	7.13m
12	DEVENDER SINGH, 5004	50041	05/08/72	HARYANA (HR)	6.76m
13	M. MURALI KRISHNA RE	50002	01/04/70	ANDHRA PRADESH (AP)	6.71m
14	MEHTA NITIN C., 50026	50026	08/11/70	GUJARAT (GJ)	6.36m
15	BIRENDRA KUMAR, 5018	50188	26/06/72	UTTAR PRADESH (UP)	5.86m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 95 MENS 50-54 5000m Race Walk**FINALS****RESULTS OF FINALS**

1	HARDEEP SINGH BOLA,	50043	30/04/72	HARYANA (HR)	31:08.07
2	SURINDER SINGH,	50013	05/01/70	CHANDIGARH (CH)	31:14.93
3	SALINDER SINGH,	50066	15/12/70	HARYANA (HR)	31:20.36
4	RAJESH GARG,	50059	20/08/72	HARYANA (HR)	33:10.33
5	BALRAJ,	50038	21/08/68	HARYANA (HR)	33:12.86
7	R PRABULIAH,	50177	01/06/68	TELANGANA (TS)	35:31.58
8	LEELA SINGH,	50009	30/04/70	CHANDIGARH (CH)	35:59.03
9	PARAMJIT SINGH SANDI	50141	01/05/68	PUNJAB (PB)	36:02.32
10	ABDUSSALAM M,	50099	09/05/70	KERALA (KL)	36:36.57
11	RAM SIROMANI,	50191	10/01/70	UTTAR PRADESH (UP)	39:27.62
12	N. LOKESWARA RAO,	50003	15/04/69	ANDHRA PRADESH (AP)	39:33.05
17	DALJIT SINGH,	50131	16/06/72	PUNJAB (PB)	35:28.56

Event # 96 MENS 55-59 100m Run**FINALS****RESULTS OF FINALS**

1	GIAN RAJ,	55034	10/04/66	HARYANA (HR)	13.75
2	JAGEET SINGH BABA,	55139	21/06/65	RAJASTHAN (RJ)	13.86
3	AMAR SINGH,	55025	11/04/64	HARYANA (HR)	14.08
4	KARAN PAL,	55036	16/10/66	HARYANA (HR)	14.15
5	HARJINDER SINGH,	55113	12/12/67	PUNJAB (PB)	14.69
6	YAKUB KHAN,	55088	16/06/66	MADHYA PRADESH (MP)	15.35
7	DEVI SINGH,	55031	20/10/66	HARYANA (HR)	15.51
8	MURALEEDHARAN NK,	55068	02/05/67	KERALA (KL)	15.74
9	MS JOHN,	55067	30/05/63	KERALA (KL)	16.02
10	KM VARGHEESE,	55063	21/10/64	KERALA (KL)	16.67
11	RAVI PRAKASH SAI,	55086	06/08/67	MADHYA PRADESH (MP)	17.59
12	JASARAM CHOUDHARY,	55140	08/04/63	RAJASTHAN (RJ)	18.41
13	CHHAGAN LAL,	55028	01/01/67	HARYANA (HR)	18.49

Event # 97 MENS 55-59 200m Run**FINALS****RESULTS OF FINALS**

1	GIAN RAJ,	55034	10/04/66	HARYANA (HR)	27.93
2	MANZOOR TP,	55065	30/05/67	KERALA (KL)	28.44
3	RAM PAL SHARMA,	55044	15/06/65	HARYANA (HR)	29.33
4	HARJINDER SINGH,	55113	12/12/67	PUNJAB (PB)	29.80
5	DR. SATISH KUMAR BH	55033	05/05/67	HARYANA (HR)	30.32
6	MURALEEDHARAN NK,	55068	02/05/67	KERALA (KL)	30.70
7	SIKANDAR MAHATO,	55061	11/08/67	JHARKHAND	31.09
8	YAKUB KHAN,	55088	16/06/66	MADHYA PRADESH (MP)	31.37
9	K. SRINIVASA REDDY,	55170	15/01/68	ANDHRA PRADESH (AP)	33.56
10	VIKAS DOGRA,	55052	14/08/64	HARYANA (HR)	35.46
11	KM VARGHEESE,	55063	21/10/64	KERALA (KL)	35.46
12	PARKASH CHAND,	55058	15/05/64	HIMACHAL PRADESH (HP)	36.35
13	JASARAM CHOUDHARY,	55140	08/04/63	RAJASTHAN (RJ)	37.29
14	KAMAL KISHORE SHAR	55056	03/02/65	HIMACHAL PRADESH (HP)	42.06

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 98 MENS 55-59 400m Run**FINALS****RESULTS OF FINALS**

1	MANZOOR TP, 55065	55065	30/05/67	KERALA (KL)	1:03:06.00
2	SATYAWAN SINGH, 55048	55048	02/08/67	HARYANA (HR)	1:06:55.00
3	YAKUB KHAN, 55088	55088	16/06/66	MADHYA PRADESH (MP)	1:07:22.00
4	HARJINDER SINGH, 55113	55113	12/12/67	PUNJAB (PB)	1:08:34.00
5	BANT SINGH, 55104	55104	06/05/63	PUNJAB (PB)	1:08:52.00
6	BARNATAK SINGH, 55105	55105	01/01/68	PUNJAB (PB)	1:13:13.00
7	DEVI SINGH, 55031	55031	20/10/66	HARYANA (HR)	1:16:12.00
8	DAYAL RAM, 55030	55030	04/04/63	HARYANA (HR)	1:16:45.00
9	NAND KISHORE RAGHU	55081	30/12/64	MADHYA PRADESH (MP)	1:36:39.00
10	KAMAL KISHORE SHARMA	55056	03/02/65	HIMACHAL PRADESH (HP)	1:39:25.00

Event # 99 MENS 55-59 800m Run**FINALS****RESULTS OF FINALS**

1	PADMANABHAN A, 55069	55069	13/08/67	KERALA (KL)	2:26.74
2	SATYAWAN SINGH, 55048	55048	02/08/67	HARYANA (HR)	2:30.94
3	C MURUGESAN, 55172	55172	10/02/68	KERALA (KL)	2:31.84
4	MANZOOR TP, 55065	55065	30/05/67	KERALA (KL)	2:39:30.00
5	BARNATAK SINGH, 55105	55105	01/01/68	PUNJAB (PB)	2:40.70
6	SHASHI DIWAKAR, 55165	55165	15/08/66	UTTARAKHAND (UK)	2:42:19.00
7	CHINDER SINGH, 55029	55029	05/03/64	HARYANA (HR)	2:56:02.00
8	MOHAN SINGH NEGI, 55057	55057	11/08/67	HIMACHAL PRADESH (HP)	3:14.75
9	M. SURYANARAYANA, 55007	55007	01/07/65	ANDHRA PRADESH (AP)	3:23:30.00
10	JASARAM CHOUDHARY, 55140	55140	08/04/63	RAJASTHAN (RJ)	3:25.69

Event # 100 MENS 55-59 1500m Run**FINALS****RESULTS OF FINALS**

1	SATYAWAN SINGH, 55048	55048	02/08/67	HARYANA (HR)	5:18:18.00
2	PADMANABHAN A, 55069	55069	13/08/67	KERALA (KL)	5:27:25.00
3	BARNATAK SINGH, 55105	55105	01/01/68	PUNJAB (PB)	5:38:57.00
4	GURMEET SINGH, 55112	55112	05/11/65	PUNJAB (PB)	5:39:52.00
5	SHASHI DIWAKAR, 55165	55165	15/08/66	UTTARAKHAND (UK)	5:47:53.00
6	SUBHASH CHANDER, 55050	55050	10/01/67	HARYANA (HR)	5:57:29.00
7	SUKHBIR SINGH, 55051	55051	20/10/66	HARYANA (HR)	6:02.86
8	CHINDER SINGH, 55029	55029	05/03/64	HARYANA (HR)	6:02.94
9	K. SRINIVASA REDDY, 55170	55170	15/01/68	ANDHRA PRADESH (AP)	6:16:12.00
10	K.N. TRIPATHI, 55079	55079	20/02/67	MADHYA PRADESH (MP)	6:33:55.00
11	MOHAN SINGH NEGI, 55057	55057	11/08/67	HIMACHAL PRADESH (HP)	7:14.73
12	MAHENDRA VISHWAKA	55013	29/09/66	CHHATTISGARH (CG)	8:22:54.00
13	G. ATCHUTHA RAO, 55004	55004	28/07/63	ANDHRA PRADESH (AP)	8:26.80

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 101 MENS 55-59 5000m Run**FINALS****RESULTS OF FINALS**

1	MITHU SINGH SINGAR, 55117	55117	12/12/65	PUNJAB (PB)	21:09:40.00
2	GURMEET SINGH, 55112	55112	05/11/65	PUNJAB (PB)	21:11.81
3	SUKHBIR SINGH, 55051	55051	20/10/66	HARYANA (HR)	21:45:50.00
4	K.N. TRIPATHI, 55079	55079	20/02/67	MADHYA PRADESH (MP)	21:52.83
5	CHINDER SINGH, 55029	55029	05/03/64	HARYANA (HR)	22:12.76
6	SUBHASH CHANDER, 55050	55050	10/01/67	HARYANA (HR)	23:00.90
7	RANBIR SINGH MALIK, 55046	55046	29/08/66	HARYANA (HR)	23:17.62
8	M. SURYANARAYANA, 55007	55007	01/07/65	ANDHRA PRADESH (AP)	24:07.46
9	MAHENDRA VISHWAKA, 55013	55013	29/09/66	CHHATTISGARH (CG)	24:32.87

Event # 102 MENS 55-59 10000m Run**FINALS****RESULTS OF FINALS**

1	MITHU SINGH SINGAR, 55117	55117	12/12/65	PUNJAB (PB)	46:06.40
2	SUKHBIR SINGH, 55051	55051	20/10/66	HARYANA (HR)	47:03.57
3	M. SURYANARAYANA, 55007	55007	01/07/65	ANDHRA PRADESH (AP)	49:15.02
4	RANBIR SINGH MALIK, 55046	55046	29/08/66	HARYANA (HR)	50:20.83
5	G. ATCHUTHA RAO, 55004	55004	28/07/63	ANDHRA PRADESH (AP)	52:22.99
6	MAHENDRA VISHWAKA, 55013	55013	29/09/66	CHHATTISGARH (CG)	54:46.59
7	DR. LAJYA RAM, 55032	55032	02/04/63	HARYANA (HR)	55:28.80

Event # 103 MENS 55-59 100m Hurdles**FINALS****RESULTS OF FINALS**

1	DR. SATISH KUMAR BHADAURI, 55033	55033	05/05/67	HARYANA (HR)	20.40
2	JASWINDER SINGH, 55114	55114	03/10/64	PUNJAB (PB)	21.45
3	PARKASH CHAND, 55058	55058	15/05/64	HIMACHAL PRADESH (HP)	34.84

Event # 104 MENS 55-59 300m Hurdles**FINALS****RESULTS OF FINALS**

1	DR. SATISH KUMAR BHADAURI, 55033	55033	05/05/67	HARYANA (HR)	57.16
2	BANT SINGH, 55104	55104	06/05/63	PUNJAB (PB)	59.08
3	RAM PAL SHARMA, 55044	55044	15/06/65	HARYANA (HR)	1:03:37.00
4	GURMEET SINGH, 55035	55035	06/04/64	HARYANA (HR)	1:05:02.00
5	G. ATCHUTHA RAO, 55004	55004	28/07/63	ANDHRA PRADESH (AP)	1:27:17.00

Event # 106 MENS 55-59 High Jump**FINALS****RESULTS OF FINALS**

1	LAKWINDER SINGH, 55116	55116	02/03/64	PUNJAB (PB)	1.40m
2	MOHAMMED K, 55066	55066	01/06/67	KERALA (KL)	1.35m
3	B. SAMBASIVA RAO, 55001	55001	09/08/64	ANDHRA PRADESH (AP)	1.20m
4	RAMESH CHAND WALIA, 55059	55059	27/04/63	HIMACHAL PRADESH (HP)	1.20m
5	RAM KUMAR TRIPATHI, 55085	55085	04/11/66	MADHYA PRADESH (MP)	1.15m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 107 MENS 55-59 Pole Vault

FINALS

RESULTS OF FINALS

1	LAKWINDER SINGH, 551	55116	02/03/64	PUNJAB (PB)	3.00m
2	PRITAM DASS, 55121	55121	04/10/63	PUNJAB (PB)	2.10m
3	RANBIR SINGH, 55045	55045	20/05/65	HARYANA (HR)	2.00m
4	C. NARAYANA SWAMY, 5	55002	17/05/65	ANDHRA PRADESH (AP)	1.60m

Event # 108 MENS 55-59 Long Jump

FINALS

RESULTS OF FINALS

1	MOHAMMED K, 55066	55066	01/06/67	KERALA (KL)	4.68m
2	JASWINDER SINGH, 5511	55114	03/10/64	PUNJAB (PB)	4.58m
3	MURALEEDHARAN NK,	55068	02/05/67	KERALA (KL)	4.18m
4	AMAR SINGH, 55025	55025	11/04/64	HARYANA (HR)	4.07m
5	DEVI SINGH, 55031	55031	20/10/66	HARYANA (HR)	3.88m
6	PATEL HARILAL R., 55014	55015	01/07/67	GUJARAT (GJ)	3.85m
7	K. SRINIVASA REDDY, 55	55170	15/01/68	ANDHRA PRADESH (AP)	3.82m
8	L. IBOHAL SINGH, 55094	55094	01/04/64	MANIPUR (MN)	2.89m

Event # 109 MENS 55-59 Triple Jump

FINALS

RESULTS OF FINALS

4	AMAR SINGH, 55025	55025	11/04/64	HARYANA (HR)	8.47m
5	M. SURENDRA, 55006	55006	10/08/65	ANDHRA PRADESH (AP)	8.52m
6	RANBIR SINGH, 55045	55045	20/05/65	HARYANA (HR)	8.67m
7	GURMAIL SINGH, 55111	55111	01/04/66	PUNJAB (PB)	9.59m
8	LAKWINDER SINGH, 551	55116	02/03/64	PUNJAB (PB)	10.22m

Event # 110 MENS 55-59 Discus Throw

FINALS

RESULTS OF FINALS

1	GAMDOOR SINGH, 55109	55109	20/03/67	PUNJAB (PB)	37.08m
2	LAXMAN SHAHI, 55080	55080	30/11/63	MADHYA PRADESH (MP)	32.42m
3	PARAMJIT SINGH, 55119	55119	07/03/67	PUNJAB (PB)	31.85m
4	MALKIAT SINGH, 55039	55039	11/01/68	HARYANA (HR)	31.12m
5	GURBINDER SINGH, 5511	55110	10/02/65	PUNJAB (PB)	29.78m
6	SATYAVIR SINGH, 55047	55047	27/08/65	HARYANA (HR)	28.91m
7	SANJEEV KUMAR, 55164	55164	01/03/66	UTTARAKHAND (UK)	27.42m
8	SUKHMANDER SINGH, 5	55125	06/07/63	PUNJAB (PB)	25.67m
9	RAGHVENDRA SINGH R.	55082	07/08/65	MADHYA PRADESH (MP)	24.94m
10	N SURENDER, 55150	55150	12/06/63	TELANGANA (TS)	24.31m
11	RAM KUMAR TRIPATHI,	55085	04/11/66	MADHYA PRADESH (MP)	23.53m
12	G BALRAJ, 55143	55143	03/08/66	TELANGANA (TS)	20.23m
13	RAJARAM YADAV, 55083	55083	01/07/63	MADHYA PRADESH (MP)	18.73m
14	VIKAS DOGRA, 55052	55052	14/08/64	HARYANA (HR)	18.08m
15	RAMESH CHAND WALIA	55059	27/04/63	HIMACHAL PRADESH (HP)	17.90m
16	RAJPUT MOHAMMEDAS	55016	06/01/66	GUJARAT (GJ)	17.22m
17	D. SUBBA RAO, 55003	55003	15/01/67	ANDHRA PRADESH (AP)	13.79m
18	RAKESH KUMAR YADAV	55084	23/03/67	MADHYA PRADESH (MP)	10.97m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 111 MENS 55-59 Hammer Throw**FINALS****RESULTS OF FINALS**

1	LORANCE TP, 55064	55064	26/02/64	KERALA (KL)	38.32m
2	SURINDER SINGH, 55126	55126	20/12/64	PUNJAB (PB)	34.16m
3	ASHOK KUMAR, 55026	55026	30/01/67	HARYANA (HR)	32.23m
4	RAGHVENDRA SINGH R.	55082	07/08/65	MADHYA PRADESH (MP)	25.35m
5	N SURENDER, 55150	55150	12/06/63	TELANGANA (TS)	20.53m
6	RAJARAM YADAV, 55083	55083	01/07/63	MADHYA PRADESH (MP)	19.43m
7	SUKHMANDER SINGH, 5	55125	06/07/63	PUNJAB (PB)	18.49m
8	B. SAMBASIVA RAO, 550	55001	09/08/64	ANDHRA PRADESH (AP)	15.01m
9	M LAXMAIAH, 55148	55148	09/09/63	TELANGANA (TS)	13.87m
	VACHHANI HITENDRA G	55018	27/10/67	GUJARAT (GJ)	DNS
	SATYAVIR SINGH, 55047	55047	27/08/65	HARYANA (HR)	DNS
	MALKIAT SINGH, 55039	55039	11/01/68	HARYANA (HR)	DNS
	L. IBOHAL SINGH, 55094	55094	01/04/64	MANIPUR (MN)	NM
	M. VENKATESH, 55149	55149	16/04/65	TELANGANA (TS)	NM

Event # 112 MENS 55-59 Javelin Throw**FINALS****RESULTS OF FINALS**

1	RAMESH CHAND WALIA	55059	27/04/63	HIMACHAL PRADESH (HP)	35.28m
2	LAXMAN SHAHI, 55080	55080	30/11/63	MADHYA PRADESH (MP)	34.80m
3	RAJ KUMAR, 55042	55042	17/03/64	HARYANA (HR)	32.90m
4	SANJEEV KUMAR, 55164	55164	01/03/66	UTTARAKHAND (UK)	31.49m
5	G BALRAJ, 55143	55143	03/08/66	TELANGANA (TS)	30.42m
6	PATEL HARILAL R., 5501	55015	01/07/67	GUJARAT (GJ)	25.43m
7	RAVI PRAKASH SAI, 5508	55086	06/08/67	MADHYA PRADESH (MP)	22.86m
8	RAM KUMAR TRIPATHI,	55085	04/11/66	MADHYA PRADESH (MP)	20.53m
9	D. SUBBA RAO, 55003	55003	15/01/67	ANDHRA PRADESH (AP)	19.35m
10	RAKESH KUMAR YADAV	55084	23/03/67	MADHYA PRADESH (MP)	13.64m

Event # 115 MENS 55-59 5000m Race Walk**FINALS****RESULTS OF FINALS**

1	SIKANDAR MAHATO, 550	55061	11/08/67	JHARKHAND	29:43.45
2	K.N. TRIPATHI, 55079	55079	20/02/67	MADHYA PRADESH (MP)	32:22.83
3	KM VARGHEESE, 55063	55063	21/10/64	KERALA (KL)	34:16.73
4	MAHABIR SINGH, 55038	55038	22/11/66	HARYANA (HR)	34:18.00
5	RANBIR SINGH MALIK, 5	55046	29/08/66	HARYANA (HR)	34:58.57
6	BALJIT SINGH, 55010	55010	04/04/67	CHANDIGARH (CH)	36:52.36
7	M. VENKATESH, 55149	55149	16/04/65	TELANGANA (TS)	40:05.93
8	DILIP KUMAR TAMRAK	55012	05/03/67	CHHATTISGARH (CG)	41:42.56
9	RAKESH KUMAR YADAV	55084	23/03/67	MADHYA PRADESH (MP)	42:22.54
10	SADA ANAND, 55171	55171	02/04/63	RAJASTHAN (RJ)	42:55.31

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 116 MENS 60-64 100m Run**FINALS****RESULTS OF FINALS**

1	JEET SINGH, 60108	60108	16/01/58	PUNJAB (PB)	14.01
2	GURMINDER SINGH, 601	60102	30/04/62	PUNJAB (PB)	14.89
3	HARDIAL SINGH, 60103	60103	01/04/61	PUNJAB (PB)	14.91
4	RAVINDER SINGH, 60044	60044	22/02/61	HARYANA (HR)	15.30
5	IQBAL SINGH JASSAR, 60	60105	13/03/59	PUNJAB (PB)	15.33
6	RAJBIR SINGH MALIK, 6	60042	15/07/58	HARYANA (HR)	15.51
7	BIJENDER CHAUHAN, 60	60167	01/07/62	UTTAR PRADESH (UP)	15.66
8	MD. AYUB KHAN, 60073	60073	01/02/60	MANIPUR (MN)	15.71
9	ABDUL RAHMAN, 60140	60140	11/03/60	TELANGANA (TS)	16.04
10	P. PRABHUDAS, 60005	60005	01/01/59	ANDHRA PRADESH (AP)	16.05
11	ARBIND, 60166	60166	18/06/62	UTTAR PRADESH (UP)	16.37
12	KASHMIR SINGH, 60110	60110	15/10/62	PUNJAB (PB)	16.38
13	DHUNDHIYA POPATLAL	60020	06/11/61	GUJARAT (GJ)	16.57
14	RAM KUMAR, 60180	60180	01/07/61	UTTAR PRADESH (UP)	16.58
15	JADEJA ANIRUDDHSINH	60021	30/09/60	GUJARAT (GJ)	17.21
16	M RAJAKOMARAI AH, 60	60153	04/05/59	TELANGANA (TS)	18.66

Event # 117 MENS 60-64 200m Run**FINALS****RESULTS OF FINALS**

1	JEET SINGH, 60108	60108	16/01/58	PUNJAB (PB)	28.50
2	JAGIR SINGH, 60106	60106	01/01/63	PUNJAB (PB)	29.82
3	MANMOHAN SINGH MA	60113	11/03/62	PUNJAB (PB)	29.95
4	GURMINDER SINGH, 601	60102	30/04/62	PUNJAB (PB)	30.73
5	RAVINDER SINGH, 60044	60044	22/02/61	HARYANA (HR)	30.90
6	SATHEESAN VN, 60062	60062	15/04/61	KERALA (KL)	31.57
7	PRAVEEN PUNJ, 60131	60131	03/10/58	RAJASTHAN (RJ)	31.57
8	IQBAL SINGH JASSAR, 60	60105	13/03/59	PUNJAB (PB)	31.58
9	KASHMIR SINGH, 60110	60110	15/10/62	PUNJAB (PB)	32.17
10	P. PRABHUDAS, 60005	60005	01/01/59	ANDHRA PRADESH (AP)	32.37
11	BIJENDER CHAUHAN, 60	60167	01/07/62	UTTAR PRADESH (UP)	32.68
12	ASHOK KUMAR, 60029	60029	03/03/58	HARYANA (HR)	34.00
13	MAHIPAL SINGH, 60129	60129	21/03/62	RAJASTHAN (RJ)	34.51
14	RAJ KUMAR VERMA, 600	60059	20/04/62	HIMACHAL PRADESH (HP)	35.34
15	ABDUL RAHMAN, 60140	60140	11/03/60	TELANGANA (TS)	35.92
16	DHUNDHIYA POPATLAL	60020	06/11/61	GUJARAT (GJ)	36.24
17	JADEJA ANIRUDDHSINH	60021	30/09/60	GUJARAT (GJ)	37.19
18	TADA BABULAL D., 6002	60023	02/08/61	GUJARAT (GJ)	40.25
19	M RAJAKOMARAI AH, 60	60153	04/05/59	TELANGANA (TS)	42.75

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 118 MENS 60-64 400m Run**FINALS****RESULTS OF FINALS**

1	JAI KUMAR, 60037	60037	01/10/62	HARYANA (HR)	1:08.87
2	BIJENDER CHAUHAN, 60016	60167	01/07/62	UTTAR PRADESH (UP)	1:10:57.00
3	SURJIT SINGH PUNIA, 60011	60118	12/03/61	PUNJAB (PB)	1:12:26.00
4	HARVINDER SINGH, 60104	60104	23/09/62	PUNJAB (PB)	1:14.83
5	JADEJA ANIRUDDHSINH, 60021	60021	30/09/60	GUJARAT (GJ)	1:18:55.00
6	PH. TOLNGOU SINGH, 60077	60077	23/05/59	MANIPUR (MN)	1:19.96
7	KAILASH CHANDRA PUNIA, 60176	60176	10/01/59	UTTARAKHAND (UK)	1:19.99
8	SHAMSHER SINGH, 60117	60117	20/10/60	PUNJAB (PB)	1:21.99
9	RAJ KUMAR VERMA, 60059	60059	20/04/62	HIMACHAL PRADESH (HP)	1:23:31.00
10	RAKESH KUMAR DHAKSHINAMURTHY, 60132	60132	13/02/62	RAJASTHAN (RJ)	1:28:24.00
11	CHANDI PD.DANDRIYAL, 60173	60173	03/11/59	UTTARAKHAND (UK)	1:28:59.00
12	MANJEET SINGH, 60130	60130	04/07/59	RAJASTHAN (RJ)	1:34:42.00
13	RAM KUMAR, 60180	60180	01/07/61	UTTAR PRADESH (UP)	1:35:11.00
14	GULAB, 60066	60066	04/10/59	MADHYA PRADESH (MP)	1:37:43.00

Event # 119 MENS 60-64 800m Run**FINALS****RESULTS OF FINALS**

1	VISHNU PANIKA, 60068	60068	03/03/60	MADHYA PRADESH (MP)	2:50:36.00
2	JAI KUMAR, 60037	60037	01/10/62	HARYANA (HR)	2:51:22.00
3	SURJIT SINGH PUNIA, 60011	60118	12/03/61	PUNJAB (PB)	2:52:49.00
4	SURESH CHAND YADAV, 60138	60138	15/11/62	RAJASTHAN (RJ)	3:03.69
5	BOOTA SINGH, 60099	60099	01/12/59	PUNJAB (PB)	3:19:10.00
6	SHAMSHER SINGH, 60117	60117	20/10/60	PUNJAB (PB)	3:20:34.00
7	T. VENKATADRI, 60007	60007	31/12/61	ANDHRA PRADESH (AP)	3:28:39.00
8	K. TULSIDAS, 60148	60148	06/08/61	TELANGANA (TS)	3:33.67
9	JOGINDER SINGH, 60109	60109	18/03/59	PUNJAB (PB)	3:55:42.00

Event # 120 MENS 60-64 1500m Run**FINALS****RESULTS OF FINALS**

1	PAWAN DHANGAR, 60017	60017	14/06/60	CHHATTISGARH (CG)	5:27.85
2	VISHNU PANIKA, 60068	60068	03/03/60	MADHYA PRADESH (MP)	6:01:26.00
3	ASHWANI KUMAR SHARMA, 60057	60057	18/11/58	HIMACHAL PRADESH (HP)	6:06:16.00
4	SATBIR SINGH, 60045	60045	20/01/63	HARYANA (HR)	6:14.91
5	GOKULA NAND PANT, 60175	60175	20/03/59	UTTARAKHAND (UK)	6:41:09.00
6	BOOTA SINGH, 60099	60099	01/12/59	PUNJAB (PB)	6:58.89
7	A VENKATA RAO, 60001	60001	31/12/60	ANDHRA PRADESH (AP)	7:02:11.00
8	VEER BHANU, 60050	60050	07/12/60	HARYANA (HR)	7:15:20.00
9	MARIANUS TIGGA, 60016	60016	04/03/59	CHHATTISGARH (CG)	7:24:44.00
10	RAMESH CHAND, 60060	60060	06/05/60	HIMACHAL PRADESH (HP)	7:25.89
11	AJIT SINGH, 60056	60056	20/08/58	HIMACHAL PRADESH (HP)	7:33.74
12	JOGINDER SINGH, 60109	60109	18/03/59	PUNJAB (PB)	7:54.95

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 121 MENS 60-64 5000m Run**FINALS****RESULTS OF FINALS**

1	PAWAN DHANGAR, 60017	60017	14/06/60	CHHATTISGARH (CG)	20:35.96
2	SATBIR SINGH, 60045	60045	20/01/63	HARYANA (HR)	23:41:24.00
3	ASHOK KUMAR SHARM, 60171	60171	05/01/61	UTTARAKHAND (UK)	24:27.55
4	ASHWANI KUMAR SHAR, 60057	60057	18/11/58	HIMACHAL PRADESH (HP)	25:05.96
5	CH. SATYANARAYANA R, 60143	60143	06/07/60	TELANGANA (TS)	27:08.48
6	A VENKATA RAO, 60001	60001	31/12/60	ANDHRA PRADESH (AP)	27:30.22
7	MARIANUS TIGGA, 60016	60016	04/03/59	CHHATTISGARH (CG)	27:39.75
8	AJIT SINGH, 60056	60056	20/08/58	HIMACHAL PRADESH (HP)	29:19.05
9	GOKULA NAND PANT, 60175	60175	20/03/59	UTTARAKHAND (UK)	30:27.13

Event # 122 MENS 60-64 10000m Run**FINALS****RESULTS OF FINALS**

1	PAWAN DHANGAR, 60017	60017	14/06/60	CHHATTISGARH (CG)	43:02.48
2	SATBIR SINGH, 60045	60045	20/01/63	HARYANA (HR)	48:00.25
3	ASHOK KUMAR SHARM, 60171	60171	05/01/61	UTTARAKHAND (UK)	49:35.34
4	PH. TOLNGOU SINGH, 60077	60077	23/05/59	MANIPUR (MN)	49:37.65
5	CH. SATYANARAYANA R, 60143	60143	06/07/60	TELANGANA (TS)	50:21.90
6	MANINDER SINGH, 60112	60112	12/03/61	PUNJAB (PB)	54:17.97
7	T. VENKATADRI, 60007	60007	31/12/61	ANDHRA PRADESH (AP)	54:58.50
8	A VENKATA RAO, 60001	60001	31/12/60	ANDHRA PRADESH (AP)	55:09.95
9	MARIANUS TIGGA, 60016	60016	04/03/59	CHHATTISGARH (CG)	57:55.84
10	AJIT SINGH, 60056	60056	20/08/58	HIMACHAL PRADESH (HP)	58:15.29
11	GOKULA NAND PANT, 60175	60175	20/03/59	UTTARAKHAND (UK)	59:01.61
12	D C ANANDAM, 60144	60144	16/08/61	TELANGANA (TS)	1:03:30.11

Event # 123 MENS 60-64 100m Hurdles**FINALS****RESULTS OF FINALS**

1	BALBIR SINGH, 60097	60097	07/06/60	PUNJAB (PB)	27.62
2	PH. TOLNGOU SINGH, 60077	60077	23/05/59	MANIPUR (MN)	32.16
3	SK. NAZEER, 60006	60006	14/05/62	ANDHRA PRADESH (AP)	33.34

Event # 124 MENS 60-64 300m Hurdles**FINALS****RESULTS OF FINALS**

1	JAI KUMAR, 60037	60037	01/10/62	HARYANA (HR)	1:02:11.00
2	SATBIR SINGH, 60045	60045	20/01/63	HARYANA (HR)	1:02:22.00
3	SURJIT SINGH PUNIA, 60118	60118	12/03/61	PUNJAB (PB)	1:04:21.00
4	K. TULSIDAS, 60148	60148	06/08/61	TELANGANA (TS)	1:10.86
5	A ASHOK, 60139	60139	06/11/59	TELANGANA (TS)	1:12:08.00
6	SK. NAZEER, 60006	60006	14/05/62	ANDHRA PRADESH (AP)	1:12:09.00
7	CHANDI PD.DANDRIYAL, 60173	60173	03/11/59	UTTARAKHAND (UK)	1:14.98
8	BALBIR SINGH, 60097	60097	07/06/60	PUNJAB (PB)	1:27:24.00

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 126 MENS 60-64 High Jump

FINALS

RESULTS OF FINALS

1	K. SAMBASIVA RAO, 600	60003	12/11/60	ANDHRA PRADESH (AP)	1.25m
2	AMRIK SINGH, 60096	60096	12/01/61	PUNJAB (PB)	1.20m
3	CHANDI PD.DANDRIYAL	60173	03/11/59	UTTARAKHAND (UK)	1.15m
4	JOGINDER SINGH, 60109	60109	18/03/59	PUNJAB (PB)	1.05m

Event # 128 MENS 60-64 Long Jump

FINALS

RESULTS OF FINALS

1	JAGIR SINGH, 60106	60106	01/01/63	PUNJAB (PB)	4.63m
2	MD. AYUB KHAN, 60073	60073	01/02/60	MANIPUR (MN)	4.48m
3	RAJBIR SINGH MALIK, 6	60042	15/07/58	HARYANA (HR)	4.21m
4	HARDIAL SINGH, 60103	60103	01/04/61	PUNJAB (PB)	4.03m
5	PRAVEEN PUNJ, 60131	60131	03/10/58	RAJASTHAN (RJ)	3.96m
6	SUKHBIR SINGH, 60048	60048	01/05/62	HARYANA (HR)	3.86m
7	ANTO PK, 60061	60061	18/02/61	KERALA (KL)	3.70m
8	M GOPAL, 60150	60150	02/07/60	TELANGANA (TS)	3.67m
9	K. SAMBASIVA RAO, 600	60003	12/11/60	ANDHRA PRADESH (AP)	3.67m
10	KAILASH CHANDRA PUT	60176	10/01/59	UTTARAKHAND (UK)	3.62m
11	MAHIPAL SINGH, 60129	60129	21/03/62	RAJASTHAN (RJ)	3.56m
12	INDER SINGH, 60012	60012	02/10/58	CHANDIGARH (CH)	3.51m
13	RAJENDRA SINGH MEHF	60177	18/01/59	UTTARAKHAND (UK)	3.40m
14	ARBIND, 60166	60166	18/06/62	UTTAR PRADESH (UP)	3.24m
15	G. RAMASWAMY, 60002	60002	02/07/60	ANDHRA PRADESH (AP)	3.18m
16	L. MANGI SINGH, 60071	60071	17/04/58	MANIPUR (MN)	3.06m
17	JALAUUR SINGH, 60107	60107	11/02/61	PUNJAB (PB)	3.06m
18	SURESH CHAND YADAV,	60138	15/11/62	RAJASTHAN (RJ)	3.04m
19	DONTHI RAJU, 60146	60146	01/01/63	TELANGANA (TS)	2.72m

Event # 129 MENS 60-64 Triple Jump

FINALS

RESULTS OF FINALS

7	VAGH KESHAV L., 60024	60024	01/10/60	GUJARAT (GJ)	6.86m
8	ANTO PK, 60061	60061	18/02/61	KERALA (KL)	7.37m
9	CHAUHAN PRATAPSIH	60019	01/06/61	GUJARAT (GJ)	7.63m
10	A ASHOK, 60139	60139	06/11/59	TELANGANA (TS)	7.96m
11	AMRIK SINGH, 60096	60096	12/01/61	PUNJAB (PB)	8.59m
12	JAGIR SINGH, 60106	60106	01/01/63	PUNJAB (PB)	9.97m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 130 MENS 60-64 Discus Throw

FINALS

RESULTS OF FINALS

1	PARMINDER SINGH, 6004	60040	03/12/61	HARYANA (HR)	37.52m
2	MD AYUB KHAN, 60072	60072	03/03/60	MANIPUR (MN)	35.60m
3	KULDIP SINGH, 60111	60111	05/04/61	PUNJAB (PB)	34.84m
4	SUKHBIR SINGH, 60047	60047	02/04/59	HARYANA (HR)	32.26m
5	HARBANS CHAUDHARY,	60183	08/07/61	JAMMU & KASHMIR (JK)	31.85m
6	BUTA SINGH SOHI, 60011	60011	01/01/61	CHANDIGARH (CH)	26.46m
7	K. SANKARA RAO, 60004	60004	06/04/59	ANDHRA PRADESH (AP)	25.68m
8	V. VENKATA RAO, 60158	60158	06/01/59	TELANGANA (TS)	24.66m
9	GULSHAN SHARMA, 600	60034	13/04/60	HARYANA (HR)	23.64m
10	JALAUUR SINGH, 60107	60107	11/02/61	PUNJAB (PB)	23.60m
11	V. VIJAYA GIRIDHAR, 600	60009	08/05/61	ANDHRA PRADESH (AP)	23.08m
12	V. NAGESH, 60008	60008	01/12/62	ANDHRA PRADESH (AP)	21.71m
13	GURBACHAN SINGH, 60	60100	12/04/61	PUNJAB (PB)	19.33m
14	ANAND KUMAR JOSHI, 6	60126	08/09/61	RAJASTHAN (RJ)	18.88m
15	NARAYAN SINGH TOMA	60067	04/03/61	MADHYA PRADESH (MP)	18.26m
16	VASOYA ARVINDBHAI S.	60025	16/02/59	GUJARAT (GJ)	16.72m

Event # 131 MENS 60-64 Hammer Throw

FINALS

RESULTS OF FINALS

1	PARMINDER SINGH, 6004	60040	03/12/61	HARYANA (HR)	37.62m
2	LALIT KUMAR, 60039	60039	08/08/61	HARYANA (HR)	30.91m
3	MD AYUB KHAN, 60072	60072	03/03/60	MANIPUR (MN)	29.96m
4	PH. NABACHANDRA SIN	60076	01/03/60	MANIPUR (MN)	27.41m
5	SARKARAN SINGH, 6011	60116	13/12/62	PUNJAB (PB)	23.85m
6	BUTA SINGH SOHI, 60011	60011	01/01/61	CHANDIGARH (CH)	22.57m
7	GURBACHAN SINGH, 60	60100	12/04/61	PUNJAB (PB)	18.68m
8	DONTHI RAJU, 60146	60146	01/01/63	TELANGANA (TS)	18.08m
9	V. NAGESH, 60008	60008	01/12/62	ANDHRA PRADESH (AP)	17.53m
	DR. SHIV KUMAR, 60033	60033	05/12/62	HARYANA (HR)	DNS
	NARAYAN SINGH TOMA	60067	04/03/61	MADHYA PRADESH (MP)	DNS
	RICHPAL SINGH, 60136	60136	12/02/59	RAJASTHAN (RJ)	DNS
	RAJENDRA SINGH MEHF	60177	18/01/59	UTTARAKHAND (UK)	NM

Event # 132 MENS 60-64 Javelin Throw

FINALS

RESULTS OF FINALS

1	SATVIR SINGH, 60046	60046	05/06/61	HARYANA (HR)	41.42m
2	SUKHBIR SINGH, 60048	60048	01/05/62	HARYANA (HR)	37.51m
3	CHAUHAN PRATAPSIKH	60019	01/06/61	GUJARAT (GJ)	34.62m
4	NIRMAL SINGH, 60114	60114	03/03/62	PUNJAB (PB)	30.82m
5	BUTA SINGH SOHI, 60011	60011	01/01/61	CHANDIGARH (CH)	29.44m
6	K. SANKARA RAO, 60004	60004	06/04/59	ANDHRA PRADESH (AP)	28.34m
7	RAJ KUMAR VERMA, 600	60059	20/04/62	HIMACHAL PRADESH (HP)	27.33m
8	O. NIMAI SINGH, 60075	60075	01/02/62	MANIPUR (MN)	26.08m
9	VAGH KESHAV L., 60024	60024	01/10/60	GUJARAT (GJ)	25.17m
10	HARBANS CHAUDHARY,	60183	08/07/61	JAMMU & KASHMIR (JK)	21.10m
11	DONTHI RAJU, 60146	60146	01/01/63	TELANGANA (TS)	20.90m
12	GOJO KURIAN P, 60179	60179	10/01/63	KERALA (KL)	19.70m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 133 MENS 60-64 Shot Put**FINALS****RESULTS OF FINALS**

1	KULDIP SINGH, 60111	60111	05/04/61	PUNJAB (PB)	11.31m
2	BUTA SINGH SOHI, 60011	60011	01/01/61	CHANDIGARH (CH)	10.46m
3	MD AYUB KHAN, 60072	60072	03/03/60	MANIPUR (MN)	10.45m
4	SUKHBIR SINGH, 60047	60047	02/04/59	HARYANA (HR)	9.75m
5	HARBANS CHAUDHARY, 60183	60183	08/07/61	JAMMU & KASHMIR (JK)	9.48m
6	O. NIMAI SINGH, 60075	60075	01/02/62	MANIPUR (MN)	9.26m
6	V. NAGESH, 60008	60008	01/12/62	ANDHRA PRADESH (AP)	9.26m
8	SARKARAN SINGH, 60111	60116	13/12/62	PUNJAB (PB)	8.25m
9	M KRISHNA MURTHY, 60	60152	15/01/58	TELANGANA (TS)	8.21m
10	NARAYAN SINGH TOMA	60067	04/03/61	MADHYA PRADESH (MP)	7.94m
11	K. SANKARA RAO, 60004	60004	06/04/59	ANDHRA PRADESH (AP)	7.32m
12	V. VENKATA RAO, 60158	60158	06/01/59	TELANGANA (TS)	6.59m
13	ANAND KUMAR JOSHI, 60	60126	08/09/61	RAJASTHAN (RJ)	6.40m
14	V. VIJAYA GIRIDHAR, 600	60009	08/05/61	ANDHRA PRADESH (AP)	6.09m
15	DHUNDHIYA POPATLAL	60020	06/11/61	GUJARAT (GJ)	6.03m
16	VASOYA ARVINDBHAI S.	60025	16/02/59	GUJARAT (GJ)	5.74m

Event # 135 MENS 60-64 5000m Race Walk**FINALS****RESULTS OF FINALS**

1	GURDASS SINGH, 60101	60101	12/01/61	PUNJAB (PB)	29:34.83
2	K. DWARAKANATH, 6014	60147	15/05/60	TELANGANA (TS)	29:36.17
3	BALJEET SINGH AHLAW	60030	03/03/61	HARYANA (HR)	31:11.94
4	VEER BHAN, 60050	60050	07/12/60	HARYANA (HR)	31:52.14
5	KAILASH CHANDRA PUT	60176	10/01/59	UTTARAKHAND (UK)	32:58.59
6	MANINDER SINGH, 60111	60112	12/03/61	PUNJAB (PB)	33:15.53
7	ASHOK KUMAR SHARM	60171	05/01/61	UTTARAKHAND (UK)	34:24.04
8	TADA BABULAL D., 6002	60023	02/08/61	GUJARAT (GJ)	36:04.13
9	M RAJAKOMARAIHAH, 60	60153	04/05/59	TELANGANA (TS)	37:04.53
10	MADAN LAL MEENA, 60	60181	01/12/60	RAJASTHAN (RJ)	37:22.32
11	TH. RAJNIKANTA SINGH	60079	01/03/58	MANIPUR (MN)	37:40.00
12	S. SHAMO SINGH, 60078	60078	01/02/62	MANIPUR (MN)	38:57.77
13	GULAB, 60066	60066	04/10/59	MADHYA PRADESH (MP)	39:41.92
14	M GANGADHAR REDDY,	60149	12/03/61	TELANGANA (TS)	40:41.29

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 136 MENS 65-69 100m Run**FINALS****RESULTS OF FINALS**

1	SHAJI S, 65072	65072	01/01/56	KERALA (KL)	14.38
2	MUKHTIAR SINGH DHA	65103	07/06/54	PUNJAB (PB)	15.16
3	BALVINDER SINGH, 6500	65007	20/12/56	CHANDIGARH (CH)	15.54
4	BALIHAR SINGH, 65120	65120	08/07/57	RAJASTHAN (RJ)	16.11
5	SUCHA SINGH BANDI, 65	65110	04/05/54	PUNJAB (PB)	16.45
6	ATMA RAM, 65025	65025	05/11/56	HARYANA (HR)	17.54
7	HARI MOHAN ARYA, 651	65151	28/03/54	UTTARAKHAND (UK)	17.85
8	K ASHOK, 65133	65133	01/07/57	TELANGANA (TS)	18.11
9	K MAHENDER REDDY, 65	65134	05/12/54	TELANGANA (TS)	18.20
10	SATYAWAN SINGH, 6515	65155	18/01/58	UTTARAKHAND (UK)	18.20
11	RAMSUKH NANGAL, 651	65160	03/06/59	RAJASTHAN (RJ)	19.78
12	GOSWAMI ASHOK M., 65	65013	04/03/53	GUJARAT (GJ)	20.09
13	JOGINDER SINGH, 65037	65037	05/05/55	HARYANA (HR)	21.04

Event # 137 MENS 65-69 200m Run**FINALS****RESULTS OF FINALS**

1	SHAJI S, 65072	65072	01/01/56	KERALA (KL)	29.81
2	SATISH CHAND CHAUH	65154	01/11/56	UTTARAKHAND (UK)	30.39
3	GIRDHARI LAL GURJAR,	65121	05/01/57	RAJASTHAN (RJ)	31.34
4	BALVINDER SINGH, 6500	65007	20/12/56	CHANDIGARH (CH)	33.40
5	DHARAM PAL SHARMA,	65031	04/04/56	HARYANA (HR)	35.48
6	K MAHENDER REDDY, 65	65134	05/12/54	TELANGANA (TS)	37.67
7	SATYAWAN SINGH, 6515	65155	18/01/58	UTTARAKHAND (UK)	37.82
8	MD KHAJAMIYA, 65135	65135	01/01/57	TELANGANA (TS)	38.68
9	RAMSUKH NANGAL, 651	65160	03/06/59	RAJASTHAN (RJ)	44.16
10	RAJENDER DUTT SHARN	65059	29/07/54	HIMACHAL PRADESH (HP)	57.00

Event # 138 MENS 65-69 400m Run**FINALS****RESULTS OF FINALS**

1	SATISH CHAND CHAUH	65154	01/11/56	UTTARAKHAND (UK)	1:06.62
2	GIRDHARI LAL GURJAR,	65121	05/01/57	RAJASTHAN (RJ)	1:06.62
3	BALIHAR SINGH, 65120	65120	08/07/57	RAJASTHAN (RJ)	1:14:26.00
4	JAGAT SINGH, 65036	65036	20/07/53	HARYANA (HR)	1:18.65
5	DHARAM PAL SHARMA,	65031	04/04/56	HARYANA (HR)	1:20:52.00
6	JOGINDER SINGH, 65037	65037	05/05/55	HARYANA (HR)	1:22.85
7	AMRIK SINGH, 65005	65005	10/01/54	CHANDIGARH (CH)	1:22.97
8	K ASHOK, 65133	65133	01/07/57	TELANGANA (TS)	1:29:26.00
9	MD KHAJAMIYA, 65135	65135	01/01/57	TELANGANA (TS)	1:31:08.00

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 139 MENS 65-69 800m Run**FINALS****RESULTS OF FINALS**

1	GIRDHARI LAL GURJAR,	65121	05/01/57	RAJASTHAN (RJ)	2:38.68
2	JOGINDER PAL SAROI, 6:	65096	24/04/55	PUNJAB (PB)	2:50.90
3	G. MOHAN REDDY, 65131	65131	16/12/54	TELANGANA (TS)	2:54:36.00
4	PARAMJIT SINGH SANDI	65104	04/02/55	PUNJAB (PB)	2:59:51.00
5	PREM SINGH, 65040	65040	22/09/54	HARYANA (HR)	3:04.95
6	AJIT SINGH, 65023	65023	21/01/57	HARYANA (HR)	3:07.75
7	KEWAL SINGH, 65097	65097	15/06/54	PUNJAB (PB)	3:10:13.00
8	AMRIK SINGH, 65005	65005	10/01/54	CHANDIGARH (CH)	3:25.66
9	DHARAM PAL SHARMA,	65031	04/04/56	HARYANA (HR)	3:29.69
10	MD KHAJAMIYA, 65135	65135	01/01/57	TELANGANA (TS)	3:50.67
11	DHANI RAM YADAV, 650:	65030	30/03/54	HARYANA (HR)	3:56:16.00
12	MOHAN SINGH CHAHAL	65099	17/02/55	PUNJAB (PB)	4:09:25.00
13	BABU LAL, 65026	65026	01/04/53	HARYANA (HR)	5:10:54.00

Event # 140 MENS 65-69 1500m Run**FINALS****RESULTS OF FINALS**

1	JOGINDER PAL SAROI, 6:	65096	24/04/55	PUNJAB (PB)	5:52.68
2	D. DEMULLU, 65001	65001	14/08/56	ANDHRA PRADESH (AP)	5:55:26.00
3	G. MOHAN REDDY, 65131	65131	16/12/54	TELANGANA (TS)	5:55:32.00
4	PREM SINGH, 65040	65040	22/09/54	HARYANA (HR)	6:25.92
5	MOHINDER SINGH, 6510	65101	17/02/56	PUNJAB (PB)	6:53.70
6	BINDER SINGH, 65029	65029	02/02/57	HARYANA (HR)	6:58.61
7	SUNIL KUMAR JOSHI, 65	65161	15/12/57	DELHI (DL)	7:25.65
8	AMRIK SINGH, 65005	65005	10/01/54	CHANDIGARH (CH)	7:27:18.00
9	BHARAT SINGH NEGI, 65	65149	15/12/56	UTTARAKHAND (UK)	7:30.88
10	KURIAKOSE T J, 65069	65069	07/10/57	KERALA (KL)	7:40.93
11	SATPAL SINGH RANA, 65	65109	02/06/56	PUNJAB (PB)	8:00.76
12	DHANI RAM YADAV, 650:	65030	30/03/54	HARYANA (HR)	8:21:07.00
13	MOHAN SINGH CHAHAL	65099	17/02/55	PUNJAB (PB)	8:45.65
14	BHAGAT RAM, 65028	65028	07/04/57	HARYANA (HR)	9:00:05.00
15	BABU LAL, 65026	65026	01/04/53	HARYANA (HR)	10:46:22.00

Event # 141 MENS 65-69 5000m Run**FINALS****RESULTS OF FINALS**

1	D. DEMULLU, 65001	65001	14/08/56	ANDHRA PRADESH (AP)	21:37:01.00
2	JOGINDER PAL SAROI, 6:	65096	24/04/55	PUNJAB (PB)	23:12:57.00
3	MOHINDER SINGH, 6510	65101	17/02/56	PUNJAB (PB)	26:45.02
4	SUNIL KUMAR JOSHI, 65	65161	15/12/57	DELHI (DL)	28:45.89
5	BHARAT SINGH NEGI, 65	65149	15/12/56	UTTARAKHAND (UK)	29:24.07
6	BHAGAT RAM, 65028	65028	07/04/57	HARYANA (HR)	31:01.20

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 142 MENS 65-69 1000m Run**FINALS****RESULTS OF FINALS**

1	LACHHMAN SINGH, 65038	65038	20/09/56	HARYANA (HR)	43:26.44
2	D. DEMULLU, 65001	65001	14/08/56	ANDHRA PRADESH (AP)	43:26.45
3	PARAMJIT SINGH SANDI	65104	04/02/55	PUNJAB (PB)	47:32.81
4	MOHINDER SINGH, 6510	65101	17/02/56	PUNJAB (PB)	53:43.48
5	CAPT TILAK RAJ, 65061	65061	11/07/57	JAMMU & KASHMIR (JK)	1:01:51.41
6	DHANI RAM YADAV, 65030	65030	30/03/54	HARYANA (HR)	1:02:38.84

Event # 144 MENS 65-69 100m Hurdles**FINALS****RESULTS OF FINALS**

1	JASDEV SINGH, 65095	65095	01/08/56	PUNJAB (PB)	21.14
2	MUKHTIAR SINGH DHA	65103	07/06/54	PUNJAB (PB)	21.30
3	JAGAT SINGH, 65036	65036	20/07/53	HARYANA (HR)	21.82
4	GURDIP SINGH, 65162	65162		HARYANA (HR)	23.14
5	RANVIR SINGH, 65044	65044	12/06/54	HARYANA (HR)	26.70
6	N. NABACHANDRA SINC	65078	01/01/57	MANIPUR (MN)	39.94

Event # 145 MENS 65-69 300m Hurdles**FINALS****RESULTS OF FINALS**

1	JASDEV SINGH, 65095	65095	01/08/56	PUNJAB (PB)	54.00
2	SATISH CHAND CHAUH	65154	01/11/56	UTTARAKHAND (UK)	54.33
3	JAGAT SINGH, 65036	65036	20/07/53	HARYANA (HR)	59.35
4	GURDIP SINGH, 65162	65162		HARYANA (HR)	59.79
5	AMAR SINGH, 65055	65055	20/12/57	HIMACHAL PRADESH (HP)	1:08:52.00
6	SUSHIL KUMAR DOGRA	65113	15/02/56	PUNJAB (PB)	1:09.79

Event # 146 MENS 65-69 High Jump**FINALS****RESULTS OF FINALS**

1	MALKIT SINGH, 65098	65098	14/02/53	PUNJAB (PB)	1.35m
2	RANVIR SINGH, 65044	65044	12/06/54	HARYANA (HR)	1.23m
3	HEERA SINGH NEGI, 651	65152	02/02/57	UTTARAKHAND (UK)	1.18m
4	SUBHASH CHANDER, 65	65048	30/01/55	HARYANA (HR)	1.15m
5	PIARA SINGH, 65105	65105	11/04/56	PUNJAB (PB)	1.10m
5	SUSHIL KUMAR DOGRA	65113	15/02/56	PUNJAB (PB)	1.10m
5	TAPAS KUMAR DE, 65157	65157	05/01/54	WEST BENGAL (WB)	1.10m
8	G RAJABADRI, 65130	65130	01/03/53	TELANGANA (TS)	1.05m
9	RANDHIR SINGH, 65043	65043	06/06/54	HARYANA (HR)	1.05m
10	NACHHATAR SINGH, 650	65008	09/12/54	CHANDIGARH (CH)	1.05m

Event # 147 MENS 65-69 Pole Vault**FINALS****RESULTS OF FINALS**

1	RAJINDER KUMAR, 6504	65042	16/06/55	HARYANA (HR)	2.02m
2	RANDHIR SINGH, 65043	65043	06/06/54	HARYANA (HR)	1.50m
3	MODHAVADIYA JETHA P	65017	01/12/53	GUJARAT (GJ)	1.20m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 148 MENS 65-69 Long Jump**FINALS****RESULTS OF FINALS**

1	SHAJI S, 65072	65072	01/01/56	KERALA (KL)	4.36m
2	MALKIT SINGH, 65098	65098	14/02/53	PUNJAB (PB)	4.21m
3	BALVINDER SINGH, 65007	65007	20/12/56	CHANDIGARH (CH)	3.91m
4	PIARA SINGH, 65105	65105	11/04/56	PUNJAB (PB)	3.83m
5	SUBHASH CHANDER, 65048	65048	30/01/55	HARYANA (HR)	3.81m
6	BALIHAR SINGH, 65120	65120	08/07/57	RAJASTHAN (RJ)	3.74m
7	AMAR SINGH, 65055	65055	20/12/57	HIMACHAL PRADESH (HP)	3.62m
8	ATMA RAM, 65025	65025	05/11/56	HARYANA (HR)	3.57m
9	SASHIDHARAN C, 65071	65071	11/11/57	KERALA (KL)	3.36m
10	HARCHARAN SINGH, 65032	65032	18/11/55	HARYANA (HR)	3.20m
11	N. NABACHANDRA SINGH, 65078	65078	01/01/57	MANIPUR (MN)	2.94m
12	GOSWAMI ASHOK M., 65013	65013	04/03/53	GUJARAT (GJ)	2.93m
13	CHIRTOPHER, 65129	65129	26/06/53	TELANGANA (TS)	2.44m

Event # 150 MENS 65-69 Discus Throw**FINALS****RESULTS OF FINALS**

1	ASHWANI KUMAR, 65024	65024	13/10/57	HARYANA (HR)	37.37m
2	RAJINDER KUMAR, 65042	65042	16/06/55	HARYANA (HR)	33.73m
3	BALDEV SINGH, 65027	65027	05/10/56	HARYANA (HR)	30.90m
4	MOHAN SINGH GILL, 65100	65100	01/04/54	PUNJAB (PB)	26.66m
5	JAIMAL SINGH NEGI, 65153	65153	12/04/56	UTTARAKHAND (UK)	26.26m
6	RANDHIR SINGH, 65043	65043	06/06/54	HARYANA (HR)	25.71m
7	RAJBIR SINGH, 65041	65041	23/03/55	HARYANA (HR)	23.76m
8	SUMER SINGH, 65159	65159	03/11/58	RAJASTHAN (RJ)	23.24m
9	ABRAHAM K JOHN, 65067	65067	01/10/55	KERALA (KL)	22.15m
10	POOJARA KIRITBHAI RAJENDRANATH REDDY, 65018	65018	04/03/55	GUJARAT (GJ)	21.84m
11	P NARENDRANATH REDDY, 65137	65137	08/04/54	TELANGANA (TS)	21.49m
12	JHAVERI VINAY N., 65014	65014	28/03/55	GUJARAT (GJ)	21.12m
13	HEERA SINGH NEGI, 65152	65152	02/02/57	UTTARAKHAND (UK)	20.56m
14	KURIAKOSE T J, 65069	65069	07/10/57	KERALA (KL)	18.65m
15	AMRIK SINGH, 65091	65091	31/03/53	PUNJAB (PB)	17.90m
16	RAGHAVA RAM, 65138	65138	15/10/56	TELANGANA (TS)	17.20m
17	RAJENDER DUTT SHARMA, 65059	65059	29/07/54	HIMACHAL PRADESH (HP)	14.47m
18	JOSHI MAHESHBHAI K., 65015	65015	02/01/56	GUJARAT (GJ)	10.50m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 151 MENS 65-69 Hammer Throw**FINALS****RESULTS OF FINALS**

1	HARJINDER SINGH, 6503	65033	23/04/55	HARYANA (HR)	30.53m
2	INDER SINGH, 65034	65034	13/06/53	HARYANA (HR)	27.06m
3	PARAMJIT SINGH, 65009	65009	04/06/56	CHANDIGARH (CH)	26.21m
4	MOHAN SINGH GILL, 651	65100	01/04/54	PUNJAB (PB)	23.15m
5	L. GYANESHOR SINGH, 65077	65077	01/02/57	MANIPUR (MN)	20.93m
6	KURIAKOSE T J, 65069	65069	07/10/57	KERALA (KL)	19.19m
7	RAGHAVA RAM, 65138	65138	15/10/56	TELANGANA (TS)	16.59m
8	MODHAVADIYA JETHA P	65017	01/12/53	GUJARAT (GJ)	12.36m
	HARBANS CHAUDHARY	60183	08/07/61	JAMMU & KASHMIR (JK)	DNS
	MOHINDER SINGH GILL	65102	07/06/53	PUNJAB (PB)	DNS
	P NARENDRANATH RED	65137	08/04/54	TELANGANA (TS)	NM
	ASHOK KUMAR, 65060	65060	10/02/55	JAMMU & KASHMIR (JK)	DNS
	ATTAR SINGH CHANDEL	65056	04/03/53	HIMACHAL PRADESH (HP)	DNS
	JAIMAL SINGH NEGI, 651	65153	12/04/56	UTTARAKHAND (UK)	DNS
	K.N. UPADHYAYA, 65146	65146	01/07/57	UTTAR PRADESH (UP)	DNS
	GURU SEVAK SINGH, 651	65122	09/08/54	RAJASTHAN (RJ)	DNS

Event # 152 MENS 65-69 Javelin Throw**FINALS****RESULTS OF FINALS**

1	SHAMSHER SINGH, 6504	65046	10/04/54	HARYANA (HR)	33.05m
2	RAJINDER KUMAR, 6504	65042	16/06/55	HARYANA (HR)	33.03m
3	ASHWANI KUMAR, 65024	65024	13/10/57	HARYANA (HR)	31.70m
4	ABRAHAM K JOHN, 6506	65067	01/10/55	KERALA (KL)	29.33m
5	L. GYANESHOR SINGH, 65077	65077	01/02/57	MANIPUR (MN)	28.02m
6	BINDER SINGH, 65029	65029	02/02/57	HARYANA (HR)	24.60m
7	PIARA SINGH, 65010	65010	12/05/55	CHANDIGARH (CH)	23.06m
8	HEERA SINGH NEGI, 651	65152	02/02/57	UTTARAKHAND (UK)	23.05m
9	TEJA SINGH, 65114	65114	07/10/56	PUNJAB (PB)	22.90m
10	G RAJABADRI, 65130	65130	01/03/53	TELANGANA (TS)	21.94m
11	JAIMAL SINGH NEGI, 651	65153	12/04/56	UTTARAKHAND (UK)	21.52m
12	JHAVERI VINAY N., 65014	65014	28/03/55	GUJARAT (GJ)	19.94m
13	AMRIK SINGH, 65091	65091	31/03/53	PUNJAB (PB)	15.90m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 153 MENS 65-69 Shot Put**FINALS****RESULTS OF FINALS**

17	RAJBIR SINGH, 65041	65041	23/03/55	HARYANA (HR)	5.72m
18	PN RAJASEKHARAN, 650	65070	25/02/57	KERALA (KL)	6.12m
18	AJIT SINGH, 65023	65023	21/01/57	HARYANA (HR)	6.12m
20	SATPAL SINGH RANA, 65	65109	02/06/56	PUNJAB (PB)	6.25m
21	POOJARA KIRITBHAI RA	65018	04/03/55	GUJARAT (GJ)	6.26m
22	SATYAWAN SINGH, 6515	65155	18/01/58	UTTARAKHAND (UK)	6.59m
23	P NARENDRANATH RED	65137	08/04/54	TELANGANA (TS)	6.80m
24	JHAVERI VINAY N., 6501	65014	28/03/55	GUJARAT (GJ)	7.20m
25	L. GYANESHOR SINGH, 6	65077	01/02/57	MANIPUR (MN)	7.59m
26	BINDER SINGH, 65029	65029	02/02/57	HARYANA (HR)	8.65m
27	ABRAHAM K JOHN, 6506	65067	01/10/55	KERALA (KL)	9.01m
28	JAIMAL SINGH NEGI, 651	65153	12/04/56	UTTARAKHAND (UK)	9.20m
29	BALDEV SINGH, 65027	65027	05/10/56	HARYANA (HR)	9.59m
30	INDER SINGH, 65034	65034	13/06/53	HARYANA (HR)	9.65m
31	ASHWANI KUMAR, 6502	65024	13/10/57	HARYANA (HR)	9.77m
32	SHYAM SINGH, 65047	65047	04/05/57	HARYANA (HR)	11.80m

Event # 155 MENS 65-69 5000m Race Walk**FINALS****RESULTS OF FINALS**

1	GURDIP SINGH, 65162	65162		HARYANA (HR)	33:50.61
2	SATHAIAH, 65139	65139	01/01/58	TELANGANA (TS)	34:43.74
3	BHARAT SINGH NEGI, 65	65149	15/12/56	UTTARAKHAND (UK)	35:05.67
4	GAMBHIR SINGH PANW	65150	01/11/57	UTTARAKHAND (UK)	36:20.46
5	SUMER SINGH, 65159	65159	03/11/58	RAJASTHAN (RJ)	36:43.41
6	SUNIL KUMAR JOSHI, 65	65161	15/12/57	DELHI (DL)	36:56.04
7	BHAGAT RAM, 65028	65028	07/04/57	HARYANA (HR)	37:13.87
8	TARSEM LAL, 65064	65064	23/01/54	JAMMU & KASHMIR (JK)	37:35.00
9	T KOMURIAH, 65140	65140	01/02/53	TELANGANA (TS)	38:16.72
10	BABU LAL, 65026	65026	01/04/53	HARYANA (HR)	39:04.43
11	MAYAVANSHI PARSOTTA	65016	05/01/54	GUJARAT (GJ)	39:43.58
12	JAMBUSARIA HASMUKI	65158	07/01/58	GUJARAT (GJ)	41:09.81
13	INDERJIT SINGH, 65094	65094	20/08/54	PUNJAB (PB)	42:46.99

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 156 MENS 70-74 100m Run**FINALS****RESULTS OF FINALS**

1	TH. LETPU KOM, 70049	70049	01/04/52	MANIPUR (MN)	14.69
2	RAVIKUMAR K, 70037	70037	28/05/52	KERALA (KL)	14.77
3	SURINDERPAL SHARMA	70070	16/05/51	PUNJAB (PB)	14.82
4	RAM KISHAN SHARMA,	70027	05/05/50	HARYANA (HR)	15.13
5	M.R.P. BABU, 70088	70088	15/07/49	TELANGANA (TS)	16.52
6	DHARAM PAL, 70019	70019	01/01/49	HARYANA (HR)	17.27
7	MOHAN SINGH RAI, 7006	70062	21/02/52	PUNJAB (PB)	17.51
8	G KAILASAM, 70087	70087	20/06/52	TELANGANA (TS)	17.70
9	BHAWAR PAL SINGH, 700	70017	14/01/51	HARYANA (HR)	18.07
10	SARDAR SONI, 70044	70044	31/12/50	MADHYA PRADESH (MP)	18.73
11	RAMLAL SHARMA, 7008	70080	24/05/52	RAJASTHAN (RJ)	19.00
12	HARBHAJAN SINGH, 700	70059	20/05/49	PUNJAB (PB)	19.16
13	CHANDRAN K, 70036	70036	30/12/52	KERALA (KL)	19.97
14	DINESH PHANSALKAR, 7	70008	04/07/48	CHHATTISGARH (CG)	20.01
15	SOHAN SINGH, 70030	70030	11/09/49	HARYANA (HR)	23.32
16	COL CHANDER PARKASI	70018	26/12/48	HARYANA (HR)	24.23

Event # 157 MENS 70-74 200m Run**FINALS****RESULTS OF FINALS**

1	RAVIKUMAR K, 70037	70037	28/05/52	KERALA (KL)	30.04
2	TH. LETPU KOM, 70049	70049	01/04/52	MANIPUR (MN)	31.05
3	M.R.P. BABU, 70088	70088	15/07/49	TELANGANA (TS)	35.06
4	RISHABH KUMAR JAIN,	70043	13/10/51	MADHYA PRADESH (MP)	35.56
5	HARBHAJAN SINGH, 700	70059	20/05/49	PUNJAB (PB)	35.92
6	LAL SINGH, 70025	70025	01/01/49	HARYANA (HR)	37.36
7	BHAWAR PAL SINGH, 700	70017	14/01/51	HARYANA (HR)	38.88
8	RAMLAL SHARMA, 7008	70080	24/05/52	RAJASTHAN (RJ)	39.49
9	G KAILASAM, 70087	70087	20/06/52	TELANGANA (TS)	41.58
10	SOHAN SINGH, 70030	70030	11/09/49	HARYANA (HR)	46.90
11	HARIHAR SAHANI, 7009	70098	01/01/53	CHANDIGARH (CH)	50.00

Event # 158 MENS 70-74 400m Run**FINALS****RESULTS OF FINALS**

1	CH NAGAI AH, 70085	70085	01/08/52	TELANGANA (TS)	1:17:58.00
2	RISHABH KUMAR JAIN,	70043	13/10/51	MADHYA PRADESH (MP)	1:21.71
3	HARBHAJAN SINGH, 700	70059	20/05/49	PUNJAB (PB)	1:25.82
4	AMRIK SINGH SHAHI, 70	70056	11/02/52	PUNJAB (PB)	1:32.75
5	SARDAR SONI, 70044	70044	31/12/50	MADHYA PRADESH (MP)	1:36.92
6	SOHAN SINGH, 70030	70030	11/09/49	HARYANA (HR)	1:51.90

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 159 MENS 70-74 800m Run**FINALS****RESULTS OF FINALS**

1	SUKHDEV SINGH, 70068	70068	15/02/50	PUNJAB (PB)	3:29:56.00
2	RISHABH KUMAR JAIN, 70043	70043	13/10/51	MADHYA PRADESH (MP)	3:34.74
3	AMRIK SINGH SHAHI, 70056	70056	11/02/52	PUNJAB (PB)	3:40:04.00
4	SURINDER KUMAR, 70069	70069	12/12/49	PUNJAB (PB)	3:43.91
5	GURDIAL SINGH, 70022	70022	03/06/51	HARYANA (HR)	3:50:55.00
6	LAL SINGH, 70025	70025	01/01/49	HARYANA (HR)	3:59.92
7	PATEL ISHAVAR T., 70011	70011	09/01/52	GUJARAT (GJ)	4:14:58.00

Event # 160 MENS 70-74 1500m Run**FINALS****RESULTS OF FINALS**

1	MD. NAJIMUDDIN, 70046	70046	04/02/53	MANIPUR (MN)	6:00:50.00
2	RAM SAROOP, 70028	70028	01/01/49	HARYANA (HR)	6:02:20.00
3	AMAR SINGH, 70055	70055	05/10/52	PUNJAB (PB)	6:08.83
4	OM PRAKASH, 70033	70033	07/06/50	HIMACHAL PRADESH (HP)	7:24.87
5	MAHINDER SINGH, 70061	70061	05/10/49	PUNJAB (PB)	7:48.60
6	AMRIK SINGH SHAHI, 70056	70056	11/02/52	PUNJAB (PB)	7:51:58.00
7	SURINDER KUMAR, 70069	70069	12/12/49	PUNJAB (PB)	7:54.70
8	PRITAM SINGH, 70097	70097	28/12/52	CHANDIGARH (CH)	8:02:05.00
9	SHINGARA SINGH, 70067	70067	10/05/50	PUNJAB (PB)	8:05:54.00
10	BALKAR SINGH, 70016	70016	05/02/51	HARYANA (HR)	8:12:54.00

Event # 161 MENS 70-74 5000m Run**FINALS****RESULTS OF FINALS**

1	RAM SAROOP, 70028	70028	01/01/49	HARYANA (HR)	22:14.90
2	AMAR SINGH, 70055	70055	05/10/52	PUNJAB (PB)	22:27.90
3	MD. NAJIMUDDIN, 70046	70046	04/02/53	MANIPUR (MN)	23:24.97
4	OM PRAKASH, 70033	70033	07/06/50	HIMACHAL PRADESH (HP)	28:07.77
5	MAHINDER SINGH, 70061	70061	05/10/49	PUNJAB (PB)	28:48.28
6	SHILPI SHARAD G., 70012	70012	09/03/52	GUJARAT (GJ)	32:39.56
7	MS KHAN, 70063	70063	15/01/50	PUNJAB (PB)	32:59.65
8	HARIHAR SAHANI, 70098	70098	01/01/53	CHANDIGARH (CH)	34:38.57
9	PATEL ISHAVAR T., 70011	70011	09/01/52	GUJARAT (GJ)	34:38.86

Event # 162 MENS 70-74 10000m Run**FINALS****RESULTS OF FINALS**

1	RAM SAROOP, 70028	70028	01/01/49	HARYANA (HR)	46:36.00
2	AMAR SINGH, 70055	70055	05/10/52	PUNJAB (PB)	46:50.75
3	MD. NAJIMUDDIN, 70046	70046	04/02/53	MANIPUR (MN)	47:41.75
4	DHARAM PAL, 70020	70020	01/10/52	HARYANA (HR)	48:57.91
5	SUKHDEV SINGH, 70068	70068	15/02/50	PUNJAB (PB)	51:42.62
6	OM PRAKASH, 70033	70033	07/06/50	HIMACHAL PRADESH (HP)	55:55.24
7	MS KHAN, 70063	70063	15/01/50	PUNJAB (PB)	1:06:29.53
8	SHILPI SHARAD G., 70012	70012	09/03/52	GUJARAT (GJ)	1:10:02.25

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 163 MENS 70-74 80m Hurdles

FINALS

RESULTS OF FINALS

1	TH. LETPU KOM, 70049	70049	01/04/52	MANIPUR (MN)	15.96
2	A. AJOYKUMAR, 70045	70045	11/01/52	MANIPUR (MN)	18.06
3	CH NAGALIAH, 70085	70085	01/08/52	TELANGANA (TS)	19.00
4	MAHABIR SINGH, 70026	70026	01/01/53	HARYANA (HR)	19.41
5	ISHWAR SINGH, 70023	70023	01/01/50	HARYANA (HR)	27.40
6	SADHU SINGH, 70065	70065	07/01/50	PUNJAB (PB)	33.88

Event # 164 MENS 70-74 300m Hurdles

FINALS

RESULTS OF FINALS

1	CH NAGALIAH, 70085	70085	01/08/52	TELANGANA (TS)	1:02:45.00
2	A. AJOYKUMAR, 70045	70045	11/01/52	MANIPUR (MN)	1:05:42.00
3	MAHABIR SINGH, 70026	70026	01/01/53	HARYANA (HR)	1:22:06.00
4	SADHU SINGH, 70065	70065	07/01/50	PUNJAB (PB)	1:41:21.00

Event # 166 MENS 70-74 High Jump

FINALS

RESULTS OF FINALS

1	SHAM SINGH, 70066	70066	10/02/48	PUNJAB (PB)	1.10m
2	N PURUSHOTHAM, 70089	70089	16/01/51	TELANGANA (TS)	1.05m
3	B RADHAKRISHNA, 70083	70083	03/06/50	TELANGANA (TS)	1.00m
4	SURINDERPAL SHARMA, 70070	70070	16/05/51	PUNJAB (PB)	1.00m
5	D DASHARATHAM, 70086	70086	01/01/53	TELANGANA (TS)	1.00m

Event # 167 MENS 70-74 Pole Vault

FINALS

RESULTS OF FINALS

1	N.S.G. THAKUR, 70042	70042	20/05/52	MADHYA PRADESH (MP)	1.35m
2	SHAM SINGH, 70066	70066	10/02/48	PUNJAB (PB)	1.30m
3	MOHAN SINGH RAI, 70062	70062	21/02/52	PUNJAB (PB)	1.00m

Event # 168 MENS 70-74 Long Jump

FINALS

RESULTS OF FINALS

1	RAM KISHAN SHARMA, 70027	70027	05/05/50	HARYANA (HR)	4.14m
2	SURINDERPAL SHARMA, 70070	70070	16/05/51	PUNJAB (PB)	3.99m
3	G KAILASAM, 70087	70087	20/06/52	TELANGANA (TS)	3.52m
4	ISHWAR SINGH, 70023	70023	01/01/50	HARYANA (HR)	3.52m
5	DHARAM PAL, 70019	70019	01/01/49	HARYANA (HR)	3.43m
6	NG. BRAJAMANI MEETE, 70047	70047	01/11/51	MANIPUR (MN)	3.37m
7	MOHAN SINGH RAI, 70062	70062	21/02/52	PUNJAB (PB)	3.04m
8	N PURUSHOTHAM, 70089	70089	16/01/51	TELANGANA (TS)	2.70m
9	NARAYAN SINGH, 70079	70079	04/06/52	RAJASTHAN (RJ)	2.30m
10	B.C. YADAV, 70040	70040	29/03/48	MADHYA PRADESH (MP)	1.96m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 169 MENS 70-74 Triple Jump

FINALS

RESULTS OF FINALS

1	DHARAM PAL, 70019	70019	01/01/49	HARYANA (HR)	7.44m
2	RESHAM SINGH, 70029	70029	01/05/50	HARYANA (HR)	6.59m
3	ISHWAR SINGH, 70023	70023	01/01/50	HARYANA (HR)	6.22m
4	GURDIAL SINGH, 70022	70022	03/06/51	HARYANA (HR)	5.57m

Event # 170 MENS 70-74 Discus Throw

FINALS

RESULTS OF FINALS

1	RAJWINDER SINGH, 70064	70064	08/09/52	PUNJAB (PB)	27.60m
2	S. NOREN SINGH, 70048	70048	28/02/52	MANIPUR (MN)	25.96m
3	KULVINDER SINGH, 70004	70004	28/10/50	CHANDIGARH (CH)	25.80m
4	YESURATNAM, 70092	70092	11/07/52	TELANGANA (TS)	24.60m
5	P BALAIAH, 70090	70090	05/07/51	TELANGANA (TS)	23.66m
6	LACHHMAN DASS SHAR	70005	27/12/50	CHANDIGARH (CH)	18.90m
6	RESHAM SINGH, 70029	70029	01/05/50	HARYANA (HR)	18.90m
8	BALWINDER SINGH NEH	70057	02/04/49	PUNJAB (PB)	18.36m
9	VASAN NAGJIBHAI U., 70013	70013	20/12/52	GUJARAT (GJ)	14.30m

Event # 171 MENS 70-74 Hammer Throw

FINALS

RESULTS OF FINALS

1	KOTADIYA JAGDISHCHA	70009	22/11/50	GUJARAT (GJ)	37.61m
2	YESURATNAM, 70092	70092	11/07/52	TELANGANA (TS)	26.46m
3	ZALA MAHIPATSINH, 70014	70014	07/06/52	GUJARAT (GJ)	25.62m
4	S. NOREN SINGH, 70048	70048	28/02/52	MANIPUR (MN)	23.52m
5	P BALAIAH, 70090	70090	05/07/51	TELANGANA (TS)	20.04m
6	LACHHMAN DASS SHAR	70005	27/12/50	CHANDIGARH (CH)	15.08m
	BALWINDER SINGH NEH	70057	02/04/49	PUNJAB (PB)	DNS
	RAJWINDER SINGH, 70064	70064	08/09/52	PUNJAB (PB)	DNS
	VIRANDERPAL SINGH, 70082	70082	23/10/50	RAJASTHAN (RJ)	DNS
	B SHANKAR, 70084	70084	14/04/51	TELANGANA (TS)	DNS

Event # 172 MENS 70-74 Javelin Throw

FINALS

RESULTS OF FINALS

1	ZALA MAHIPATSINH, 70014	70014	07/06/52	GUJARAT (GJ)	29.73m
2	KOTADIYA JAGDISHCHA	70009	22/11/50	GUJARAT (GJ)	29.17m
3	COL CHANDER PARKASI	70018	26/12/48	HARYANA (HR)	26.15m
4	P BALAIAH, 70090	70090	05/07/51	TELANGANA (TS)	17.49m
5	B.C. YADAV, 70040	70040	29/03/48	MADHYA PRADESH (MP)	16.34m
6	RESHAM SINGH, 70029	70029	01/05/50	HARYANA (HR)	14.23m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 173 MENS 70-74 Shot Put**FINALS****RESULTS OF FINALS**

1	RAJWINDER SINGH, 7006	70064	08/09/52	PUNJAB (PB)	10.33m
2	KOTADIYA JAGDISHCHA	70009	22/11/50	GUJARAT (GJ)	10.25m
3	YESURATNAM, 70092	70092	11/07/52	TELANGANA (TS)	9.87m
4	GURMAIL SINGH, 70058	70058	08/04/50	PUNJAB (PB)	9.14m
5	LACHHMAN DASS SHAR	70005	27/12/50	CHANDIGARH (CH)	8.86m
6	S. NOREN SINGH, 70048	70048	28/02/52	MANIPUR (MN)	8.69m
7	NG. BRAJAMANI MEETE	70047	01/11/51	MANIPUR (MN)	7.17m

Event # 175 MENS 70-74 5000m Race Walk**FINALS****RESULTS OF FINALS**

1	JAI SINGH MALIK, 70024	70024	06/06/49	HARYANA (HR)	33:51.50
2	HARPAL SINGH, 70003	70003	15/03/51	CHANDIGARH (CH)	33:55.51
3	MAHINDER SINGH, 7006	70061	05/10/49	PUNJAB (PB)	34:43.47
4	SURINDER KUMAR, 7006	70069	12/12/49	PUNJAB (PB)	35:59.90
5	MS KHAN, 70063	70063	15/01/50	PUNJAB (PB)	38:19.58
6	PRITAM SINGH, 70097	70097	28/12/52	CHANDIGARH (CH)	38:25.56
7	VASAN NAGJIBHAI U., 70	70013	20/12/52	GUJARAT (GJ)	38:30.39
8	HARIHAR SAHANI, 70098	70098	01/01/53	CHANDIGARH (CH)	40:11.40
9	SURINDER PAUL SINGH,	70006	01/04/50	CHANDIGARH (CH)	41:38.65
10	BALWINDER SINGH NEH	70057	02/04/49	PUNJAB (PB)	42:31.41
11	NG. BRAJAMANI MEETE	70047	01/11/51	MANIPUR (MN)	42:58.88
12	DINESH PHANSALKAR, 7	70008	04/07/48	CHHATTISGARH (CG)	43:57.73

Event # 176 MENS 75-79 100m Run**FINALS****RESULTS OF FINALS**

1	BAHADUR SINGH BAL, 7	75032	24/02/47	PUNJAB (PB)	16.41
2	BAL SINGH VIRK, 75033	75033	01/01/48	PUNJAB (PB)	16.44
3	SAWAT RAM, 75013	75013	01/01/45	HARYANA (HR)	17.37
4	SHADI RAM, 75014	75014	01/01/47	HARYANA (HR)	17.71
5	K C SHARMA, 75068	75068	08/03/48	RAJASTHAN (RJ)	19.00
6	WAZIR CHAND GOYAL, 7	75017	20/02/45	HARYANA (HR)	19.58
7	N. MOHORI SINGH, 75024	75024	01/03/45	MANIPUR (MN)	22.57
8	MOHAN LAL, 75019	75019	06/01/44	HIMACHAL PRADESH (HP)	22.97
9	K. RAMAKRISHNA REDDI	75002	01/02/47	ANDHRA PRADESH (AP)	25.11
10	K. L. PRASAD REDDY, 75	75056	05/11/45	TELANGANA (TS)	28.13

Event # 177 MENS 75-79 200m Run**FINALS****RESULTS OF FINALS**

1	BAL SINGH VIRK, 75033	75033	01/01/48	PUNJAB (PB)	33.63
2	SHADI RAM, 75014	75014	01/01/47	HARYANA (HR)	36.08
3	SAWAT RAM, 75013	75013	01/01/45	HARYANA (HR)	37.03
4	MOHINDER SINGH, 7503	75038	01/04/47	PUNJAB (PB)	38.64
5	K C SHARMA, 75068	75068	08/03/48	RAJASTHAN (RJ)	41.29
6	MOHAN LAL, 75019	75019	06/01/44	HIMACHAL PRADESH (HP)	53.20
7	N. MOHORI SINGH, 75024	75024	01/03/45	MANIPUR (MN)	53.44

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 178 MENS 75-79 400m Run**FINALS****RESULTS OF FINALS**

1	TEJ PAL SINGH, 75015	75015	18/12/44	HARYANA (HR)	1:33:24.00
2	MOHINDER SINGH, 75038	75038	01/04/47	PUNJAB (PB)	1:38.72
3	MUKHTYAR SINGH, 75040	75040	02/12/46	PUNJAB (PB)	1:51.76
4	N. MOHORI SINGH, 75024	75024	01/03/45	MANIPUR (MN)	2:09.71

Event # 179 MENS 75-79 800m Run**FINALS****RESULTS OF FINALS**

1	ASHOK KUMAR GUPTA, 75050	75050	28/01/45	RAJASTHAN (RJ)	3:40.71
2	UDAY SINGH, 75016	75016	01/01/46	HARYANA (HR)	3:42:39.00
3	JOGINDER SINGH, 75006	75006	01/01/45	HARYANA (HR)	3:52.71
4	MUKHTYAR SINGH, 75040	75040	02/12/46	PUNJAB (PB)	4:37:14.00

Event # 180 MENS 75-79 1500m Run**FINALS****RESULTS OF FINALS**

1	UDAY SINGH, 75016	75016	01/01/46	HARYANA (HR)	8:13:46.00
2	JOGINDER SINGH, 75006	75006	01/01/45	HARYANA (HR)	9:09:32.00
3	SURINDER KUMAR, 75047	75047	23/09/44	PUNJAB (PB)	9:16:27.00
4	MUKHTYAR SINGH, 75040	75040	02/12/46	PUNJAB (PB)	9:41.66
5	JARNAIL SINGH, 75036	75036	27/01/47	PUNJAB (PB)	9:47:30.00

Event # 181 MENS 75-79 5000m Run**FINALS****RESULTS OF FINALS**

1	UDAY SINGH, 75016	75016	01/01/46	HARYANA (HR)	31:34.33
2	JOGINDER SINGH, 75006	75006	01/01/45	HARYANA (HR)	31:38.53
3	SURINDER KUMAR, 75047	75047	23/09/44	PUNJAB (PB)	32:07.69

Event # 183 MENS 75-79 80m Hurdles**FINALS****RESULTS OF FINALS**

1	JAGIR SINGH, 75035	75035	14/10/47	PUNJAB (PB)	19.45
2	SHADI RAM, 75014	75014	01/01/47	HARYANA (HR)	25.14
3	L. ITO SINGH, 75023	75023	17/10/46	MANIPUR (MN)	25.64
4	ASHOK KUMAR GUPTA, 75050	75050	28/01/45	RAJASTHAN (RJ)	27.77
5	K. RAMAKRISHNA REDDI, 75002	75002	01/02/47	ANDHRA PRADESH (AP)	30.81
6	TEJ PAL SINGH, 75015	75015	18/12/44	HARYANA (HR)	31.13
7	OM PARKASH, 75010	75010	19/05/47	HARYANA (HR)	35.36

Event # 185 MENS 75-79 High Jump**FINALS****RESULTS OF FINALS**

1	GURUPRATAP SINGH, 75053	75053	15/08/45	RAJASTHAN (RJ)	1.00m
2	B S OHOLAN, 75070	75070	10/12/48	RAJASTHAN (RJ)	1.00m
3	CHHATARPAL SINGH, 75005	75005	10/04/46	HARYANA (HR)	1.00m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 186 MENS 75-79 Pole Vault

FINALS

RESULTS OF FINALS

1	B S OHOLAN, 75070	75070	10/12/48	RAJASTHAN (RJ)	1.30m
---	-------------------	-------	----------	----------------	-------

Event # 187 MENS 75-79 Long Jump

FINALS

RESULTS OF FINALS

1	BAL SINGH VIRK, 75033	75033	01/01/48	PUNJAB (PB)	3.91m
2	SAWAT RAM, 75013	75013	01/01/45	HARYANA (HR)	3.10m
3	L. ITO SINGH, 75023	75023	17/10/46	MANIPUR (MN)	3.04m
4	K C SHARMA, 75068	75068	08/03/48	RAJASTHAN (RJ)	3.04m
5	OM PARKASH, 75010	75010	19/05/47	HARYANA (HR)	2.99m
6	H. BIRAMANI SINGH, 75022	75022	01/01/45	MANIPUR (MN)	2.93m
7	PRITAM SINGH, 75043	75043	11/11/47	PUNJAB (PB)	2.11m

Event # 188 MENS 75-79 Triple Jump

FINALS

RESULTS OF FINALS

1	OM PARKASH, 75010	75010	19/05/47	HARYANA (HR)	5.76m
2	L. ITO SINGH, 75023	75023	17/10/46	MANIPUR (MN)	5.40m
3	H. BIRAMANI SINGH, 75022	75022	01/01/45	MANIPUR (MN)	4.07m

Event # 189 MENS 75-79 Discus Throw

FINALS

RESULTS OF FINALS

6	GURUPRATAP SINGH, 75053	75053	15/08/45	RAJASTHAN (RJ)	13.12m
7	V. VENKATESWARA RAO, 75067	75067	01/01/49	ANDHRA PRADESH (AP)	16.57m
7	C. MALLA REDDY, 75055	75055	24/07/47	TELANGANA (TS)	16.57m
9	PARMANAND MALIK, 75011	75011	15/04/46	HARYANA (HR)	17.50m
10	M VISHWANATHAM, 75057	75057	27/10/47	TELANGANA (TS)	18.15m
11	LAL CHAND GODARA, 75007	75007	09/12/44	HARYANA (HR)	18.42m
12	SUKHDEV SINGH, 75046	75046	02/08/44	PUNJAB (PB)	18.45m
13	P. RAMASWAMY, 75061	75061	08/11/43	TELANGANA (TS)	22.00m
14	MULTAN SINGH, 75009	75009	15/01/48	HARYANA (HR)	23.18m
15	RAJINDER SINGH SANDI, 75044	75044	27/05/44	PUNJAB (PB)	23.45m
16	RATTAN CHAND, 75045	75045	04/02/45	PUNJAB (PB)	24.00m
17	TH. YAISKUL SINGH, 75026	75026	01/02/45	MANIPUR (MN)	27.45m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 190 MENS 75-79 Hammer Throw

FINALS

RESULTS OF FINALS

1	MULTAN SINGH, 75009	75009	15/01/48	HARYANA (HR)	27.99m
2	SUKHDEV SINGH, 75046	75046	02/08/44	PUNJAB (PB)	22.41m
3	RATTAN CHAND, 75045	75045	04/02/45	PUNJAB (PB)	21.72m
4	LAL CHAND GODARA, 75007	75007	09/12/44	HARYANA (HR)	19.99m
5	S. KHOIBI SINGH, 75025	75025	01/03/43	MANIPUR (MN)	19.23m
6	M VISHWANATHAM, 75057	75057	27/10/47	TELANGANA (TS)	18.81m
7	P. RAMASWAMY, 75061	75061	08/11/43	TELANGANA (TS)	17.38m
8	PARMANAND MALIK, 75011	75011	15/04/46	HARYANA (HR)	17.33m
9	C. MALLA REDDY, 75055	75055	24/07/47	TELANGANA (TS)	15.45m
	IQBAL SINGH, 75004	75004	04/05/46	CHANDIGARH (CH)	NM
	M. RAVI KUMAR, 75003	75003	14/03/47	ANDHRA PRADESH (AP)	DNS

Event # 191 MENS 75-79 Javelin Throw

FINALS

RESULTS OF FINALS

1	TH. YAISKUL SINGH, 75026	75026	01/02/45	MANIPUR (MN)	30.22m
2	PARMANAND MALIK, 75011	75011	15/04/46	HARYANA (HR)	26.17m
3	M VISHWANATHAM, 75057	75057	27/10/47	TELANGANA (TS)	22.11m
4	S. KHOIBI SINGH, 75025	75025	01/03/43	MANIPUR (MN)	21.93m
5	RAJINDER SINGH SANDI, 75044	75044	27/05/44	PUNJAB (PB)	17.62m
6	B S OHOLAN, 75070	75070	10/12/48	RAJASTHAN (RJ)	15.18m
7	CHHATARPAL SINGH, 75005	75005	10/04/46	HARYANA (HR)	13.13m

Event # 192 MENS 75-79 Shot Put

FINALS

RESULTS OF FINALS

1	TH. YAISKUL SINGH, 75026	75026	01/02/45	MANIPUR (MN)	9.77m
2	BEGHRAJ SHARMA, 75051	75051	01/01/48	RAJASTHAN (RJ)	8.86m
3	RATTAN CHAND, 75045	75045	04/02/45	PUNJAB (PB)	8.55m
4	MULTAN SINGH, 75009	75009	15/01/48	HARYANA (HR)	8.24m
5	P. RAMASWAMY, 75061	75061	08/11/43	TELANGANA (TS)	7.73m
6	S. KHOIBI SINGH, 75025	75025	01/03/43	MANIPUR (MN)	7.37m
7	SUKHDEV SINGH, 75046	75046	02/08/44	PUNJAB (PB)	7.24m
8	LAL CHAND GODARA, 75007	75007	09/12/44	HARYANA (HR)	7.05m
9	C. MALLA REDDY, 75055	75055	24/07/47	TELANGANA (TS)	5.76m

Event # 194 MENS 75-79 5000m Race Walk

FINALS

RESULTS OF FINALS

1	SURINDER KUMAR, 75047	75047	23/09/44	PUNJAB (PB)	35:50.48
2	TEJ PAL SINGH, 75015	75015	18/12/44	HARYANA (HR)	37:06.98
3	RAJINDER SINGH SANDI, 75044	75044	27/05/44	PUNJAB (PB)	37:10.53
4	PHOOL CHAND, 75012	75012	03/06/44	HARYANA (HR)	38:14.24
5	BEGHRAJ SHARMA, 75051	75051	01/01/48	RAJASTHAN (RJ)	40:03.21
6	V. VENKATESWARA RAO, 75067	75067	01/01/49	ANDHRA PRADESH (AP)	41:11.99

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 195 MENS 80-84 100m Run

FINALS

RESULTS OF FINALS

1	SUBHASH, 80009	80009	01/11/39	HARYANA (HR)	18.04
2	HARI SINGH, 80006	80006	25/06/42	HARYANA (HR)	18.36
3	DR. J.P. TIWARI, 80016	80016	07/08/41	MADHYA PRADESH (MP)	21.51
4	MD. AMAMUDDIN, 80019	80019	01/01/42	MANIPUR (MN)	21.72
5	P RAJESHWAR RAO, 80036	80036	01/01/43	TELANGANA (TS)	24.36
6	NAIB SINGH, 80008	80008	18/03/41	HARYANA (HR)	26.47
7	M. GANESH, 80039	80039	17/01/43	TELANGANA (TS)	39.73

Event # 196 MENS 80-84 200m Run

FINALS

RESULTS OF FINALS

1	SUBHASH, 80009	80009	01/11/39	HARYANA (HR)	38.00
2	HARI SINGH, 80006	80006	25/06/42	HARYANA (HR)	40.54
3	RICHPAL SINGH, 80033	80033	20/06/42	RAJASTHAN (RJ)	47.59
4	P RAJESHWAR RAO, 80036	80036	01/01/43	TELANGANA (TS)	1:22.69
5	M. GANESH, 80039	80039	17/01/43	TELANGANA (TS)	1:33.77

Event # 197 MENS 80-84 400m Run

FINALS

RESULTS OF FINALS

1	SUBHASH, 80009	80009	01/11/39	HARYANA (HR)	1:28.63
2	SUKHBIR SINGH SANGW	80010	01/12/43	HARYANA (HR)	1:33:39.00
3	SHANKAR LAL TAMBOL	80001	09/01/41	CHHATTISGARH (CG)	2:42:17.00
4	M. GANESH, 80039	80039	17/01/43	TELANGANA (TS)	3:44:18.00

Event # 198 MENS 80-84 800m Run

FINALS

RESULTS OF FINALS

1	SUKHBIR SINGH SANGW	80010	01/12/43	HARYANA (HR)	3:46.75
2	LAL CHAND, 80007	80007	05/06/42	HARYANA (HR)	3:44:56.00
3	UMED SINGH, 80011	80011	12/12/38	HARYANA (HR)	6:22:34.00
4	SHANKAR LAL TAMBOL	80001	09/01/41	CHHATTISGARH (CG)	6:45.89

Event # 199 MENS 80-84 1500m Run

FINALS

RESULTS OF FINALS

1	LAL CHAND, 80007	80007	05/06/42	HARYANA (HR)	9:16:25.00
2	NAIB SINGH, 80008	80008	18/03/41	HARYANA (HR)	9:41.66
3	SHANKAR LAL TAMBOL	80001	09/01/41	CHHATTISGARH (CG)	11:19:45.00
4	80+ MEN 80M HURDLES,	80015	15/06/42	MADHYA PRADESH (MP)	12:11:28.00

Event # 203 MENS 80-84 High Jump

FINALS

RESULTS OF FINALS

1	GURDIAL SINGH, 80025	80025	04/12/41	PUNJAB (PB)	1.00m
---	----------------------	-------	----------	-------------	-------

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 205 MENS 80-84 Long Jump

FINALS

RESULTS OF FINALS

1	GURDIAL SINGH, 80025	80025	04/12/41	PUNJAB (PB)	3.03m
2	RICHPAL SINGH, 80033	80033	20/06/42	RAJASTHAN (RJ)	2.62m
3	KH. IBOCHA MEITEI, 80017	80017	18/03/40	MANIPUR (MN)	2.56m
4	MD. AMAMUDDIN, 80019	80019	01/01/42	MANIPUR (MN)	2.55m
5	JAGDISH PRASAD, 85014	85014	01/01/38	RAJASTHAN (RJ)	2.20m
6	NAIB SINGH, 80008	80008	18/03/41	HARYANA (HR)	1.70m

Event # 207 MENS 80-84 Discus Throw

FINALS

RESULTS OF FINALS

4	KANHAIYA LAL, 80040	80040	20/02/40	RAJASTHAN (RJ)	7.10m
5	JADEJA REVTUBHA J., 80002	80002	05/03/39	GUJARAT (GJ)	12.70m
6	UMED SINGH, 80011	80011	12/12/38	HARYANA (HR)	14.40m
7	JANGIR SINGH AUJLA, 80026	80026	13/01/39	PUNJAB (PB)	15.22m
8	KSH. BIREN SINGH, 80018	80018	18/01/43	MANIPUR (MN)	19.28m
9	MD. AMAMUDDIN, 80019	80019	01/01/42	MANIPUR (MN)	21.47m
10	SWARAN SINGH, 80029	80029	01/01/43	PUNJAB (PB)	21.60m

Event # 208 MENS 80-84 Hammer Throw

FINALS

RESULTS OF FINALS

1	KSH. BIREN SINGH, 80018	80018	18/01/43	MANIPUR (MN)	26.35m
2	MAGHAR SINGH, 80027	80027	15/12/41	PUNJAB (PB)	20.28m
3	JANGIR SINGH AUJLA, 80026	80026	13/01/39	PUNJAB (PB)	18.75m
4	JADEJA REVTUBHA J., 80002	80002	05/03/39	GUJARAT (GJ)	16.35m
5	MD. AMAMUDDIN, 80019	80019	01/01/42	MANIPUR (MN)	13.14m
	B SAMUEL, 80035	80035	18/04/40	TELANGANA (TS)	DNS

Event # 209 MENS 80-84 Javelin Throw

FINALS

RESULTS OF FINALS

1	KSH. BIREN SINGH, 80018	80018	18/01/43	MANIPUR (MN)	21.63m
2	SWARAN SINGH, 80029	80029	01/01/43	PUNJAB (PB)	20.96m
3	CHAND SINGH AHLAWA, 80005	80005	09/01/40	HARYANA (HR)	16.93m
4	PARMAR MASARIBHAI, 80003	80003	01/06/39	GUJARAT (GJ)	13.88m
5	P RAJESHWAR RAO, 80036	80036	01/01/43	TELANGANA (TS)	10.58m
6	MOHAN SINGH SAKHAL, 80032	80032	03/05/38	RAJASTHAN (RJ)	6.51m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 210 MENS 80-84 Shot Put

FINALS

RESULTS OF FINALS

1	CHAND SINGH AHLAWA	80005	09/01/40	HARYANA (HR)	9.28m
2	SWARAN SINGH, 80029	80029	01/01/43	PUNJAB (PB)	8.90m
3	PARMAR MASARIBHAI K	80003	01/06/39	GUJARAT (GJ)	7.48m
4	KH. IBOCHA MEITEI, 800	80017	18/03/40	MANIPUR (MN)	7.46m
5	JANGIR SINGH AUJLA, 80	80026	13/01/39	PUNJAB (PB)	7.08m
6	UMED SINGH, 80011	80011	12/12/38	HARYANA (HR)	6.43m
7	JADEJA REVUBHA J., 80	80002	05/03/39	GUJARAT (GJ)	5.73m

Event # 212 MENS 80-84 5000m Race Walk

FINALS

RESULTS OF FINALS

1	SUKHBIR SINGH SANGW	80010	01/12/43	HARYANA (HR)	36:56.82
2	RICHPAL SINGH, 80033	80033	20/06/42	RAJASTHAN (RJ)	39:51.53
3	KANIYALAL SUTHAR, 80	80031	15/06/42	RAJASTHAN (RJ)	41:16.08
4	MAGHAR SINGH, 80027	80027	15/12/41	PUNJAB (PB)	42:06.44

Event # 213 MENS 85-89 100m Run

FINALS

RESULTS OF FINALS

1	CHHAJU RAM, 85013	85013	07/01/38	PUNJAB (PB)	18.37
2	NICHHATAR SINGH, 8500	85009	17/07/36	PUNJAB (PB)	19.77

Event # 214 MENS 85-89 200m Run

FINALS

RESULTS OF FINALS

1	CHHAJU RAM, 85013	85013	07/01/38	PUNJAB (PB)	42.45
2	DHARAM CHAND, 85002	85002	01/12/36	HARYANA (HR)	42.52
3	JAGDISH PRASAD, 85014	85014	01/01/38	RAJASTHAN (RJ)	59.89

Event # 215 MENS 85-89 400m Run

FINALS

RESULTS OF FINALS

1	DHARAM CHAND, 85002	85002	01/12/36	HARYANA (HR)	2:01:19.00
---	---------------------	-------	----------	--------------	------------

Event # 217 MENS 85-89 1500m Run

FINALS

RESULTS OF FINALS

1	DHARAM CHAND, 85002	85002	01/12/36	HARYANA (HR)	13:19.63
---	---------------------	-------	----------	--------------	----------

Event # 221 MENS 85-89 Long Jump

FINALS

RESULTS OF FINALS

1	K. IBOHAL SINGH, 85003	85003	04/04/34	MANIPUR (MN)	2.97m
---	------------------------	-------	----------	--------------	-------

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 222 MENS 85-89 Triple Jump

FINALS

RESULTS OF FINALS

1	JAGDISH PRASAD, 85014	85014	01/01/38	RAJASTHAN (RJ)	4.89m
---	-----------------------	-------	----------	----------------	-------

Event # 223 MENS 85-89 Discus Throw

FINALS

RESULTS OF FINALS

1	S KISTAIAH, 85012	85012	03/03/35	TELANGANA (TS)	13.20m
2	KANWAR MANZER, 8501	85011	25/08/37	RAJASTHAN (RJ)	7.58m
3	MOHAN SINGH SHANKH	85015		RAJASTHAN (RJ)	7.28m

Event # 224 MENS 85-89 Hammer Throw

FINALS

RESULTS OF FINALS

1	S KISTAIAH, 85012	85012	03/03/35	TELANGANA (TS)	8.80m
	BALDEV SINGH BOLA, 8	85006	07/05/37	PUNJAB (PB)	DNS

Event # 225 MENS 85-89 Javelin Throw

FINALS

RESULTS OF FINALS

1	KANWAR MANZER, 8501	85011	25/08/37	RAJASTHAN (RJ)	7.42m
---	---------------------	-------	----------	----------------	-------

Event # 226 MENS 85-89 Shot Put

FINALS

RESULTS OF FINALS

1	S KISTAIAH, 85012	85012	03/03/35	TELANGANA (TS)	6.16m
2	KANWAR MANZER, 8501	85011	25/08/37	RAJASTHAN (RJ)	4.26m
	BALDEV SINGH BOLA, 8	85006	07/05/37	PUNJAB (PB)	DNS

Event # 228 MENS 85-89 5000m Race Walk

FINALS

RESULTS OF FINALS

1	NICHHATAR SINGH, 8500	85009	17/07/36	PUNJAB (PB)	40:35.68
---	-----------------------	-------	----------	-------------	----------

Event # 233 MENS 90-94 1500m Run

FINALS

RESULTS OF FINALS

	HORI LAL, 90001	90001	16/03/32	HARYANA (HR)	DNS
--	-----------------	-------	----------	--------------	-----

Event # 246 MENS 90-94 5000m Race Walk

FINALS

RESULTS OF FINALS

1	KIRPAL SINGH, 90002	90002	24/06/31	PUNJAB (PB)	44:45.54
---	---------------------	-------	----------	-------------	----------

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 247 MENS 95-99 100m Run

FINALS

RESULTS OF FINALS

1	BHAW SINGH CHAUHAN	95001	01/10/27	UTTARAKHAND (UK)	1:52.72
---	--------------------	-------	----------	------------------	---------

Event # 281 WOMENS 35-39 100m Run

FINALS

RESULTS OF FINALS

1	KOKANI RANJANBEN K.	35053	24/03/85	GUJARAT (GJ)	15.63
2	BABY SALINI E, 35111	35111	08/03/84	KERALA (KL)	16.64
3	SUDESH KUMARI, 35093	35093	20/07/84	HARYANA (HR)	17.47
4	POONAM RANI, 35089	35089	20/12/84	HARYANA (HR)	18.28
5	K. SAKILA DEVI, 35121	35121	02/10/87	MANIPUR (MN)	18.98
6	ISHWARDEEP KAUR, 351	35141	29/11/85	PUNJAB (PB)	20.03
7	T. IBEMCHA DEVI, 35126	35126	01/02/85	MANIPUR (MN)	20.09
8	NISHA DEVI, 35088	35088	08/05/85	HARYANA (HR)	20.18
9	GURMANJIT SOHI, 35140	35140	26/03/87	PUNJAB (PB)	21.28
10	SOLANKI ALKA M., 35056	35056	19/07/87	GUJARAT (GJ)	21.46
11	YASHODA KOKATE, 3511	35115	10/03/83	MADHYA PRADESH (MP)	21.71

Event # 282 WOMENS 35-39 200m Run

FINALS

RESULTS OF FINALS

1	KOKANI RANJANBEN K.	35053	24/03/85	GUJARAT (GJ)	32.04
2	MAINA KUMARI, 35145	35145	01/01/84	RAJASTHAN (RJ)	35.89
3	SUDESH KUMARI, 35093	35093	20/07/84	HARYANA (HR)	36.89
4	PINKY SAMAD, 35104	35104	21/01/85	JHARKHAND	37.01
5	SARABJEET KAUR, 35143	35143	03/09/84	PUNJAB (PB)	41.25
6	U. CHITRA DEVI, 35127	35127	01/02/84	MANIPUR (MN)	46.58
7	MEENU PASI, 35176	35176	17/06/87	UTTAR PRADESH (UP)	1:34:13.00

Event # 283 WOMENS 35-39 400m Run

FINALS

RESULTS OF FINALS

1	MAINA KUMARI, 35145	35145	01/01/84	RAJASTHAN (RJ)	1:30:07.00
2	K. SAKILA DEVI, 35121	35121	02/10/87	MANIPUR (MN)	1:33.61
3	SHOBHA MARDI, 35106	35106	07/05/87	JHARKHAND	1:38.62
4	T. IBEMCHA DEVI, 35126	35126	01/02/85	MANIPUR (MN)	1:45.73

Event # 284 WOMENS 35-39 800m Run

FINALS

RESULTS OF FINALS

1	U. CHITRA DEVI, 35127	35127	01/02/84	MANIPUR (MN)	3:59.65
---	-----------------------	-------	----------	--------------	---------

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 285 WOMENS 35-39 1500m Run

FINALS

RESULTS OF FINALS

1	MAMTA DEVI, 35087	35087	12/06/84	HARYANA (HR)	7:06:10.00
2	K. SAKILA DEVI, 35121	35121	02/10/87	MANIPUR (MN)	7:33.63
3	T. IBEMCHA DEVI, 35126	35126	01/02/85	MANIPUR (MN)	8:30.73
4	RAJKALA, 35034	35034	02/01/84	CHANDIGARH (CH)	9:06:38.00

Event # 286 WOMENS 35-39 5000m Run

FINALS

RESULTS OF FINALS

1	MAMTA DEVI, 35087	35087	12/06/84	HARYANA (HR)	27:10.03
---	-------------------	-------	----------	--------------	----------

Event # 288 WOMENS 35-39 100m Hurdles

FINALS

RESULTS OF FINALS

1	MOUNIKA SASTRY, 35028	35028	29/04/87	ANDHRA PRADESH (AP)	32.02
---	-----------------------	-------	----------	---------------------	-------

Event # 291 WOMENS 35-39 High Jump

FINALS

RESULTS OF FINALS

1	REENA DEVI, 35090	35090	07/08/86	HARYANA (HR)	1.45m
2	T. MANJULA, 35165	35165	10/01/84	TELANGANA (TS)	1.10m
3	MOUNIKA SASTRY, 35028	35028	29/04/87	ANDHRA PRADESH (AP)	1.00m
4	ISHWARDEEP KAUR, 35141	35141	29/11/85	PUNJAB (PB)	1.00m

Event # 293 WOMENS 35-39 Long Jump

FINALS

RESULTS OF FINALS

1	KOKANI RANJANBEN K.	35053	24/03/85	GUJARAT (GJ)	3.93m
2	BABY SALINI E, 35111	35111	08/03/84	KERALA (KL)	3.51m
3	T. MANJULA, 35165	35165	10/01/84	TELANGANA (TS)	3.48m
4	SUDESH KUMARI, 35093	35093	20/07/84	HARYANA (HR)	3.39m
5	PATEL SHITAL R., 35055	35055	24/08/83	GUJARAT (GJ)	2.95m
6	SOLANKI ALKA M., 35056	35056	19/07/87	GUJARAT (GJ)	2.75m

Event # 294 WOMENS 35-39 Triple Jump

FINALS

RESULTS OF FINALS

1	BABY SALINI E, 35111	35111	08/03/84	KERALA (KL)	7.57m
2	T. MANJULA, 35165	35165	10/01/84	TELANGANA (TS)	7.44m
3	RENU, 35091	35091	10/09/83	HARYANA (HR)	7.13m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 295 WOMENS 35-39 Discus Throw

FINALS

RESULTS OF FINALS

1	JASWINDER KAUR, 3514	35142	26/08/86	PUNJAB (PB)	24.67m
2	MANASAPATHI, 35162	35162	17/07/87	TELANGANA (TS)	22.67m
3	RENU, 35091	35091	10/09/83	HARYANA (HR)	20.83m
4	SARABJEET KAUR, 3514	35143	03/09/84	PUNJAB (PB)	19.92m
5	RAJKALA, 35034	35034	02/01/84	CHANDIGARH (CH)	17.82m
6	GULSHAN, 35099	35099	15/08/86	JAMMU & KASHMIR (JK)	16.58m
7	S. CHANCHAN DEVI, 351	35123	15/02/86	MANIPUR (MN)	15.67m
8	BODA NIRULATTA G., 35	35051	05/05/84	GUJARAT (GJ)	15.41m
9	LAXMI DEVI, 35086	35086	05/03/87	HARYANA (HR)	14.12m
10	S. ICHAN DEVI, 35124	35124	17/02/83	MANIPUR (MN)	12.88m

Event # 296 WOMENS 35-39 Hammer Throw

FINALS

RESULTS OF FINALS

1	MANASAPATHI, 35162	35162	17/07/87	TELANGANA (TS)	21.57m
2	MAMTA DEVI, 35087	35087	12/06/84	HARYANA (HR)	20.86m
3	SALINI SANTHAN, 35112	35112	01/01/88	KERALA (KL)	17.96m
4	BODA NIRULATTA G., 35	35051	05/05/84	GUJARAT (GJ)	15.06m
5	S. CHANCHAN DEVI, 351	35123	15/02/86	MANIPUR (MN)	14.82m
6	S. ICHAN DEVI, 35124	35124	17/02/83	MANIPUR (MN)	8.92m
	SWETA MAHATO, 35107	35107	09/07/87	JHARKHAND	DNS

Event # 297 WOMENS 35-39 Javelin Throw

FINALS

RESULTS OF FINALS

1	SALINI SANTHAN, 35112	35112	01/01/88	KERALA (KL)	23.22m
2	PATEL SHITAL R., 35055	35055	24/08/83	GUJARAT (GJ)	16.86m
3	MANASAPATHI, 35162	35162	17/07/87	TELANGANA (TS)	15.44m
4	SARABJEET KAUR, 3514	35143	03/09/84	PUNJAB (PB)	15.35m
5	GULSHAN, 35099	35099	15/08/86	JAMMU & KASHMIR (JK)	15.13m
6	LAXMI DEVI, 35086	35086	05/03/87	HARYANA (HR)	12.75m
7	N. BASANTI DEVI, 35122	35122	17/02/85	MANIPUR (MN)	11.85m
8	NISHA DEVI, 35088	35088	08/05/85	HARYANA (HR)	11.72m
9	MANJU BALA, 35033	35033	11/11/84	CHANDIGARH (CH)	9.17m
10	SOLANKI ALKA M., 3505	35056	19/07/87	GUJARAT (GJ)	8.51m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 298 WOMENS 35-39 Shot Put**FINALS****RESULTS OF FINALS**

7	KANWALJEET KAUR, 350	35032	16/04/85	CHANDIGARH (CH)	5.00m
8	PATEL SHITAL R., 35055	35055	24/08/83	GUJARAT (GJ)	5.54m
9	YASHODA KOKATE, 3511	35115	10/03/83	MADHYA PRADESH (MP)	6.48m
10	SWETA MAHATO, 35107	35107	09/07/87	JHARKHAND	7.01m
11	S. CHANCHAN DEVI, 351	35123	15/02/86	MANIPUR (MN)	7.19m
11	MAINA KUMARI, 35145	35145	01/01/84	RAJASTHAN (RJ)	7.19m
13	GULSHAN, 35099	35099	15/08/86	JAMMU & KASHMIR (JK)	7.52m
14	SALINI SANTHAN, 35112	35112	01/01/88	KERALA (KL)	7.56m
15	BODA NIRULATTA G., 350	35051	05/05/84	GUJARAT (GJ)	7.64m
16	NISHA DEVI, 35088	35088	08/05/85	HARYANA (HR)	8.04m
17	POONAM RANI, 35089	35089	20/12/84	HARYANA (HR)	8.20m
18	JASWINDER KAUR, 3514	35142	26/08/86	PUNJAB (PB)	8.58m
19	RENU, 35091	35091	10/09/83	HARYANA (HR)	8.69m

Event # 300 WOMENS 35-39 5000m Race Walk**FINALS****RESULTS OF FINALS**

1	ROSHNI, 35092	35092	01/01/87	HARYANA (HR)	36:50.86
2	GURMANJIT SOHI, 35140	35140	26/03/87	PUNJAB (PB)	41:10.35
3	RAJKALA, 35034	35034	02/01/84	CHANDIGARH (CH)	42:01.40
4	YASHODA KOKATE, 3511	35115	10/03/83	MADHYA PRADESH (MP)	42:26.95
5	MANJU BALA, 35033	35033	11/11/84	CHANDIGARH (CH)	43:35.38
6	N. BASANTI DEVI, 35122	35122	17/02/85	MANIPUR (MN)	43:55.00
7	KANWALJEET KAUR, 350	35032	16/04/85	CHANDIGARH (CH)	44:48.65

Event # 301 WOMENS 40-44 100m Run**FINALS****RESULTS OF FINALS**

1	REETA RANI, 40074	40074	15/02/82	HARYANA (HR)	16.11
2	POONAM KUMARI, 4007	40073	11/11/81	HARYANA (HR)	16.68
3	RUPINDER KAUR, 40128	40128	25/07/79	PUNJAB (PB)	17.27
4	K. ARUNA, 40003	40003	10/03/82	ANDHRA PRADESH (AP)	19.10
5	SAVITA CHOUHAN, 40100	40100	12/04/80	MADHYA PRADESH (MP)	19.93

Event # 302 WOMENS 40-44 200m Run**FINALS****RESULTS OF FINALS**

1	REETA RANI, 40074	40074	15/02/82	HARYANA (HR)	33.09
2	SAVITA MALIK, 40075	40075	18/04/82	HARYANA (HR)	35.06
3	SOMTI PATHAK, 40101	40101	01/01/81	MADHYA PRADESH (MP)	35.31
4	RUPINDER KAUR, 40128	40128	25/07/79	PUNJAB (PB)	36.63
5	M SARASWATHI SUMAN	40154	18/04/82	TELANGANA (TS)	36.84
6	K. ARUNA, 40003	40003	10/03/82	ANDHRA PRADESH (AP)	40.68
7	SUSHILA, 40079	40079	01/01/83	HARYANA (HR)	58.29
8	MANJULA VERMA, 40084	40084	05/04/82	HIMACHAL PRADESH (HP)	1:10:19.00
9	T INDIRA, 40157	40157	13/08/78	TELANGANA (TS)	1:10:51.00

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 303 WOMENS 40-44 400m Run**FINALS****RESULTS OF FINALS**

1	REETA RANI, 40074	40074	15/02/82	HARYANA (HR)	1:18:02.00
2	SOMTI PATHAK, 40101	40101	01/01/81	MADHYA PRADESH (MP)	1:19.85
3	SAVITA MALIK, 40075	40075	18/04/82	HARYANA (HR)	1:21.92
4	RUPINDER KAUR, 40128	40128	25/07/79	PUNJAB (PB)	1:37:00.00
5	CHAMPA THAKUR, 40083	40083	13/01/79	HIMACHAL PRADESH (HP)	2:03:50.00

Event # 304 WOMENS 40-44 800m Run**FINALS****RESULTS OF FINALS**

1	PATEL KINJAL C., 40032	40032	03/07/80	GUJARAT (GJ)	3:35:32.00
2	SEEMA DEVI, 40076	40076	27/06/82	HARYANA (HR)	4:25.60
3	CHAMPA THAKUR, 40083	40083	13/01/79	HIMACHAL PRADESH (HP)	4:40.75

Event # 305 WOMENS 40-44 1500m Run**FINALS****RESULTS OF FINALS**

1	PATEL KINJAL C., 40032	40032	03/07/80	GUJARAT (GJ)	8:05:38.00
2	PANCHOLI MONA D., 40029	40029	02/11/80	GUJARAT (GJ)	9:07:37.00
3	CHAMPA THAKUR, 40083	40083	13/01/79	HIMACHAL PRADESH (HP)	9:37.94
4	SUNITA, 40078	40078	04/06/78	HARYANA (HR)	9:53:45.00

Event # 306 WOMENS 40-44 5000m Run**FINALS****RESULTS OF FINALS**

1	KAVITA MANKAR, 40099	40099	03/07/79	MADHYA PRADESH (MP)	29:31.45
2	PANCHOLI MONA D., 40029	40029	02/11/80	GUJARAT (GJ)	35:20.89
3	M MADHAVI, 40153	40153	27/03/78	TELANGANA (TS)	40:08.71

Event # 307 WOMENS 40-44 10000m Run**FINALS****RESULTS OF FINALS**

1	KAVITA MANKAR, 40099	40099	03/07/79	MADHYA PRADESH (MP)	1:09:42.17
2	K. VARALAKSHMI, 40004	40004	01/06/79	ANDHRA PRADESH (AP)	1:15:49.31
3	PANCHOLI MONA D., 40029	40029	02/11/80	GUJARAT (GJ)	1:16:39.27

Event # 308 WOMENS 40-44 100m Hurdles**FINALS****RESULTS OF FINALS**

1	SHAKEELA BEGUM, 40005	40005	20/06/82	ANDHRA PRADESH (AP)	45.43
---	-----------------------	-------	----------	---------------------	--------------

Event # 309 WOMENS 40-44 400m Hurdles**FINALS****RESULTS OF FINALS**

1	K. ARUNA, 40003	40003	10/03/82	ANDHRA PRADESH (AP)	2:00.77
2	MAMTA, 40071	40071	04/07/80	HARYANA (HR)	2:00.94
3	KAVITA MANKAR, 40099	40099	03/07/79	MADHYA PRADESH (MP)	2:10:38.00

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 311 WOMENS 40-44 High Jump

FINALS

RESULTS OF FINALS

3	SHAKEELA BEGUM, 4000	40005	20/06/82	ANDHRA PRADESH (AP)	1.00m
---	----------------------	-------	----------	---------------------	-------

Event # 313 WOMENS 40-44 Long Jump

FINALS

RESULTS OF FINALS

1	POONAM KUMARI, 4007	40073	11/11/81	HARYANA (HR)	3.78m
2	SAVITA MALIK, 40075	40075	18/04/82	HARYANA (HR)	3.69m
3	NEERIMA BISHT, 40175	40175	11/07/78	UTTARAKHAND (UK)	3.35m
4	M SARASWATHI SUMAN	40154	18/04/82	TELANGANA (TS)	3.31m
5	SAVITA CHOUHAN, 40100	40100	12/04/80	MADHYA PRADESH (MP)	2.88m
6	MAMTA, 40071	40071	04/07/80	HARYANA (HR)	2.83m
7	SHAKEELA BEGUM, 4000	40005	20/06/82	ANDHRA PRADESH (AP)	2.66m
8	RATHOD ALPABEN ., 400	40034	12/08/81	GUJARAT (GJ)	2.62m

Event # 314 WOMENS 40-44 Triple Jump

FINALS

RESULTS OF FINALS

2	MAMTA, 40071	40071	04/07/80	HARYANA (HR)	6.20m
3	SEEMA DEVI, 40076	40076	27/06/82	HARYANA (HR)	7.26m
4	NEERIMA BISHT, 40175	40175	11/07/78	UTTARAKHAND (UK)	7.36m
5	SUNITA DHAND, 40129	40129	22/06/79	PUNJAB (PB)	7.69m
6	POONAM KUMARI, 4007	40073	11/11/81	HARYANA (HR)	7.71m

Event # 315 WOMENS 40-44 Discus Throw

FINALS

RESULTS OF FINALS

1	MANJIT KAUR, 40180	40180	26/12/79	PUNJAB (PB)	19.51m
2	L VIJAY LAXMI, 40152	40152	04/08/82	TELANGANA (TS)	18.50m
3	SHAHEEN NAAZ, 40176	40176	07/07/82	UTTARAKHAND (UK)	17.96m
4	SEEMA DEVI, 40076	40076	27/06/82	HARYANA (HR)	16.71m
5	BABLI, 40179	40179	10/11/81	CHANDIGARH (CH)	16.35m
6	TEESTINDER KAUR, 4018	40181	01/05/82	PUNJAB (PB)	15.41m
7	CHAITY MARDI, 40089	40089	29/06/78	JHARKHAND	14.72m
8	RATHOD ALPABEN ., 400	40034	12/08/81	GUJARAT (GJ)	13.90m
9	TH. IBEMCHA DEVI, 4010	40107	01/02/82	MANIPUR (MN)	13.23m
10	GEETA, 40098	40098	01/07/79	MADHYA PRADESH (MP)	13.16m
11	SUNITA, 40078	40078	04/06/78	HARYANA (HR)	13.09m
12	T INDIRA, 40157	40157	13/08/78	TELANGANA (TS)	10.03m
13	BABITA, 40069	40069	01/01/80	HARYANA (HR)	9.40m

Event # 316 WOMENS 40-44 Hammer Throw

FINALS

RESULTS OF FINALS

1	L VIJAY LAXMI, 40152	40152	04/08/82	TELANGANA (TS)	17.12m
2	GEETA, 40098	40098	01/07/79	MADHYA PRADESH (MP)	14.89m
3	KUSAM, 40070	40070	25/03/82	HARYANA (HR)	13.71m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 317 WOMENS 40-44 Javelin Throw

FINALS

RESULTS OF FINALS

1	MANJIT KAUR, 40180	40180	26/12/79	PUNJAB (PB)	26.03m
2	CHAITY MARDI, 40089	40089	29/06/78	JHARKHAND	18.28m
3	SHAHEEN NAAZ, 40176	40176	07/07/82	UTTARAKHAND (UK)	16.62m
4	SUSHILA, 40079	40079	01/01/83	HARYANA (HR)	15.27m
5	L VIJAY LAXMI, 40152	40152	04/08/82	TELANGANA (TS)	14.34m
6	GEETA, 40098	40098	01/07/79	MADHYA PRADESH (MP)	14.33m
7	RATHOD ALPABEN ., 40034	40034	12/08/81	GUJARAT (GJ)	13.36m
8	T INDIRA, 40157	40157	13/08/78	TELANGANA (TS)	11.27m
9	KUSAM, 40070	40070	25/03/82	HARYANA (HR)	11.21m
10	TEESTINDER KAUR, 40181	40181	01/05/82	PUNJAB (PB)	11.01m
11	TH. IBEMCHA DEVI, 40107	40107	01/02/82	MANIPUR (MN)	10.44m
12	BABITA, 40069	40069	01/01/80	HARYANA (HR)	10.15m

Event # 318 WOMENS 40-44 Shot Put

FINALS

RESULTS OF FINALS

1	MANJIT KAUR, 40180	40180	26/12/79	PUNJAB (PB)	8.33m
2	SHAHEEN NAAZ, 40176	40176	07/07/82	UTTARAKHAND (UK)	7.42m
3	SUSHILA, 40079	40079	01/01/83	HARYANA (HR)	6.98m
4	TEESTINDER KAUR, 40181	40181	01/05/82	PUNJAB (PB)	6.86m
5	CHAITY MARDI, 40089	40089	29/06/78	JHARKHAND	6.66m
6	SAVITA CHOUHAN, 40100	40100	12/04/80	MADHYA PRADESH (MP)	6.55m
7	TH. IBEMCHA DEVI, 40107	40107	01/02/82	MANIPUR (MN)	5.14m
8	BABITA, 40069	40069	01/01/80	HARYANA (HR)	5.02m
9	G. PREMILA DEVI, 40106	40106	10/04/82	MANIPUR (MN)	4.22m

Event # 320 WOMENS 40-44 5000m Race Walk

FINALS

RESULTS OF FINALS

1	K. VARALAKSHMI, 40004	40004	01/06/79	ANDHRA PRADESH (AP)	40:47.89
2	PUSHPABEN N. SOLANKI, 40033	40033	08/02/82	GUJARAT (GJ)	41:57.34
3	G. PREMILA DEVI, 40106	40106	10/04/82	MANIPUR (MN)	49:19.86

Event # 321 WOMENS 45-49 100m Run

FINALS

RESULTS OF FINALS

1	BALJEET KAUR, 45065	45065	01/04/78	HARYANA (HR)	16.62
2	B. SWARAJYA LAXMI, 45150	45150	22/09/76	TELANGANA (TS)	17.09
3	SONAKSHI PURI, 45071	45071	07/03/74	HARYANA (HR)	17.80
4	LATHA. T.V., 45086	45086	25/05/75	KERALA (KL)	18.09
5	MANJU, 45066	45066	18/07/74	HARYANA (HR)	18.21
6	USHA DEVI, 45072	45072	10/03/76	HARYANA (HR)	18.43
7	S. LAXMI DEVI, 45102	45102	12/03/77	MANIPUR (MN)	19.14
8	K RADHA, 45153	45153	15/04/77	TELANGANA (TS)	20.42
9	YASHODA KORI, 45169	45169	20/07/73	UTTAR PRADESH (UP)	26.43

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 322 WOMENS 45-49 200m Run**FINALS****RESULTS OF FINALS**

1	NEELAM, 45020	45020	31/10/74	CHANDIGARH (CH)	38.46
2	K RADHA, 45153	45153	15/04/77	TELANGANA (TS)	41.76
3	S. ARUNA, 45101	45101	03/03/73	MANIPUR (MN)	46.44
4	L. RITA DEVI, 45099	45099	01/02/75	MANIPUR (MN)	50.65
5	KUSUM KUMARI, 45166	45166	13/06/74	UTTAR PRADESH (UP)	1:17:35.00

Event # 323 WOMENS 45-49 400m Run**FINALS****RESULTS OF FINALS**

1	JASVIR KAUR, 45123	45123	31/05/76	PUNJAB (PB)	1:32.78
2	K RADHA, 45153	45153	15/04/77	TELANGANA (TS)	1:48:23.00
3	S. ARUNA, 45101	45101	03/03/73	MANIPUR (MN)	2:03.88

Event # 324 WOMENS 45-49 800m Run**FINALS****RESULTS OF FINALS**

1	JASVIR KAUR, 45123	45123	31/05/76	PUNJAB (PB)	3:27:29.00
2	B. SWARAJYA LAXMI, 45150	45150	22/09/76	TELANGANA (TS)	3:29.65
3	NEELAM, 45020	45020	31/10/74	CHANDIGARH (CH)	3:49:48.00
4	REKHA, 45068	45068	22/08/77	HARYANA (HR)	4:13:07.00
5	L. RITA DEVI, 45099	45099	01/02/75	MANIPUR (MN)	7:01.94

Event # 325 WOMENS 45-49 1500m Run**FINALS****RESULTS OF FINALS**

1	CHAUHAN PREMILA BA.	45031	05/11/75	GUJARAT (GJ)	7:12:23.00
2	KAUSHLYA DEVI, 45124	45124	06/07/75	PUNJAB (PB)	10:37.73
3	M.P. LALITHA, 45006	45006	05/06/75	ANDHRA PRADESH (AP)	11:42.83

Event # 326 WOMENS 45-49 5000m Run**FINALS****RESULTS OF FINALS**

1	CHAUHAN PREMILA BA.	45031	05/11/75	GUJARAT (GJ)	27:32.21
2	NEELAM, 45020	45020	31/10/74	CHANDIGARH (CH)	27:40.86
3	ANURADHA, 45080	45080	15/05/75	JAMMU & KASHMIR (JK)	32:19.83

Event # 327 WOMENS 45-49 10000m Run**FINALS****RESULTS OF FINALS**

1	SONA YADAV, 45070	45070	10/12/74	HARYANA (HR)	1:07:14.34
2	CHAUHAN PREMILA BA.	45031	05/11/75	GUJARAT (GJ)	1:14:08.31
3	ANURADHA, 45080	45080	15/05/75	JAMMU & KASHMIR (JK)	1:15:17.23
4	M.P. LALITHA, 45006	45006	05/06/75	ANDHRA PRADESH (AP)	1:18:21.47

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 328 WOMENS 45-49 80m Hurdles**FINALS****RESULTS OF FINALS**

1	BALJEET KAUR, 45065	45065	01/04/78	HARYANA (HR)	19.00
2	USHA DEVI, 45072	45072	10/03/76	HARYANA (HR)	24.78
3	SONAKSHI PURI, 45071	45071	07/03/74	HARYANA (HR)	25.42
4	YASHODA KANDPAL, 45176	45176	12/05/73	UTTARAKHAND (UK)	25.62

Event # 329 WOMENS 45-49 400m Hurdles**FINALS****RESULTS OF FINALS**

1	JASVIR KAUR, 45123	45123	31/05/76	PUNJAB (PB)	1:54:42.00
2	LATHA. T. V, 45086	45086	25/05/75	KERALA (KL)	2:21:14.00
3	M.P. LALITHA, 45006	45006	05/06/75	ANDHRA PRADESH (AP)	3:03.61

Event # 331 WOMENS 45-49 High Jump**FINALS****RESULTS OF FINALS**

1	BALJEET KAUR, 45065	45065	01/04/78	HARYANA (HR)	1.10m
2	YASHODA KANDPAL, 45176	45176	12/05/73	UTTARAKHAND (UK)	1.05m

Event # 333 WOMENS 45-49 Long Jump**FINALS****RESULTS OF FINALS**

1	ANJU DEVI, 45064	45064	01/01/76	HARYANA (HR)	3.15m
2	MEERA SINGH, 45092	45092	01/01/78	MADHYA PRADESH (MP)	2.99m
3	MANJU, 45066	45066	18/07/74	HARYANA (HR)	2.82m
4	G. SHIVALEELA, 45177	45177	07/04/78	TELANGANA (TS)	2.79m
5	MARY, 45155	45155	12/08/77	TELANGANA (TS)	1.62m

Event # 334 WOMENS 45-49 Triple Jump**FINALS****RESULTS OF FINALS**

3	G. SHIVALEELA, 45177	45177	07/04/78	TELANGANA (TS)	5.94m
4	YASHODA KANDPAL, 45176	45176	12/05/73	UTTARAKHAND (UK)	6.27m
5	S. LAXMI DEVI, 45102	45102	12/03/77	MANIPUR (MN)	6.31m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 335 WOMENS 45-49 Discus Throw**FINALS****RESULTS OF FINALS**

8	MARY, 45155	45155	12/08/77	TELANGANA (TS)	8.89m
9	REKHA CHOUDHARY, 45	45137	15/07/74	RAJASTHAN (RJ)	9.70m
10	P LATHA, 45156	45156	11/11/76	TELANGANA (TS)	10.47m
10	L. RANJITA CHANU, 4509	45098	03/03/76	MANIPUR (MN)	10.47m
12	BALJIT KAUR, 45015	45015	24/07/74	CHANDIGARH (CH)	12.03m
13	MRS. BABITA, 45167	45167	23/05/77	UTTAR PRADESH (UP)	12.45m
14	V SANDHYA, 45157	45157	12/05/77	TELANGANA (TS)	13.04m
15	RAMESH DEVI, 45067	45067	06/07/76	HARYANA (HR)	13.18m
16	S. LEIMAHAL LEIMA, 45	45103	01/04/76	MANIPUR (MN)	13.35m
17	INDERJIT KAUR, 45018	45018	01/01/76	CHANDIGARH (CH)	13.70m
18	V. PADMAVATHI, 45009	45009	10/08/73	ANDHRA PRADESH (AP)	15.23m
19	SANGEETA, 45069	45069	19/11/77	HARYANA (HR)	15.95m
20	KANWALJEET KAUR BR.	45019	05/01/77	CHANDIGARH (CH)	18.40m
21	PARAMJIT KAUR, 45125	45125	01/01/74	PUNJAB (PB)	19.36m

Event # 336 WOMENS 45-49 Hammer Throw**FINALS****RESULTS OF FINALS**

1	SANGEETA, 45069	45069	19/11/77	HARYANA (HR)	20.13m
2	V SANDHYA, 45157	45157	12/05/77	TELANGANA (TS)	15.96m
3	INDERJIT KAUR, 45018	45018	01/01/76	CHANDIGARH (CH)	15.66m
4	RAMESH DEVI, 45067	45067	06/07/76	HARYANA (HR)	14.62m
5	S. LEIMAHAL LEIMA, 45	45103	01/04/76	MANIPUR (MN)	13.70m
6	V. PADMAVATHI, 45009	45009	10/08/73	ANDHRA PRADESH (AP)	13.54m
7	T. BIGATI DEVI, 45104	45104	12/01/77	MANIPUR (MN)	12.59m
8	P LATHA, 45156	45156	11/11/76	TELANGANA (TS)	12.44m

Event # 337 WOMENS 45-49 Javelin Throw**FINALS****RESULTS OF FINALS**

1	C VARALAXMI, 45151	45151	19/10/74	TELANGANA (TS)	14.46m
2	S. LAXMI DEVI, 45102	45102	12/03/77	MANIPUR (MN)	13.67m
3	T. BIGATI DEVI, 45104	45104	12/01/77	MANIPUR (MN)	13.41m
4	V. PADMAVATHI, 45009	45009	10/08/73	ANDHRA PRADESH (AP)	12.92m
5	INDERJIT KAUR, 45018	45018	01/01/76	CHANDIGARH (CH)	11.77m
6	KAUSHLYA DEVI, 45124	45124	06/07/75	PUNJAB (PB)	11.04m
7	MRS. BABITA, 45167	45167	23/05/77	UTTAR PRADESH (UP)	10.45m
8	V SANDHYA, 45157	45157	12/05/77	TELANGANA (TS)	10.34m
9	MEERA SINGH, 45092	45092	01/01/78	MADHYA PRADESH (MP)	10.06m
10	MARY, 45155	45155	12/08/77	TELANGANA (TS)	10.05m
11	P LATHA, 45156	45156	11/11/76	TELANGANA (TS)	9.81m
12	REKHA CHOUDHARY, 45	45137	15/07/74	RAJASTHAN (RJ)	7.49m
13	SUMAN SINGH, 45093	45093	18/02/73	MADHYA PRADESH (MP)	5.05m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 338 WOMENS 45-49 Shot Put

FINALS

RESULTS OF FINALS

1	PARAMJIT KAUR, 45125	45125	01/01/74	PUNJAB (PB)	8.80m
2	SANGEETA, 45069	45069	19/11/77	HARYANA (HR)	8.80m
3	CHAITALY NANDY, 45016	45016	27/06/75	CHANDIGARH (CH)	8.61m
4	KANWALJEET KAUR BR.	45019	05/01/77	CHANDIGARH (CH)	8.47m
5	MEERA SINGH, 45092	45092	01/01/78	MADHYA PRADESH (MP)	7.32m
6	USHA DEVI, 45072	45072	10/03/76	HARYANA (HR)	6.25m
7	MRS. BABITA, 45167	45167	23/05/77	UTTAR PRADESH (UP)	6.16m
8	L. RANJITA CHANU, 4509	45098	03/03/76	MANIPUR (MN)	5.34m
9	REKHA CHOUDHARY, 45	45137	15/07/74	RAJASTHAN (RJ)	5.15m

Event # 340 WOMENS 45-49 5000m Race Walk

FINALS

RESULTS OF FINALS

1	LATHA. T .V, 45086	45086	25/05/75	KERALA (KL)	37:56.82
2	C VARALAXMI, 45151	45151	19/10/74	TELANGANA (TS)	43:35.92
3	G. SHIVALEELA, 45177	45177	07/04/78	TELANGANA (TS)	43:46.24
4	KAUSHLYA DEVI, 45124	45124	06/07/75	PUNJAB (PB)	45:00.16
5	SUMAN SINGH, 45093	45093	18/02/73	MADHYA PRADESH (MP)	46:25.07
6	URMILA DEVI, 45168	45168	18/06/75	UTTAR PRADESH (UP)	46:25.14

Event # 341 WOMENS 50-54 100m Run

FINALS

RESULTS OF FINALS

1	PARMJEET KAUR, 50153	50153	25/08/69	PUNJAB (PB)	16.62
2	MANJEET KAUR, 50152	50152	12/04/72	PUNJAB (PB)	17.56
3	SOMA ADHIKARI, 50204	50204	06/02/70	WEST BENGAL (WB)	18.80
4	ASHA RANI, 50078	50078	06/01/69	HARYANA (HR)	19.88
5	N. KADAM DEVI, 50120	50120	15/08/68	MANIPUR (MN)	20.78
6	MALA SHARMA, 50201	50201	20/07/68	UTTARAKHAND (UK)	21.44
7	RAMAN PRASHAR, 50017	50017	27/02/70	CHANDIGARH (CH)	21.92
8	P. SRIDEVI, 50007	50007	13/04/71	ANDHRA PRADESH (AP)	21.99
9	MURTI DEVI, 50083	50083	10/07/70	HARYANA (HR)	23.70
10	PANDYA DIPALI B., 50033	50033	15/12/72	GUJARAT (GJ)	24.92
11	GOHIL LILABA B., 50030	50030	14/11/69	GUJARAT (GJ)	28.02
12	T. LAKSHMI, 50008	50008	05/10/71	ANDHRA PRADESH (AP)	30.28

Event # 342 WOMENS 50-54 200m Run

FINALS

RESULTS OF FINALS

1	PARMJEET KAUR, 50153	50153	25/08/69	PUNJAB (PB)	35.54
2	N. JAMUNA DEVI, 50119	50119	03/11/72	MANIPUR (MN)	41.15
3	ASHA RANI, 50078	50078	06/01/69	HARYANA (HR)	42.06
4	SUNITA, 50086	50086	05/07/72	HARYANA (HR)	50.40

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 343 WOMENS 50-54 400m Run**FINALS****RESULTS OF FINALS**

1	PARMJEET KAUR, 50153	50153	25/08/69	PUNJAB (PB)	1:30.97
2	M RENUKA DEVI, 50182	50182	14/05/68	TELANGANA (TS)	1:35:46.00
3	SUNITA, 50086	50086	05/07/72	HARYANA (HR)	1:48.70
4	R. LAXMISARALA, 50184	50184	06/01/71	TELANGANA (TS)	2:10:47.00

Event # 344 WOMENS 50-54 800m Run**FINALS****RESULTS OF FINALS**

1	M RENUKA DEVI, 50182	50182	14/05/68	TELANGANA (TS)	3:57.68
2	N. KADAM DEVI, 50120	50120	15/08/68	MANIPUR (MN)	4:25:39.00
3	PARAMJIT KAUR, 50016	50016	21/05/70	CHANDIGARH (CH)	5:24:40.00
4	SEEMA SHARMA, 50085	50085	19/04/71	HARYANA (HR)	5:40:56.00
5	Y. SUNITA DEVI, 50124	50124	01/04/72	MANIPUR (MN)	6:00.80

Event # 345 WOMENS 50-54 1500m Run**FINALS****RESULTS OF FINALS**

1	M BHAVANI, 50181	50181	12/10/72	TELANGANA (TS)	9:44.76
2	PARAMJIT KAUR, 50016	50016	21/05/70	CHANDIGARH (CH)	10:06:57.00
3	Y. SUNITA DEVI, 50124	50124	01/04/72	MANIPUR (MN)	11:42:37.00

Event # 346 WOMENS 50-54 5000m Run**FINALS****RESULTS OF FINALS**

1	SUNITA, 50086	50086	05/07/72	HARYANA (HR)	32:14.78
2	BEENA K J, 50105	50105	30/05/68	KERALA (KL)	36:36.78
3	M BHAVANI, 50181	50181	12/10/72	TELANGANA (TS)	37:56.40

Event # 347 WOMENS 50-54 10000m Run**FINALS****RESULTS OF FINALS**

1	CHHINDER PAL KAUR, 50080	50080	15/07/70	HARYANA (HR)	1:14:08.12
2	V SWARNA LATHA, 50187	50187	03/01/72	TELANGANA (TS)	1:17:06.38

Event # 348 WOMENS 50-54 80m Hurdles**FINALS****RESULTS OF FINALS**

1	KU. DOLLY DEWANGAN, 50021	50021	23/11/71	CHHATTISGARH (CG)	29.06
2	P. SRIDEVI, 50007	50007	13/04/71	ANDHRA PRADESH (AP)	35.26

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 349 WOMENS 50-54 300m Hurdles

FINALS

RESULTS OF FINALS

1	KU. DOLLY DEWANGAN,	50021	23/11/71	CHHATTISGARH (CG)	1:16.73
2	BALVIR KAUR, 50015	50015	01/01/73	CHANDIGARH (CH)	1:33:21.00
3	AMARJIT KAUR, 50014	50014	01/05/70	CHANDIGARH (CH)	1:45.79
4	SEEMA SHARMA, 50085	50085	19/04/71	HARYANA (HR)	2:14:07.00

Event # 351 WOMENS 50-54 High Jump

FINALS

RESULTS OF FINALS

1	RAJESH KUMARI, 50084	50084	28/07/72	HARYANA (HR)	1.00m
---	----------------------	-------	----------	--------------	-------

Event # 353 WOMENS 50-54 Long Jump

FINALS

RESULTS OF FINALS

1	N. JAMUNA DEVI, 50119	50119	03/11/72	MANIPUR (MN)	3.29m
2	MANJEET KAUR, 50152	50152	12/04/72	PUNJAB (PB)	3.20m
3	KU. DOLLY DEWANGAN,	50021	23/11/71	CHHATTISGARH (CG)	3.08m
4	N. KADAM DEVI, 50120	50120	15/08/68	MANIPUR (MN)	2.70m
5	MALA SHARMA, 50201	50201	20/07/68	UTTARAKHAND (UK)	2.66m
6	RAMAN PRASHAR, 50017	50017	27/02/70	CHANDIGARH (CH)	2.62m

Event # 354 WOMENS 50-54 Triple Jump

FINALS

RESULTS OF FINALS

3	Y. SOBITA DEVI, 50123	50123	01/04/72	MANIPUR (MN)	4.41m
4	A. SRIDEVI, 50179	50179	10/05/71	TELANGANA (TS)	4.63m
5	N. JAMUNA DEVI, 50119	50119	03/11/72	MANIPUR (MN)	5.03m
6	R. LAXMISARALA, 50184	50184	06/01/71	TELANGANA (TS)	5.45m
7	AMARJIT KAUR, 50014	50014	01/05/70	CHANDIGARH (CH)	5.88m
8	BALVIR KAUR, 50015	50015	01/01/73	CHANDIGARH (CH)	5.91m

Event # 355 WOMENS 50-54 Discus Throw

FINALS

RESULTS OF FINALS

1	ANITA DEVI, 50077	50077	15/04/71	HARYANA (HR)	18.86m
2	ARCHANA BISHT, 50200	50200	06/03/71	UTTARAKHAND (UK)	18.31m
3	J. LUDHIYAMMA, 50006	50006	01/04/68	ANDHRA PRADESH (AP)	17.77m
4	PARMAR LACHHUBEN M	50034	09/08/71	GUJARAT (GJ)	16.31m
5	KULWANT KAUR, 50151	50151	08/11/72	PUNJAB (PB)	15.48m
6	MAMTA KOHLI, 50082	50082	19/04/71	HARYANA (HR)	13.05m
7	GOHIL LILABA B., 50030	50030	14/11/69	GUJARAT (GJ)	12.09m
8	BALWINDER KAUR, 5014	50147	24/05/70	PUNJAB (PB)	11.69m
9	REKHA MERTIYA, 50163	50163	05/07/69	RAJASTHAN (RJ)	8.48m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 356 WOMENS 50-54 Hammer Throw

FINALS

RESULTS OF FINALS

1	PARMAR LACHHUBEN M	50034	09/08/71	GUJARAT (GJ)	18.77m
2	RAJINDER KAUR, 50154	50154	25/12/68	PUNJAB (PB)	18.07m
3	CHHINDER PAL KAUR, 50080	50080	15/07/70	HARYANA (HR)	16.85m
4	Y. CHITRA DEVI, 50122	50122	01/03/71	MANIPUR (MN)	16.66m
5	KAPURIYA MEENABEN 2	50031	29/07/70	GUJARAT (GJ)	16.54m
6	GOHIL LILABA B., 50030	50030	14/11/69	GUJARAT (GJ)	13.66m
7	KULWANT KAUR, 50151	50151	08/11/72	PUNJAB (PB)	12.82m
8	CH. ROMI DEVI, 50116	50116	26/06/72	MANIPUR (MN)	11.32m
9	DIVYA DUBEY, 50110	50110	24/08/68	MADHYA PRADESH (MP)	8.52m
	BABITA SOOD, 50079	50079	01/06/72	HARYANA (HR)	DNS

Event # 357 WOMENS 50-54 Javelin Throw

FINALS

RESULTS OF FINALS

1	ANITA DEVI, 50077	50077	15/04/71	HARYANA (HR)	22.99m
2	PARMAR LACHHUBEN M	50034	09/08/71	GUJARAT (GJ)	17.52m
3	RAJESH KUMARI, 50084	50084	28/07/72	HARYANA (HR)	16.45m
4	Y. CHITRA DEVI, 50122	50122	01/03/71	MANIPUR (MN)	12.48m
5	A. SRIDEVI, 50179	50179	10/05/71	TELANGANA (TS)	11.59m
6	BALWINDER KAUR, 5014	50147	24/05/70	PUNJAB (PB)	10.01m
7	MAMTA KOHLI, 50082	50082	19/04/71	HARYANA (HR)	9.82m
8	MEHTA PRAGNA NITIN, :	50032	16/03/68	GUJARAT (GJ)	8.42m
9	R. LAXMISARALA, 50184	50184	06/01/71	TELANGANA (TS)	8.27m
10	RAJINDER KAUR, 50154	50154	25/12/68	PUNJAB (PB)	8.17m
11	DIVYA DUBEY, 50110	50110	24/08/68	MADHYA PRADESH (MP)	7.78m

Event # 358 WOMENS 50-54 Shot Put

FINALS

RESULTS OF FINALS

1	ARCHANA BISHT, 50200	50200	06/03/71	UTTARAKHAND (UK)	9.01m
2	J. LUDHIYAMMA, 50006	50006	01/04/68	ANDHRA PRADESH (AP)	7.73m
3	ANITA DEVI, 50077	50077	15/04/71	HARYANA (HR)	7.31m
4	BALWINDER KAUR, 5014	50147	24/05/70	PUNJAB (PB)	6.97m
5	KAPURIYA MEENABEN 2	50031	29/07/70	GUJARAT (GJ)	6.65m
6	RAJESH KUMARI, 50084	50084	28/07/72	HARYANA (HR)	6.40m
7	KULWANT KAUR, 50151	50151	08/11/72	PUNJAB (PB)	6.10m
8	MAMTA KOHLI, 50082	50082	19/04/71	HARYANA (HR)	5.75m
9	Y. SOBITA DEVI, 50123	50123	01/04/72	MANIPUR (MN)	5.13m
10	A. SRIDEVI, 50179	50179	10/05/71	TELANGANA (TS)	4.85m
11	MEHTA PRAGNA NITIN, :	50032	16/03/68	GUJARAT (GJ)	4.77m
12	DIVYA DUBEY, 50110	50110	24/08/68	MADHYA PRADESH (MP)	4.55m
13	REKHA MERTIYA, 50163	50163	05/07/69	RAJASTHAN (RJ)	2.80m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 360 WOMENS 50-54 5000m Race Walk**FINALS****RESULTS OF FINALS**

1	CHHINDER PAL KAUR, 50080	50080	15/07/70	HARYANA (HR)	40:59.46
2	BALVIR KAUR, 50015	50015	01/01/73	CHANDIGARH (CH)	41:09.89
3	M RENUKA DEVI, 50182	50182	14/05/68	TELANGANA (TS)	42:45.42
4	P. SRIDEVI, 50007	50007	13/04/71	ANDHRA PRADESH (AP)	44:34.08
5	BEENA K J, 50105	50105	30/05/68	KERALA (KL)	44:54.02
6	SEEMA SHARMA, 50085	50085	19/04/71	HARYANA (HR)	45:07.97
7	V SWARNA LATHA, 50187	50187	03/01/72	TELANGANA (TS)	45:25.55
8	PANDYA DIPALI B., 50033	50033	15/12/72	GUJARAT (GJ)	45:42.84
9	PARAMJIT KAUR, 50016	50016	21/05/70	CHANDIGARH (CH)	48:23.97

Event # 361 WOMENS 55-59 100m Run**FINALS****RESULTS OF FINALS**

1	LEKHA L K, 55072	55072	30/05/66	KERALA (KL)	17.84
2	DR.SHERLY PHILIP, 55071	55071	25/05/64	KERALA (KL)	18.07
3	J RAJAKUMARI, 55158	55158	13/05/65	TELANGANA (TS)	20.10
4	RADHA SINGH, 55090	55090	18/09/65	MADHYA PRADESH (MP)	21.85

Event # 362 WOMENS 55-59 200m Run**FINALS****RESULTS OF FINALS**

1	LEKHA L K, 55072	55072	30/05/66	KERALA (KL)	39.26
2	ROSILY BABY, 55074	55074	11/09/65	KERALA (KL)	42.04
3	N. TAMPHA DEVI, 55099	55099	01/03/67	MANIPUR (MN)	51.40
4	K. LAVANYA, 55008	55008	12/07/63	ANDHRA PRADESH (AP)	1:01.96
5	C. KALYANI, 55155	55155	07/05/66	TELANGANA (TS)	1:24.91
6	H. IBEMPISHAK DEVI, 55096	55096	01/01/65	MANIPUR (MN)	1:40:38.00

Event # 363 WOMENS 55-59 400m Run**FINALS****RESULTS OF FINALS**

1	N. TAMPHA DEVI, 55099	55099	01/03/67	MANIPUR (MN)	1:56:47.00
2	T K SHANTHA, 55075	55075	12/10/63	KERALA (KL)	2:28.79

Event # 364 WOMENS 55-59 800m Run**FINALS****RESULTS OF FINALS**

1	PREBHA K C, 55073	55073	25/11/64	KERALA (KL)	3:58:25.00
2	PARM JEET KAUR, 55175	55175	05/01/66	PUNJAB (PB)	4:41:23.00
3	SINDERPAL KAUR, 55135	55135	15/04/66	PUNJAB (PB)	4:08:26.00
4	K. LAVANYA, 55008	55008	12/07/63	ANDHRA PRADESH (AP)	7:02:20.00
5	VEER PAL KAUR, 55174	55174	05/05/67	PUNJAB (PB)	4:54.67
6	ARCHANA GOYAL, 55176	55176	05/09/66	PUNJAB (PB)	6:00.90

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 365 WOMENS 55-59 1500m Run**FINALS****RESULTS OF FINALS**

1	BIMLA, 55053	55053	07/09/67	HARYANA (HR)	7:14.66
2	N. TAMPHA DEVI, 55099	55099	01/03/67	MANIPUR (MN)	8:08:47.00
3	SINDERPAL KAUR, 55135	55135	15/04/66	PUNJAB (PB)	8:08.84
4	PREBHA K C, 55073	55073	25/11/64	KERALA (KL)	8:20.68
5	FRACHISAMMA, 55157	55157	05/04/67	TELANGANA (TS)	11:48.97

Event # 366 WOMENS 55-59 5000m Run**FINALS****RESULTS OF FINALS**

1	BIMLA, 55053	55053	07/09/67	HARYANA (HR)	25:37.35
2	PREBHA K C, 55073	55073	25/11/64	KERALA (KL)	33:22.96
3	V. VIJAYA, 55169	55169	14/06/61	ANDHRA PRADESH (AP)	33:29.16
4	FRACHISAMMA, 55157	55157	05/04/67	TELANGANA (TS)	37:44.68

Event # 367 WOMENS 55-59 10000m Run**FINALS****RESULTS OF FINALS**

1	BIMLA, 55053	55053	07/09/67	HARYANA (HR)	58:12.24
2	V. VIJAYA, 55169	55169	14/06/61	ANDHRA PRADESH (AP)	1:14:17.68
3	FRACHISAMMA, 55157	55157	05/04/67	TELANGANA (TS)	1:16:38.93

Event # 368 WOMENS 55-59 80m Hurdles**FINALS****RESULTS OF FINALS**

1	RASHIDA JAHAN, 55091	55091	20/01/66	MADHYA PRADESH (MP)	21.59
2	D. BHAVANI, 55156	55156	07/11/64	TELANGANA (TS)	24.91
3	VEER PAL KAUR, 55174	55174	05/05/67	PUNJAB (PB)	38.83
4	T K SHANTHA, 55075	55075	12/10/63	KERALA (KL)	45.18
5	DEPANI RITA JASMATBH	55019	07/02/65	GUJARAT (GJ)	57.94

Event # 369 WOMENS 55-59 300m Hurdles**FINALS****RESULTS OF FINALS**

1	RASHIDA JAHAN, 55091	55091	20/01/66	MADHYA PRADESH (MP)	1:24.85
2	LEKHA L K, 55072	55072	30/05/66	KERALA (KL)	1:28.97
3	SH. SHYAMA DEVI, 55101	55101	01/01/65	MANIPUR (MN)	1:54.99
4	V. VIJAYA, 55169	55169	14/06/61	ANDHRA PRADESH (AP)	1:56.89
5	K. LAVANYA, 55008	55008	12/07/63	ANDHRA PRADESH (AP)	2:16.99
6	H. IBEMPISHAK DEVI, 55	55096	01/01/65	MANIPUR (MN)	3:12:34.00

Event # 371 WOMENS 55-59 High Jump**FINALS****RESULTS OF FINALS**

1	D. BHAVANI, 55156	55156	07/11/64	TELANGANA (TS)	1.00m
2	W. DASHUMATI DEVI, 55	55102	01/01/67	MANIPUR (MN)	1.00m
3	RASHIDA JAHAN, 55091	55091	20/01/66	MADHYA PRADESH (MP)	1.00m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 373 WOMENS 55-59 Long Jump

FINALS

RESULTS OF FINALS

1	DR.SHERLY PHILIP, 5507	55071	25/05/64	KERALA (KL)	3.30m
2	SHAILY THOMAS, 55092	55092	03/05/63	MADHYA PRADESH (MP)	3.28m
3	J RAJAKUMARI, 55158	55158	13/05/65	TELANGANA (TS)	2.66m
4	SH. SHYAMA DEVI, 55101	55101	01/01/65	MANIPUR (MN)	2.30m
5	NIRMALA DEVI, 55055	55055	05/03/66	HARYANA (HR)	2.00m
6	DEPANI RITA JASMATBH	55019	07/02/65	GUJARAT (GJ)	1.72m

Event # 374 WOMENS 55-59 Triple Jump

FINALS

RESULTS OF FINALS

1	SHAILY THOMAS, 55092	55092	03/05/63	MADHYA PRADESH (MP)	6.64m
2	D. BHAVANI, 55156	55156	07/11/64	TELANGANA (TS)	5.82m
3	HOLLY NINGSHEN, 5509	55097	10/06/66	MANIPUR (MN)	4.52m

Event # 375 WOMENS 55-59 Discus Throw

FINALS

RESULTS OF FINALS

1	HARKIRAT KAUR, 55129	55129	25/12/67	PUNJAB (PB)	18.74m
2	MANJIT KAUR, 55132	55132	06/06/65	PUNJAB (PB)	17.91m
3	TRIVEDI VARSHA J., 5502	55023	19/02/64	GUJARAT (GJ)	17.21m
4	U. KALYANI, 55160	55160	21/11/64	TELANGANA (TS)	16.53m
5	TANDEL ANJANABEN R.	55022	16/09/65	GUJARAT (GJ)	16.09m
6	CHANDER KALA, 55054	55054	02/12/64	HARYANA (HR)	15.34m
7	PRABHJOT KAUR, 55133	55133	11/10/64	PUNJAB (PB)	14.66m
8	U. ANJAMMA, 55009	55009	22/02/67	ANDHRA PRADESH (AP)	13.76m
9	VAGHELA JAYSHREEBA	55024	29/06/64	GUJARAT (GJ)	12.63m
10	W. DASHUMATI DEVI, 55	55102	01/01/67	MANIPUR (MN)	11.46m
11	M. JANDHA DEVI, 55098	55098	01/01/64	MANIPUR (MN)	9.87m
12	JOSHI RAKSHABEN M., 5	55020	13/12/63	GUJARAT (GJ)	9.79m
13	C. KALYANI, 55155	55155	07/05/66	TELANGANA (TS)	9.15m
14	PARM JEET KAUR, 55175	55175	05/01/66	PUNJAB (PB)	8.87m

Event # 376 WOMENS 55-59 Hammer Throw

FINALS

RESULTS OF FINALS

1	CHANDER KALA, 55054	55054	02/12/64	HARYANA (HR)	17.96m
2	NIRMALA DEVI, 55055	55055	05/03/66	HARYANA (HR)	17.53m
3	TRIVEDI VARSHA J., 5502	55023	19/02/64	GUJARAT (GJ)	17.21m
4	U. KALYANI, 55160	55160	21/11/64	TELANGANA (TS)	14.89m
5	P. FLORANCE, 45007	45007	12/03/73	ANDHRA PRADESH (AP)	14.22m
6	U. ANJAMMA, 55009	55009	22/02/67	ANDHRA PRADESH (AP)	13.56m
7	M. JANDHA DEVI, 55098	55098	01/01/64	MANIPUR (MN)	9.79m
8	H. IBEMPISHAK DEVI, 55	55096	01/01/65	MANIPUR (MN)	9.65m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 377 WOMENS 55-59 Javelin Throw

FINALS

RESULTS OF FINALS

1	ROSILY BABY, 55074	55074	11/09/65	KERALA (KL)	15.75m
2	NIPA BISWAS, 55168	55168	05/02/64	WEST BENGAL (WB)	14.86m
3	TRIVEDI VARSHA J., 5502	55023	19/02/64	GUJARAT (GJ)	14.48m
4	HARKIRAT KAUR, 55129	55129	25/12/67	PUNJAB (PB)	14.17m
5	DR. ELIZABETH K MATH	55070	22/10/66	KERALA (KL)	13.10m
6	PRABHJOT KAUR, 55133	55133	11/10/64	PUNJAB (PB)	12.21m
7	TANDEL ANJANABEN R..	55022	16/09/65	GUJARAT (GJ)	11.30m
8	CHANDER KALA, 55054	55054	02/12/64	HARYANA (HR)	10.38m
9	T PADMAVATHI, 55159	55159	22/08/64	TELANGANA (TS)	8.28m
10	PARM JEET KAUR, 55175	55175	05/01/66	PUNJAB (PB)	7.19m
11	JOSHI RAKSHABEN M., 5	55020	13/12/63	GUJARAT (GJ)	6.71m

Event # 378 WOMENS 55-59 Shot Put

FINALS

RESULTS OF FINALS

8	JOSHI RAKSHABEN M., 5	55020	13/12/63	GUJARAT (GJ)	4.67m
9	S. SHAIRABATI DEVI, 55	55100	12/02/64	MANIPUR (MN)	5.35m
10	U. ANJAMMA, 55009	55009	22/02/67	ANDHRA PRADESH (AP)	5.42m
11	U. KALYANI, 55160	55160	21/11/64	TELANGANA (TS)	6.51m
12	PRABHJOT KAUR, 55133	55133	11/10/64	PUNJAB (PB)	6.85m
13	HARKIRAT KAUR, 55129	55129	25/12/67	PUNJAB (PB)	6.92m
14	TANDEL ANJANABEN R..	55022	16/09/65	GUJARAT (GJ)	7.01m
15	DR. ELIZABETH K MATH	55070	22/10/66	KERALA (KL)	8.08m

Event # 380 WOMENS 55-59 5000m Race Walk

FINALS

RESULTS OF FINALS

1	ARCHANA GOYAL, 55176	55176	05/09/66	PUNJAB (PB)	45:30.15
2	DEPANI RITA JASMATBH	55019	07/02/65	GUJARAT (GJ)	47:10.89
3	RADHA SINGH, 55090	55090	18/09/65	MADHYA PRADESH (MP)	47:33.21

Event # 381 WOMENS 60-64 100m Run

FINALS

RESULTS OF FINALS

1	Y. SOBITA LEIMA, 60095	60095	12/02/60	MANIPUR (MN)	20.01
2	HOSHIARI DEVI, 60053	60053	20/07/59	HARYANA (HR)	21.87
3	VIMAL VIKROL, 60070	60070	30/09/62	MADHYA PRADESH (MP)	22.24
4	PROMILA KAUSHAL, 601	60123	14/09/61	PUNJAB (PB)	22.54
5	CH. VIJAYA LAKSHMI, 60	60160	16/02/58	TELANGANA (TS)	23.35
6	CHOTAI NILABEN J., 600	60026	31/05/62	GUJARAT (GJ)	32.96
7	V. VIJAYA LAKSHMI, 601	60165	05/10/62	TELANGANA (TS)	33.23
8	L. MEMCHA DEVI, 60085	60085	04/08/61	MANIPUR (MN)	34.44
9	SUNITA, 60055	60055	21/06/59	HARYANA (HR)	34.79

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 382 WOMENS 60-64 200m Run**FINALS****RESULTS OF FINALS**

1	Y. SOBITA LEIMA, 60095	60095	12/02/60	MANIPUR (MN)	43.69
2	GUDDI, 60052	60052	02/03/60	HARYANA (HR)	52.04
3	VIMAL VIKROL, 60070	60070	30/09/62	MADHYA PRADESH (MP)	57.94
4	CHOTAI NILABEN J., 60026	60026	31/05/62	GUJARAT (GJ)	59.44
5	W. RADHAMANI LEIMA, 60094	60094	14/02/59	MANIPUR (MN)	1:06.86
6	R. SAROJINI DEVI, 60163	60163	06/01/58	TELANGANA (TS)	1:09:51.00
7	V. VIJAYA LAKSHMI, 60165	60165	05/10/62	TELANGANA (TS)	1:12:43.00

Event # 383 WOMENS 60-64 400m Run**FINALS****RESULTS OF FINALS**

1	NG. NONGALEI DEVI, 60089	60089	01/01/63	MANIPUR (MN)	1:35:31.00
2	DEEPA SUNDAHARI, 60063	60063	04/12/62	KERALA (KL)	1:49:20.00
3	PROMILA KAUSHAL, 60123	60123	14/09/61	PUNJAB (PB)	2:12:42.00
4	W. RADHAMANI LEIMA, 60094	60094	14/02/59	MANIPUR (MN)	2:21.86
5	NG. SANATOMBI DEVI, 60090	60090	10/10/58	MANIPUR (MN)	2:40:03.00
6	M LAXMI, 60162	60162	05/03/61	TELANGANA (TS)	2:58:54.00
7	V. VIJAYA LAKSHMI, 60165	60165	05/10/62	TELANGANA (TS)	3:26:14.00

Event # 384 WOMENS 60-64 800m Run**FINALS****RESULTS OF FINALS**

1	NG. NONGALEI DEVI, 60089	60089	01/01/63	MANIPUR (MN)	3:40:14.00
2	N. MADHUMATI DEVI, 60088	60088	01/02/63	MANIPUR (MN)	4:08:48.00
3	DEEPA SUNDAHARI, 60063	60063	04/12/62	KERALA (KL)	4:13:15.00
4	SUREKHA PAL, 60069	60069	01/01/60	MADHYA PRADESH (MP)	5:21:37.00
5	ASHA RANI, 60120	60120	13/12/59	PUNJAB (PB)	6:31:24.00
6	M LAXMI, 60162	60162	05/03/61	TELANGANA (TS)	6:47:06.00

Event # 385 WOMENS 60-64 1500m Run**FINALS****RESULTS OF FINALS**

1	N. MADHUMATI DEVI, 60088	60088	01/02/63	MANIPUR (MN)	8:20.61
2	SUDESH BASOTRA, 60182	60182	25/01/60	JAMMU & KASHMIR (JK)	8:22:47.00
3	PAGHDAR RANJANBEN, 60027	60027	04/02/60	GUJARAT (GJ)	10:22:46.00
4	M LAXMI, 60162	60162	05/03/61	TELANGANA (TS)	11:30.89

Event # 386 WOMENS 60-64 5000m Run**FINALS****RESULTS OF FINALS**

1	N. MADHUMATI DEVI, 60088	60088	01/02/63	MANIPUR (MN)	29:42.34
2	DR. BIMLA GOURI, 60051	60051	10/02/61	HARYANA (HR)	35:08.66
3	SUDESH BASOTRA, 60182	60182	25/01/60	JAMMU & KASHMIR (JK)	36:01.13

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 387 WOMENS 60-64 10000m Run

FINALS

RESULTS OF FINALS

1	DR. BIMLA GOURI, 60051	60051	10/02/61	HARYANA (HR)	1:14:17.36
---	------------------------	-------	----------	--------------	------------

Event # 388 WOMENS 60-64 80m Hurdles

FINALS

RESULTS OF FINALS

1	Y. SOBITA LEIMA, 60095	60095	12/02/60	MANIPUR (MN)	26.31
2	GUDDI, 60052	60052	02/03/60	HARYANA (HR)	36.10
3	SUREKHA PAL, 60069	60069	01/01/60	MADHYA PRADESH (MP)	39.77

Event # 389 WOMENS 60-64 300m Hurdles

FINALS

RESULTS OF FINALS

1	A. SANDHYARANI DEVI, 60080	60080	07/06/58	MANIPUR (MN)	1:41.69
2	GUDDI, 60052	60052	02/03/60	HARYANA (HR)	1:46.43
3	SUREKHA PAL, 60069	60069	01/01/60	MADHYA PRADESH (MP)	1:59.56
4	NG. SANATOMBI DEVI, 60090	60090	10/10/58	MANIPUR (MN)	2:44.64

Event # 390 WOMENS 60-64 High Jump

FINALS

RESULTS OF FINALS

	W. HEMA DEVI, 60093	60093	01/01/60	MANIPUR (MN)	DNS
--	---------------------	-------	----------	--------------	-----

Event # 392 WOMENS 60-64 Long Jump

FINALS

RESULTS OF FINALS

1	A. SANDHYARANI DEVI, 60080	60080	07/06/58	MANIPUR (MN)	2.57m
2	RAJWINDER KAUR, 60124	60124	14/10/58	PUNJAB (PB)	2.15m
3	PAGHDAR RANJANBEN, 60027	60027	04/02/60	GUJARAT (GJ)	1.28m
	M. MINAKUMARI DEVI, 60087	60087	10/05/59	MANIPUR (MN)	DNS

Event # 393 WOMENS 60-64 Triple Jump

FINALS

RESULTS OF FINALS

1	A. SANDHYARANI DEVI, 60080	60080	07/06/58	MANIPUR (MN)	4.94m
---	----------------------------	-------	----------	--------------	-------

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 394 WOMENS 60-64 Discus Throw

FINALS

RESULTS OF FINALS

1	G.J.R. VENI, 60161	60161	01/06/61	TELANGANA (TS)	16.20m
2	OPENDER KAUR, 60015	60015	02/03/61	CHANDIGARH (CH)	14.03m
3	SHAIKH RAZIA, 60028	60028	19/04/58	GUJARAT (GJ)	13.93m
4	DR. BIMLA GOURI, 60051	60051	10/02/61	HARYANA (HR)	11.82m
5	HOSHIARI DEVI, 60053	60053	20/07/59	HARYANA (HR)	11.04m
6	V PADMAVATHI, 60164	60164	24/04/62	TELANGANA (TS)	10.28m
7	SUREKHA PAL, 60069	60069	01/01/60	MADHYA PRADESH (MP)	10.15m
8	RAJWINDER KAUR, 6012	60124	14/10/58	PUNJAB (PB)	9.64m
9	S. (O). IBEYAIMA DEV, 60	60091	01/02/62	MANIPUR (MN)	9.50m
10	H. PADAMA DEVI, 60082	60082	01/01/62	MANIPUR (MN)	8.24m

Event # 395 WOMENS 60-64 Hammer Throw

FINALS

RESULTS OF FINALS

1	HOSHIARI DEVI, 60053	60053	20/07/59	HARYANA (HR)	13.93m
2	V PADMAVATHI, 60164	60164	24/04/62	TELANGANA (TS)	12.51m

Event # 396 WOMENS 60-64 Javelin Throw

FINALS

RESULTS OF FINALS

1	SORNAVALLY MK, 60064	60064	04/10/60	KERALA (KL)	10.28m
2	V PADMAVATHI, 60164	60164	24/04/62	TELANGANA (TS)	9.65m
3	ASHA RANI, 60120	60120	13/12/59	PUNJAB (PB)	9.19m

Event # 397 WOMENS 60-64 Shot Put

FINALS

RESULTS OF FINALS

1	G.J.R. VENI, 60161	60161	01/06/61	TELANGANA (TS)	6.36m
2	RAJWINDER KAUR, 6012	60124	14/10/58	PUNJAB (PB)	5.80m
3	SORNAVALLY MK, 60064	60064	04/10/60	KERALA (KL)	5.22m
4	ASHA RANI, 60120	60120	13/12/59	PUNJAB (PB)	5.05m
5	TH. BIJAYA DEVI, 60092	60092	01/06/62	MANIPUR (MN)	5.00m

Event # 399 WOMENS 60-64 5000m Race Walk

FINALS

RESULTS OF FINALS

1	DEEPA SUNDAHARI, 60063	60063	04/12/62	KERALA (KL)	39:34.40
2	SUDESH BASOTRA, 6018	60182	25/01/60	JAMMU & KASHMIR (JK)	41:12.84
3	PROMILA KAUSHAL, 601	60123	14/09/61	PUNJAB (PB)	44:05.79
4	VIMAL VIKROL, 60070	60070	30/09/62	MADHYA PRADESH (MP)	44:06.36
5	CHOTAI NILABEN J., 600	60026	31/05/62	GUJARAT (GJ)	44:08.36
6	K. CHONGU, 60083	60083	04/06/62	MANIPUR (MN)	51:14.04

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 400 WOMENS 65-69 100m Run**FINALS****RESULTS OF FINALS**

1	S. MEMCHA DEVI, 65085	65085	01/03/54	MANIPUR (MN)	19.15
2	BIMLA DEVI, 65049	65049	01/01/55	HARYANA (HR)	21.83
3	KRISHNA DEVI, 65051	65051	01/01/57	HARYANA (HR)	23.62
4	A. MANGOLNGANBI DEVI, 65079	65079	01/03/57	MANIPUR (MN)	30.26
5	K. SWARNA KUMARI, 65144	65144	12/02/53	TELANGANA (TS)	30.52

Event # 401 WOMENS 65-69 200m Run**FINALS****RESULTS OF FINALS**

1	Y. IBELLEI DEVI, 65089	65089	01/01/57	MANIPUR (MN)	41.78
2	BAKSHSHISH KAUR, 65163	65163	10/11/56	PUNJAB (PB)	44.64
3	TUHUK DEVI, 65066	65066	10/02/55	JHARKHAND	47.02

Event # 402 WOMENS 65-69 400m Run**FINALS****RESULTS OF FINALS**

1	Y. IBELLEI DEVI, 65089	65089	01/01/57	MANIPUR (MN)	1:42.70
2	TUHUK DEVI, 65066	65066	10/02/55	JHARKHAND	1:50.96
3	BIMLA DEVI, 65049	65049	01/01/55	HARYANA (HR)	2:36.62
4	KHANPARA HANSA A., 65020	65020	26/01/58	GUJARAT (GJ)	3:02:04.00
5	SANTOSH KAUR, 65119	65119	25/05/55	PUNJAB (PB)	3:35:10.00

Event # 403 WOMENS 65-69 800m Run**FINALS****RESULTS OF FINALS**

1	GITA YADAV, 65050	65050	05/06/56	HARYANA (HR)	4:53:53.00
2	BASAWA BANIK, 65116	65116	09/03/54	PUNJAB (PB)	4:55.66
3	AMMINI, 65073	65073	01/01/58	KERALA (KL)	5:12:26.00
4	V. ELMAJI, 65004	65004	01/05/54	ANDHRA PRADESH (AP)	5:52:03.00
5	R.K. PRAMADA DEVI, 65084	65084	31/01/56	MANIPUR (MN)	6:09.75
6	BIMLA DEVI, 65049	65049	01/01/55	HARYANA (HR)	6:31:00.00

Event # 404 WOMENS 65-69 1500m Run**FINALS****RESULTS OF FINALS**

1	GITA YADAV, 65050	65050	05/06/56	HARYANA (HR)	8:43:56.00
2	BASAWA BANIK, 65116	65116	09/03/54	PUNJAB (PB)	9:43:58.00
3	V. ELMAJI, 65004	65004	01/05/54	ANDHRA PRADESH (AP)	11:57.62
4	W. IBEMHAL DEVI, 65087	65087	01/01/57	MANIPUR (MN)	14:13:23.00

Event # 405 WOMENS 65-69 5000m Run**FINALS****RESULTS OF FINALS**

1	AMARJIT KAUR, 65164	65164	03/02/58	PUNJAB (PB)	31:23.89
---	---------------------	-------	----------	-------------	-----------------

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 407 WOMENS 65-69 80m Hurdles

FINALS

RESULTS OF FINALS

1	BAKSHSHISH KAUR, 6516	65163	10/11/56	PUNJAB (PB)	29.47
2	RAM RATI DEVI, 65053	65053	10/12/53	HARYANA (HR)	31.73
3	KRISHNA DEVI, 65051	65051	01/01/57	HARYANA (HR)	35.07
4	M. TARUBI DEVI, 65082	65082	01/07/57	MANIPUR (MN)	38.42
5	AMMINI, 65073	65073	01/01/58	KERALA (KL)	41.23
6	PREM SOMRA, 65052	65052	09/03/57	HARYANA (HR)	59.99

Event # 408 WOMENS 65-69 300m Hurdles

FINALS

RESULTS OF FINALS

1	BAKSHSHISH KAUR, 6516	65163	10/11/56	PUNJAB (PB)	1:32.88
2	AMARJIT KAUR, 65164	65164	03/02/58	PUNJAB (PB)	1:38.96
3	KRISHNA DEVI, 65051	65051	01/01/57	HARYANA (HR)	1:49.16

Event # 409 WOMENS 65-69 High Jump

FINALS

RESULTS OF FINALS

1	W. JAMUNA DEVI, 65088	65088	19/02/55	MANIPUR (MN)	1.00m
2	N. SUBADANI DEVI, 6508	65083	01/02/55	MANIPUR (MN)	1.00m

Event # 411 WOMENS 65-69 Long Jump

FINALS

RESULTS OF FINALS

1	S. MEMCHA DEVI, 65085	65085	01/03/54	MANIPUR (MN)	2.67m
2	TH. MEMTHOIBI DEVI, 6	65086	14/02/58	MANIPUR (MN)	2.40m
3	BASAWA BANIK, 65116	65116	09/03/54	PUNJAB (PB)	2.29m
4	W. JAMUNA DEVI, 65088	65088	19/02/55	MANIPUR (MN)	2.18m
5	UMA KOTHARI, 65156	65156	05/03/57	UTTARAKHAND (UK)	1.82m
6	K. SWARNA KUMARI, 65	65144	12/02/53	TELANGANA (TS)	1.61m
	L. SOBITA DEVI, 65081	65081	16/06/56	MANIPUR (MN)	DNS

Event # 412 WOMENS 65-69 Triple Jump

FINALS

RESULTS OF FINALS

1	S. MEMCHA DEVI, 65085	65085	01/03/54	MANIPUR (MN)	5.12m
2	W. JAMUNA DEVI, 65088	65088	19/02/55	MANIPUR (MN)	4.84m
3	Y. IBELLEI DEVI, 65089	65089	01/01/57	MANIPUR (MN)	4.60m
4	K. SWARNA KUMARI, 65	65144	12/02/53	TELANGANA (TS)	3.33m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 413 WOMENS 65-69 Discus Throw**FINALS****RESULTS OF FINALS**

1	RAJ BAJWA, 65118	65118	29/05/53	PUNJAB (PB)	15.25m
2	M. TARUBI DEVI, 65082	65082	01/07/57	MANIPUR (MN)	12.53m
3	PARAMPALJEET KAUR, 65117	65117	23/03/56	PUNJAB (PB)	12.50m
4	K. SRI LAKHAMMA, 65143	65143	01/06/57	TELANGANA (TS)	11.38m
5	PREM SOMRA, 65052	65052	09/03/57	HARYANA (HR)	10.97m
6	GEETA RANI, 65125	65125	30/06/53	RAJASTHAN (RJ)	10.75m
7	UMA KOTHARI, 65156	65156	05/03/57	UTTARAKHAND (UK)	9.79m

Event # 414 WOMENS 65-69 Hammer Throw**FINALS****RESULTS OF FINALS**

1	JEET KAUR, 65126	65126	08/02/53	RAJASTHAN (RJ)	18.56m
2	RAJ BAJWA, 65118	65118	29/05/53	PUNJAB (PB)	15.63m
3	N. SUBADANI DEVI, 65083	65083	01/02/55	MANIPUR (MN)	14.37m
4	H. IBYAI DEVI, 65080	65080	01/01/58	MANIPUR (MN)	13.64m
5	PREM SOMRA, 65052	65052	09/03/57	HARYANA (HR)	10.41m

Event # 415 WOMENS 65-69 Javelin Throw**FINALS****RESULTS OF FINALS**

1	N. SUBADANI DEVI, 65083	65083	01/02/55	MANIPUR (MN)	15.71m
2	JEET KAUR, 65126	65126	08/02/53	RAJASTHAN (RJ)	14.46m
3	H. IBYAI DEVI, 65080	65080	01/01/58	MANIPUR (MN)	12.51m
4	M. TARUBI DEVI, 65082	65082	01/07/57	MANIPUR (MN)	12.09m
5	PARAMPALJEET KAUR, 65117	65117	23/03/56	PUNJAB (PB)	11.46m
6	SANTOSH KAUR, 65119	65119	25/05/55	PUNJAB (PB)	10.10m
7	K. SRI LAKHAMMA, 65143	65143	01/06/57	TELANGANA (TS)	9.04m
8	GEETA RANI, 65125	65125	30/06/53	RAJASTHAN (RJ)	7.50m

Event # 416 WOMENS 65-69 Shot Put**FINALS****RESULTS OF FINALS**

1	JEET KAUR, 65126	65126	08/02/53	RAJASTHAN (RJ)	7.42m
2	PARAMPALJEET KAUR, 65117	65117	23/03/56	PUNJAB (PB)	6.42m
3	H. IBYAI DEVI, 65080	65080	01/01/58	MANIPUR (MN)	5.81m
4	GEETA RANI, 65125	65125	30/06/53	RAJASTHAN (RJ)	5.24m
5	UMA KOTHARI, 65156	65156	05/03/57	UTTARAKHAND (UK)	5.22m
6	TUHUK DEVI, 65066	65066	10/02/55	JHARKHAND	5.20m
7	K. SRI LAKHAMMA, 65143	65143	01/06/57	TELANGANA (TS)	5.13m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 418 WOMENS 65-69 5000m Race Walk**FINALS****RESULTS OF FINALS**

1	AMARJIT KAUR, 65164	65164	03/02/58	PUNJAB (PB)	41:08.88
2	RAM RATI DEVI, 65053	65053	10/12/53	HARYANA (HR)	43:56.82
3	GITA YADAV, 65050	65050	05/06/56	HARYANA (HR)	44:06.54
4	V. ELMAJI, 65004	65004	01/05/54	ANDHRA PRADESH (AP)	46:02.96
5	A. MANGOLNGANBI DEVI, 65079	65079	01/03/57	MANIPUR (MN)	46:19.19
6	KHANPARA HANSA A., 65020	65020	26/01/58	GUJARAT (GJ)	49:20.78

Event # 419 WOMENS 70-74 100m Run**FINALS****RESULTS OF FINALS**

1	A.MEMCHA DEVI, 70051	70051	01/03/51	MANIPUR (MN)	18.85
2	V K THANKAMMA, 70039	70039	31/08/51	KERALA (KL)	20.74
3	SHIMLA DEVI, 70072	70072	09/03/52	PUNJAB (PB)	21.84
4	RAHINA BEEVI, 70038	70038	06/02/52	KERALA (KL)	22.41

Event # 420 WOMENS 70-74 200m Run**FINALS****RESULTS OF FINALS**

1	A MANBI DEVI, 70050	70050	05/12/52	MANIPUR (MN)	49.55
2	K. PADMINI, 70094	70094	12/08/50	TELANGANA (TS)	57.37

Event # 421 WOMENS 70-74 400m Run**FINALS****RESULTS OF FINALS**

1	S. PATAMO DEVI, 70053	70053	01/03/49	MANIPUR (MN)	2:09.78
2	J. BHARATHAMMA, 7009	70093	01/10/51	TELANGANA (TS)	2:20.82
3	M. RAJYALAKSHMI, 7000	70002	01/01/52	ANDHRA PRADESH (AP)	3:20:54.00

Event # 422 WOMENS 70-74 800m Run**FINALS****RESULTS OF FINALS**

1	J. BHARATHAMMA, 7009	70093	01/10/51	TELANGANA (TS)	5:52:38.00
2	S. PATAMO DEVI, 70053	70053	01/03/49	MANIPUR (MN)	4:51.63

Event # 423 WOMENS 70-74 1500m Run**FINALS****RESULTS OF FINALS**

1	S. PATAMO DEVI, 70053	70053	01/03/49	MANIPUR (MN)	9:54:14.00
---	-----------------------	-------	----------	--------------	-------------------

Event # 428 WOMENS 70-74 High Jump**FINALS****RESULTS OF FINALS**

1	A MANBI DEVI, 70050	70050	05/12/52	MANIPUR (MN)	1.00m
---	---------------------	-------	----------	--------------	--------------

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 430 WOMENS 70-74 Long Jump

FINALS

RESULTS OF FINALS

1	V K THANKAMMA, 70039	70039	31/08/51	KERALA (KL)	2.87m
2	A.MEMCHA DEVI, 70051	70051	01/03/51	MANIPUR (MN)	2.85m
3	RAHINA BEEVI, 70038	70038	06/02/52	KERALA (KL)	2.21m
4	K. PADMINI, 70094	70094	12/08/50	TELANGANA (TS)	2.07m

Event # 432 WOMENS 70-74 Discus Throw

FINALS

RESULTS OF FINALS

1	T. VIJAYA LAKSHMI, 70095	70095	08/10/51	TELANGANA (TS)	15.43m
2	K. PADMINI, 70094	70094	12/08/50	TELANGANA (TS)	14.25m
3	S. AKASHINI DEVI, 70052	70052	03/03/50	MANIPUR (MN)	11.19m
4	TH. BINODINI DEVI, 70054	70054	01/01/50	MANIPUR (MN)	11.11m
5	BIMLA DEVI, 70032	70032	24/01/49	HARYANA (HR)	9.45m
6	M. RAJYALAKSHMI, 70002	70002	01/01/52	ANDHRA PRADESH (AP)	9.34m
7	PARAMJIT KAUR, 70007	70007	02/04/48	CHANDIGARH (CH)	6.40m

Event # 433 WOMENS 70-74 Hammer Throw

FINALS

RESULTS OF FINALS

1	A MANBI DEVI, 70050	70050	05/12/52	MANIPUR (MN)	14.88m
2	S. AKASHINI DEVI, 70052	70052	03/03/50	MANIPUR (MN)	12.14m
3	M. RAJYALAKSHMI, 70002	70002	01/01/52	ANDHRA PRADESH (AP)	9.75m

Event # 434 WOMENS 70-74 Javelin Throw

FINALS

RESULTS OF FINALS

1	T. VIJAYA LAKSHMI, 70095	70095	08/10/51	TELANGANA (TS)	14.82m
2	TH. BINODINI DEVI, 70054	70054	01/01/50	MANIPUR (MN)	12.42m
3	BHANI DEVI, 70031	70031	01/01/51	HARYANA (HR)	10.81m
4	BIMLA DEVI, 70032	70032	24/01/49	HARYANA (HR)	8.99m
5	RAHINA BEEVI, 70038	70038	06/02/52	KERALA (KL)	8.04m
6	PARAMJIT KAUR, 70007	70007	02/04/48	CHANDIGARH (CH)	6.42m

Event # 435 WOMENS 70-74 Shot Put

FINALS

RESULTS OF FINALS

1	T. VIJAYA LAKSHMI, 70095	70095	08/10/51	TELANGANA (TS)	6.96m
2	TH. BINODINI DEVI, 70054	70054	01/01/50	MANIPUR (MN)	5.95m
3	S. AKASHINI DEVI, 70052	70052	03/03/50	MANIPUR (MN)	5.17m
4	M. RAJYALAKSHMI, 70002	70002	01/01/52	ANDHRA PRADESH (AP)	5.07m
5	BIMLA DEVI, 70032	70032	24/01/49	HARYANA (HR)	4.82m
6	PARAMJIT KAUR, 70007	70007	02/04/48	CHANDIGARH (CH)	3.93m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 437 WOMENS 70-74 5000m Race Walk

FINALS

RESULTS OF FINALS

1	BHANI DEVI, 70031	70031	01/01/51	HARYANA (HR)	43:06.44
2	J. BHARATHAMMA, 7009	70093	01/10/51	TELANGANA (TS)	44:05.67

Event # 438 WOMENS 75-79 100m Run

FINALS

RESULTS OF FINALS

1	L. AHANBI DEVI, 75029	75029	01/02/47	MANIPUR (MN)	23.65
2	NIRMALA BHASKAR, 750	75065	10/07/47	TELANGANA (TS)	25.79
3	DARSHANA DEVI, 75018	75018	06/05/43	HARYANA (HR)	29.95
4	VIMLA DEVI, 75049	75049	02/02/47	PUNJAB (PB)	30.33
5	A NAZEEMBEEVI, 75021	75021	22/02/45	KERALA (KL)	31.86
6	SANTOSH MEHTA, 75048	75048	01/12/45	PUNJAB (PB)	35.01

Event # 439 WOMENS 75-79 200m Run

FINALS

RESULTS OF FINALS

1	A. IBEMPISHAK DEVI, 75	75027	05/07/47	MANIPUR (MN)	1:12:38.00
2	SANTOKH KAUR, 75069	75069		PUNJAB (PB)	1:13:36.00

Event # 440 WOMENS 75-79 400m Run

FINALS

RESULTS OF FINALS

1	L. AHANBI DEVI, 75029	75029	01/02/47	MANIPUR (MN)	1:57.83
2	A. IBEMPISHAK DEVI, 75	75027	05/07/47	MANIPUR (MN)	3:13:45.00

Event # 447 WOMENS 75-79 High Jump

FINALS

RESULTS OF FINALS

1	A. IBEMPISHAK DEVI, 75	75027	05/07/47	MANIPUR (MN)	1.00m
---	------------------------	-------	----------	--------------	-------

Event # 449 WOMENS 75-79 Long Jump

FINALS

RESULTS OF FINALS

1	A NAZEEMBEEVI, 75021	75021	22/02/45	KERALA (KL)	1.40m
	NIRMALA BHASKAR, 750	75065	10/07/47	TELANGANA (TS)	DNS

Event # 451 WOMENS 75-79 Discus Throw

FINALS

RESULTS OF FINALS

1	NIRMALA BHASKAR, 750	75065	10/07/47	TELANGANA (TS)	9.54m
2	SHANGNU NINGSHEN, 7	75030	02/03/47	MANIPUR (MN)	8.25m
3	SANTOKH KAUR, 75069	75069		PUNJAB (PB)	6.53m
4	K. RADHE LEIMA, 75028	75028	01/01/45	MANIPUR (MN)	6.40m
5	R BENAJMIN, 75062	75062	01/07/46	TELANGANA (TS)	6.12m

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 452 WOMENS 75-79 Hammer Throw

FINALS

RESULTS OF FINALS

1	SHIJA MADHUBALA DEV	75031	01/03/47	MANIPUR (MN)	4.11m
---	---------------------	-------	----------	--------------	-------

Event # 453 WOMENS 75-79 Javelin Throw

FINALS

RESULTS OF FINALS

1	SHANGNU NINGSHEN, 7.	75030	02/03/47	MANIPUR (MN)	9.18m
2	DARSHANA DEVI, 75018	75018	06/05/43	HARYANA (HR)	6.46m
3	R BENAJMIN, 75062	75062	01/07/46	TELANGANA (TS)	4.74m

Event # 454 WOMENS 75-79 Shot Put

FINALS

RESULTS OF FINALS

1	L. AHANBI DEVI, 75029	75029	01/02/47	MANIPUR (MN)	4.14m
2	K. RADHE LEIMA, 75028	75028	01/01/45	MANIPUR (MN)	3.96m
3	SANTOSH MEHTA, 75048	75048	01/12/45	PUNJAB (PB)	2.48m

Event # 456 WOMENS 75-79 5000m Race Walk

FINALS

RESULTS OF FINALS

1	SANTOKH KAUR, 75069	75069		PUNJAB (PB)	47:34.56
2	SANTOSH MEHTA, 75048	75048	01/12/45	PUNJAB (PB)	51:02.34

Event # 457 WOMENS 80-84 100m Run

FINALS

RESULTS OF FINALS

1	SUMITRA, 80013	80013	01/01/43	HARYANA (HR)	24.58
2	USHA SHARMA, 80014	80014	13/12/38	HARYANA (HR)	36.56

Event # 460 WOMENS 80-84 800m Run

FINALS

RESULTS OF FINALS

1	VASAN HIRALAXMIBEN	80004	02/01/42	GUJARAT (GJ)	8:29.89
---	--------------------	-------	----------	--------------	---------

Event # 462 WOMENS 80-84 5000m Run

FINALS

RESULTS OF FINALS

1	VASAN HIRALAXMIBEN	80004	02/01/42	GUJARAT (GJ)	45:43.56
---	--------------------	-------	----------	--------------	----------

Event # 464 WOMENS 80-84 High Jump

FINALS

RESULTS OF FINALS

1	R.K. SANAHANBI DEVI, 8	80020	01/01/42	MANIPUR (MN)	1.00m
---	------------------------	-------	----------	--------------	-------

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 465 WOMENS 80-84 Long Jump

FINALS

RESULTS OF FINALS

1	R.K. SANAHANBI DEVI, 80020	80020	01/01/42	MANIPUR (MN)	1.92m
2	E. RAJA RAJESWARI, 80038	80038	11/06/42	TELANGANA (TS)	1.69m
3	T. YAIMABI DEVI, 80022	80022	01/02/41	MANIPUR (MN)	1.65m

Event # 466 WOMENS 80-84 Discus Throw

FINALS

RESULTS OF FINALS

1	E. RAJA RAJESWARI, 80038	80038	11/06/42	TELANGANA (TS)	7.67m
2	USHA SHARMA, 80014	80014	13/12/38	HARYANA (HR)	7.91m
3	T. YAIMABI DEVI, 80022	80022	01/02/41	MANIPUR (MN)	8.03m
4	SNEH GULIA, 80012	80012	28/01/43	HARYANA (HR)	8.32m
5	TH. KUNJARANI, 80023	80023	01/03/40	MANIPUR (MN)	11.27m

Event # 467 WOMENS 80-84 Hammer Throw

FINALS

RESULTS OF FINALS

2	TH. KUNJARANI, 80023	80023	01/03/40	MANIPUR (MN)	4.71m
12	RV. NINGTHARLA, 80021	80021	11/10/41	MANIPUR (MN)	4.82m

Event # 468 WOMENS 80-84 Javelin Throw

FINALS

RESULTS OF FINALS

1	RV. NINGTHARLA, 80021	80021	11/10/41	MANIPUR (MN)	8.10m
2	SNEH GULIA, 80012	80012	28/01/43	HARYANA (HR)	7.80m

Event # 469 WOMENS 80-84 Shot Put

FINALS

RESULTS OF FINALS

1	TH. KUNJARANI, 80023	80023	01/03/40	MANIPUR (MN)	5.43m
2	T. YAIMABI DEVI, 80022	80022	01/02/41	MANIPUR (MN)	3.98m
3	E. RAJA RAJESWARI, 80038	80038	11/06/42	TELANGANA (TS)	3.35m

Event # 471 WOMENS 80-84 5000m Race Walk

FINALS

RESULTS OF FINALS

1	VASAN HIRALAXMIBEN	80004	02/01/42	GUJARAT (GJ)	51:07.44
---	--------------------	-------	----------	--------------	----------

Event # 472 WOMENS 85-89 100m Run

FINALS

RESULTS OF FINALS

1	BALJIT KAUR, 85010	85010	12/02/35	PUNJAB (PB)	40.85
---	--------------------	-------	----------	-------------	-------

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 473 WOMENS 85-89 200m Run

FINALS

RESULTS OF FINALS

1	BALJIT KAUR, 85010	85010	12/02/35	PUNJAB (PB)	1:25:45.00
2	VASOYA MANIBEN S., 85	85001	01/01/34	GUJARAT (GJ)	1:45.67

Event # 474 WOMENS 85-89 400m Run

FINALS

RESULTS OF FINALS

1	VASOYA MANIBEN S., 85	85001	01/01/34	GUJARAT (GJ)	4:19.89
---	-----------------------	-------	----------	--------------	---------

Event # 481 WOMENS 85-89 Discus Throw

FINALS

RESULTS OF FINALS

1	TH. DASHU DEVI, 85005	85005	01/01/36	MANIPUR (MN)	9.60m
2	AYUNG TAMPAKLEIMA,	85004	13/04/35	MANIPUR (MN)	7.14m

Event # 482 WOMENS 85-89 Javelin Throw

FINALS

RESULTS OF FINALS

1	TH. DASHU DEVI, 85005	85005	01/01/36	MANIPUR (MN)	6.35m
---	-----------------------	-------	----------	--------------	-------

Event # 483 WOMENS 85-89 Shot Put

FINALS

RESULTS OF FINALS

1	AYUNG TAMPAKLEIMA,	85004	13/04/35	MANIPUR (MN)	4.02m
---	--------------------	-------	----------	--------------	-------

Event # 484 WOMENS 85-89 Hammer Throw

FINALS

RESULTS OF FINALS

1	AYUNG TAMPAKLEIMA,	85004	13/04/35	MANIPUR (MN)	8.05m
2	TH. DASHU DEVI, 85005	85005	01/01/36	MANIPUR (MN)	7.06m

Event # 485 WOMENS 85-89 5000m Race Walk

FINALS

RESULTS OF FINALS

1	BALJIT KAUR, 85010	85010	12/02/35	PUNJAB (PB)	49:25.67
---	--------------------	-------	----------	-------------	----------

Event # 526 MENS 4x100m Relay 120-159

FINALS

RESULTS OF FINALS

1	KERALA (KL) A			KERALA (KL)	55.74
	35108 ABDHUL HAMEED MP, 3	15-04-1985		40094 RINISH K, 40094	08-05-1980
	35110 PREDEEP G, 35110	27-02-1986		40091 JIJI KA, 40091	15-03-1980

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 527 MENS 4x400m Relay 120-159

FINALS

RESULTS OF FINALS

1	JAMMU & KASHMIR (JK)		JAMMU & KASHMIR (JK)	4:37:41.00
	50097 RAKESH KUMAR, 50097	02-01-1970	40085 MANGAT SINGH, 40085	07-12-1980
	35097 ANKUR BASOTRA, 3	25-02-1984	35098 PARVEEN MANHAS, 3	15-01-1987
2	KERALA (KL) A		KERALA (KL)	5:10:16.00
3	ANDHRA PRADESH (AP)		ANDHRA PRADESH (AP)	5:03.65
	35003 CH. NARASINGA RAO,	01-07-1987	40178 M.RAVI KUMAR., 4	20-11-1979
	50005 SK. IMAM, 50005	01-01-1973	35016 M. MUKTESWARA RAO,	06-06-1987
4	HARYANA (HR) A		HARYANA (HR)	5:04.65
	40037 AMIT KUMAR, 40037	01-12-1980	35085 VIJAY KUMAR, 35085	02-04-1983
	50052 LAXMAN SINGH, 50052	01-03-1972	35073 RAJESH BERWAL, 3	04-10-1985

Event # 528 MENS 4x100m Relay 160-199

FINALS

RESULTS OF FINALS

1	HARYANA (HR) B		HARYANA (HR)	51.16
	50037 BALDEV SINGH, 50037	10-05-1969	35078 SOHAN SINGH, 35078	05-10-1986
	45053 RAMESH CHANDER, 4	01-02-1974	35057 AMARJEET, 35057	08-11-1984
2	HARYANA (HR) C		HARYANA (HR)	51.27
	45044 LEKH RAJ, 45044	18-05-1973	45056 SANJAY KUMAR, 45056	04-05-1975
	45060 SURAJ BHAN, 45060	01-01-1976	35065 KULWANT, 35065	17-04-1986
3	GUJARAT (GJ) A		GUJARAT (GJ)	51.59
	40023 PATEL SHIRISHBHAI M	03-06-1981	40026 SIDHU SURENDRAPALSI	17-06-1979
	50029 VAGHELA HARPALSINH	20-08-1968	40025 RAJPUT VIJAYSINH P.	25-01-1983
4	PUNJAB (PB) A		PUNJAB (PB)	53.81
6	ANDHRA PRADESH (AP)		ANDHRA PRADESH (AP)	56.25
7	HARYANA (HR) D		HARYANA (HR)	57.92
8	TELANGANA (TS) A		TELANGANA (TS)	58.47
9	HARYANA (HR) A		HARYANA (HR)	58.52
10	KERALA (KL) A		KERALA (KL)	59.14
11	MANIPUR (MN) B		MANIPUR (MN)	59.98
12	MADHYA PRADESH (MP)		MADHYA PRADESH (MP)	1:14.78
	MANIPUR (MN) A		MANIPUR (MN)	DQ

Event # 529 MENS 4x400m Relay 160-199

FINALS

RESULTS OF FINALS

1	HARYANA (HR) B		HARYANA (HR)	4:06:37.00
	40039 BHIM SINGH, 40039	20-11-1979	45053 RAMESH CHANDER, 4	01-02-1974
	45059 SHAMSHER SINGH DHUL	18-12-1975	35057 AMARJEET, 35057	08-11-1984
2	HARYANA (HR) A		HARYANA (HR)	4:11:57.00
	45056 SANJAY KUMAR, 45056	04-05-1975	40041 BHOLA RAM, 40041	25-02-1979
	45057 SATISH KUMAR, 45057	05-04-1973	40045 KULDEEP KUMAR, 4	26-12-1978
3	GUJARAT (GJ) A		GUJARAT (GJ)	4:38:59.00
	35036 BAMBHANIYA ASHVINKU	19-04-1986	40025 RAJPUT VIJAYSINH P.	25-01-1983
	60021 JADEJA ANIRUDDHSINH	30-09-1960	50023 DHAKECHA MUKESHBHA	16-01-1971
4	TELANGANA (TS) A		TELANGANA (TS)	4:41:15.00
5	JHARKHAND A		JHARKHAND	5:22:46.00
6	MANIPUR (MN) A		MANIPUR (MN)	5:25.76

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 530 MENS 4x100m Relay 200-239

FINALS

RESULTS OF FINALS

1	HARYANA (HR) A			HARYANA (HR)			53.47
	50058	RAJESH BORA, 50058	15-01-1970	50061	RAJESH KUMAR KHANNA ^A	04-10-1971	
	50053	MUKESH KUMAR, 50053	02-05-1972	55036	KARAN PAL, 55036	16-10-1966	
2	PUNJAB (PB) A			PUNJAB (PB)			54.54
	55114	JASWINDER SINGH, 5	03-10-1964	40109	BALRAJ SINGH, 40109	12-06-1982	
	60106	JAGIR SINGH, 60106	01-01-1963	50132	GULJINDER SINGH, 5	10-02-1971	
3	PUNJAB (PB) B			PUNJAB (PB)			56.91
	60102	GURMINDER SINGH, 6	30-04-1962	60103	HARDIAL SINGH, 6	01-04-1961	
	60108	JEET SINGH, 60108	16-01-1958	60105	IQBAL SINGH JASSAR,	13-03-1959	
4	KERALA (KL) A			KERALA (KL)			58.63
5	HARYANA (HR) B			HARYANA (HR)			1:02:22.00
6	MADHYA PRADESH (MP)			MADHYA PRADESH (MP)			1:04:49.00
7	UTTAR PRADESH (UP) A			UTTAR PRADESH (UP)			1:08:32.00
8	RAJASTHAN (RJ) A			RAJASTHAN (RJ)			1:08.91

Event # 531 MENS 4x400m Relay 200-239

FINALS

RESULTS OF FINALS

1	HARYANA (HR) B			HARYANA (HR)			4:21.65
	50053	MUKESH KUMAR, 50053	02-05-1972	55048	SATYAWAN SINGH, 5	02-08-1967	
	50060	RAJESH KUMAR, 50060	14-04-1970	55036	KARAN PAL, 55036	16-10-1966	
2	PUNJAB (PB) A			PUNJAB (PB)			4:25.92
	55113	HARJINDER SINGH, 5	12-12-1967	50140	NAHAR SINGH, 50140	24-10-1969	
	45113	JASHANVIR SINGH SID	12-12-1976	55105	BARNATAK SINGH, 5	01-01-1968	
3	HARYANA (HR) A			HARYANA (HR)			4:32.67
	50075	SURJIT SINGH, 50075	04-03-1968	50061	RAJESH KUMAR KHANNA ^A	04-10-1971	
	50058	RAJESH BORA, 50058	15-01-1970	55025	AMAR SINGH, 55025	11-04-1964	
4	KERALA (KL) B			KERALA (KL)			4:36:22.00
5	HARYANA (HR) C			HARYANA (HR)			4:39:25.00
6	ANDHRA PRADESH (AP)			ANDHRA PRADESH (AP)			4:45:42.00
7	KERALA (KL) A			KERALA (KL)			6:10:08.00

Event # 532 MENS 4x100m Relay 240

FINALS

RESULTS OF FINALS

1	PUNJAB (PB) B			PUNJAB (PB)			57.91
	65103	MUKHTIAR SINGH DHAN	07-06-1954	65098	MALKIT SINGH, 65098	14-02-1953	
	70070	SURINDERPAL SHARMA,	16-05-1951	45111	HEERA LAL, 45111	16-01-1974	
2	HARYANA (HR) D			HARYANA (HR)			58.21
	60050	VEER BHAN, 60050	07-12-1960	65038	LACHHMAN SINGH, 6	20-09-1956	
	60044	RAVINDER SINGH, 6	22-02-1961	55034	GIAN RAJ, 55034	10-04-1966	
3	HARYANA (HR) C			HARYANA (HR)			1:05:18.00
	65162	GURDIP SINGH, 65162		50043	HARDEEP SINGH BOLA,	30-04-1972	
	80010	SUKHBIR SINGH SANGW	01-12-1943	60032	BHUPINDER SINGH, 6	09-10-1960	
4	RAJASTHAN (RJ) A			RAJASTHAN (RJ)			1:07:40.00
5	HARYANA (HR) B			HARYANA (HR)			1:11.93
6	PUNJAB (PB) A			PUNJAB (PB)			1:12:46.00
7	HARYANA (HR) A			HARYANA (HR)			1:16.85

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 533 MENS 4x400m Relay 240

FINALS

RESULTS OF FINALS

1	HARYANA (HR) A			HARYANA (HR)			5:06:43.00
	60037 JAI KUMAR, 60037	01-10-1962		50043 HARDEEP SINGH BOLA,	30-04-1972		
	65162 GURDIP SINGH, 65162			70028 RAM SAROOP, 70028	01-01-1949		
2	TELANGANA (TS) A			TELANGANA (TS)			5:14.72
	70085 CH NAGAI AH, 70085	01-08-1952		65131 G. MOHAN REDDY, 6	16-12-1954		
	65134 K MAHENDER REDDY, 6	05-12-1954		50174 P KRISHNA, 50174	09-10-1969		
3	KERALA (KL) A			KERALA (KL)			5:30:13.00
	70037 RAVIKUMAR K, 70037	28-05-1952		65071 SASHIDHARAN C, 6	11-11-1957		
	65069 KURIAKOSE T J, 6	07-10-1957		45083 ABDHUL BASHEER, 4	01-12-1975		
4	PUNJAB (PB) A			PUNJAB (PB)			6:08:20.00

Event # 534 WOMENS 4x100m Relay 120-159

FINALS

RESULTS OF FINALS

1	MANIPUR (MN) A			MANIPUR (MN)			1:13.95
	35121 K. SAKILA DEVI, 3	02-10-1987		35122 N. BASANTI DEVI, 3	17-02-1985		
	35127 U. CHITRA DEVI, 3	01-02-1984		35126 T. IBEMCHA DEVI, 3	01-02-1985		

Event # 535 WOMENS 4x400m Relay 120-159

FINALS

RESULTS OF FINALS

1	MANIPUR (MN) A			MANIPUR (MN)			6:57.69
	35124 S. ICHAN DEVI, 3	17-02-1983		35122 N. BASANTI DEVI, 3	17-02-1985		
	35126 T. IBEMCHA DEVI, 3	01-02-1985		35123 S. CHANCHAN DEVI, 3	15-02-1986		
2	MADHYA PRADESH (MP) A			MADHYA PRADESH (MP)			7:08.22
	40100 SAVITA CHOUHAN, 4	12-04-1980		35115 YASHODA KOKATE, 3	10-03-1983		
	45092 MEERA SINGH, 45092	01-01-1978		40099 KAVITA MANKAR, 4	03-07-1979		
3	JHARKHAND A			JHARKHAND			7:46.27
	35104 PINKY SAMAD, 35104	21-01-1985		35106 SHOBHA MARDI, 35106	07-05-1987		
	35107 SWETA MAHATO, 35107	09-07-1987					

Event # 536 WOMENS 4x100m Relay 160-199

FINALS

RESULTS OF FINALS

1	TELANGANA (TS) A			TELANGANA (TS)			58.00
	35165 T. MANJULA, 35165	10-01-1984		45177 G. SHIVALEELA, 4	07-04-1978		
	45153 K. RADHA, 45153	15-04-1977		45150 B. SWARAJYA LAXMI,	22-09-1976		
2	KERALA (KL) A			KERALA (KL)			59.00
	45086 LATHA. T. V, 45086	25-05-1975		55074 ROSILY BABY, 55074	11-09-1965		
	55075 T K SHANTHA, 55075	12-10-1963		35111 BABY SALINI E, 3	08-03-1984		
3	ANDHRA PRADESH (AP)			ANDHRA PRADESH (AP)			59.90
	40003 K. ARUNA, 40003	10-03-1982		50007 P. SRIDEVI, 50007	13-04-1971		
	55169 V. VIJAYA, 55169	14-06-1961		45006 M.P. LALITHA, 45006	05-06-1975		

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 537 WOMENS 4x400m Relay 160-199**FINALS****RESULTS OF FINALS**

1	HARYANA (HR) B		HARYANA (HR)	6:40.25
	35087 MAMTA DEVI, 35087	12-06-1984	40076 SEEMA DEVI, 40076	27-06-1982
	40071 MAMTA, 40071	04-07-1980	50080 CHHINDER PAL KAUR,	15-07-1970
2	TELANGANA (TS) A		TELANGANA (TS)	6:40.37
	45150 B. SWARAJYA LAXMI,	22-09-1976	45153 K RADHA, 45153	15-04-1977
	50181 M BHAVANI, 50181	12-10-1972	35162 MANASAPATHI, 35162	17-07-1987
3	GUJARAT (GJ) A		GUJARAT (GJ)	7:14.43
	45031 CHAUHAN PREMILA BAB	05-11-1975	40029 PANCHOLI MONA D., 4	02-11-1980
	40033 PUSHPABEN N. SOLANK	08-02-1982	40032 PATEL KINJAL C., 4	03-07-1980
4	ANDHRA PRADESH (AP)		ANDHRA PRADESH (AP)	8:32.11
5	HARYANA (HR) A		HARYANA (HR)	8:43.19
6	CHANDIGARH (CH) A		CHANDIGARH (CH)	9:16.84

Event # 538 WOMENS 4x100m Relay 200-239**FINALS****RESULTS OF FINALS**

1	KERALA (KL) A		KERALA (KL)	58.00
	55072 LEKHA L K, 55072	30-05-1966	60063 DEEPA SUNDAHARI, 6	04-12-1962
	55073 PREBHA K C, 55073	25-11-1964	55071 DR.SHERLY PHILIP, 5	25-05-1964
2	TELANGANA (TS) A		TELANGANA (TS)	59.00
	60160 CH. VIJAYA LAKSHMI,	16-02-1958	60165 V. VIJAYA LAKSHMI,	05-10-1962
	45156 P LATHA, 45156	11-11-1976	50181 M BHAVANI, 50181	12-10-1972

Event # 539 WOMENS 4x400m Relay 200-239**FINALS****RESULTS OF FINALS**

1	PUNJAB (PB) A		PUNJAB (PB)	8:14.04
	45123 JASVIR KAUR, 45123	31-05-1976	45124 KAUSHLYA DEVI, 4	06-07-1975
	65163 BAKHSHISH KAUR, 6	10-11-1956	60120 ASHA RANI, 60120	13-12-1959
2	GUJARAT (GJ) A		GUJARAT (GJ)	9:48.10
	55023 TRIVEDI VARSHA J.,	19-02-1964	50033 PANDYA DIPALI B., 5	15-12-1972
	50030 GOHIL LILABA B., 5	14-11-1969	55024 VAGHELA JAYSHREEBA	29-06-1964
3	ANDHRA PRADESH (AP)		ANDHRA PRADESH (AP)	10:21.77
	55008 K. LAVANYA, 55008	12-07-1963	55169 V. VIJAYA, 55169	14-06-1961
	65004 V. ELMAJI, 65004	01-05-1954	45006 M.P. LALITHA, 45006	05-06-1975

Event # 540 WOMENS 4x100m Relay 240**FINALS****RESULTS OF FINALS**

1	MANIPUR (MN) A		MANIPUR (MN)	58.00
	65089 Y. IBELLEI DEVI, 6	01-01-1957	70051 A.MEMCHA DEVI, 7	01-03-1951
	65085 S. MEMCHA DEVI, 6	01-03-1954	60080 A. SANDHYARANI DEVI	07-06-1958
2	HARYANA (HR) A		HARYANA (HR)	59.00
	60053 HOSHIARI DEVI, 6	20-07-1959	65053 RAM RATI DEVI, 6	10-12-1953
	65051 KRISHNA DEVI, 65051	01-01-1957	65049 BIMLA DEVI, 65049	01-01-1955

NATIONAL MASTERS ATHLETICS-2023

KURUKSHETRA, HARYANA

19-02-2023

2/16/23 - 2/19/23

16th TO 19th FEB 2023

Event # 541 WOMENS 4x400m Relay 240**FINALS****RESULTS OF FINALS**

1	MANIPUR (MN) B			MANIPUR (MN)			7:50.22
	60089	NG. NONGALEI DEVI,	01-01-1963	65089	Y. IBELLEI DEVI, 6	01-01-1957	
	60080	A. SANDHYARANI DEVI	07-06-1958	65085	S. MEMCHA DEVI, 6	01-03-1954	
2	MANIPUR (MN) A			MANIPUR (MN)			8:55.96
	60095	Y. SOBITA LEIMA, 6	12-02-1960	65087	W. IBEMHAL DEVI, 6	01-01-1957	
	60087	M. MINAKUMARI DEVI,	10-05-1959	60088	N. MADHUMATI DEVI,	01-02-1963	
3	HARYANA (HR) A			HARYANA (HR)			9:34.15
	65051	KRISHNA DEVI, 65051	01-01-1957	65049	BIMLA DEVI, 65049	01-01-1955	
	60053	HOSHIARI DEVI, 6	20-07-1959	60051	DR. BIMLA GOURI, 6	10-02-1961	

Event # 567 MIXED 280+ 4x400m Relay**FINALS****RESULTS OF FINALS**

1	HARYANA (HR) A			HARYANA (HR)			6:06:04.00
	80006	HARI SINGH, 80006	25-06-1942	70022	GURDIAL SINGH, 7	03-06-1951	
	55032	DR. LAJYA RAM, 5	02-04-1963	80009	SUBHASH, 80009	01-11-1939	
2	HARYANA (HR) B			HARYANA (HR)			6:18:43.00
	80010	SUKHBIR SINGH SANGW	01-12-1943	70026	MAHABIR SINGH, 7	01-01-1953	
	75015	TEJ PAL SINGH, 7	18-12-1944	55046	RANBIR SINGH MALIK,	29-08-1966	